

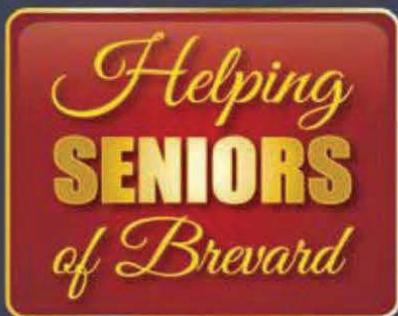


Helping Seniors Of Brevard

www.HelpingSeniorsofBrevard.org

Issue

→ Special Pull-Out Newsletter ←



If you are a SENIOR searching for assistance in finding services for Health, Household, Financial, Legal or Other Needs,

**CALL:
321-473-7770.**

HelpingSeniorsofBrevard.org



President's Message

Our mission is to improve the quality of life for SENIORS by providing information, education and access to resources.

Greetings,

We are closing in on our Car Raffle Grand Drawing on October 9. This is an important fundraiser for us, as we do not receive regular government funding or membership dues. Since we do not charge for our help, we are dependent on your support to help us meet our expenses. In return, you get a chance to win something!

Our objective is to provide a senior hotline to assist callers, a weekly radio show, TV shows that are shown daily on Space Coast TV, articles in Hometown News, and an eight- page newsletter to 14,000 people in Senior Scene magazine, all for an annual budget of about \$200,000. That is a bargain and all directed to the care of seniors.

I was recently at a car show selling tickets for our car raffle and was approached by a man I knew in the late 90's when I was Director at the Brevard Alzheimer's Foundation. He told me that I had helped him find an assisted living facility for his mother and how much she loved it. He went on to say that it became necessary to move her to a nursing home where she died shortly thereafter. This contact came for the first time after 20 some years and, to me, shows the importance of helping seniors.

Hopefully you have enjoyed a good summer. It is our intention to start a new lecture series soon, but we will wait until this COVID bug is gone. If you want to learn more about Helping Seniors, go to Helpingseniorsofbrevard.org. To donate online, visit Helpingseniorscarraffle.com. Years ago I told a woman she could put her raffle tickets on her credit card. She did and she won the car – true story. Also talked a man into a \$25 ticket on a 1957 two-door Chevrolet with ghost flames in its red paint job, and he won. The moral of the story is that someone will win a car, but all donors will win by helping us help people in need. Many thanks.

Joe Steckler
Elder Advocate



(321) 473-7770
 Brevard Senior Information Helpline

Stay Connected  
HelpingSeniorsofBrevard.org



**The 2021
 Helping Seniors
 Car Raffle
 Fundraiser**

Almost that time again! Someone - might as well be you! - is getting keys to a brand-new 2021 automobile at the 5th Annual Helping Seniors Car Raffle Grand Drawing at the American Muscle Car Museum on the evening of October 9th!

Do you choose 1 of the 2 great muscle cars? A pick between the Chevrolet Camaro or Dodge Challenger? Or will you go the sporty route and choose the Mazda Miata or are you after the stylish Kia Sportage?



Big Decisions to make! Last Fall, our winner was all in for the 2020 Camaro, while a year earlier, that winner had her sights set on the 2019 Red Dodge Challenger!

One thing is for sure: **You Have to Be In it to Win It!** Get your ticket today - 1 ticket for \$25 and 5 tickets for \$100 donation to support the work of Helping Seniors of Brevard.



Car Raffle tickets are available at any of the Boniface Hiers Car Dealerships, by phone at **(321) 473-7770** or buy them securely online at HelpingSeniorsCarRaffle.com.

Your 2021 Helping Seniors Car Raffle tickets, in addition to supporting the Helping Seniors organization, now in our 10th year of service in Brevard County, via our Senior Information Helpline, offers 2 great bonuses this year!

Your ticket is "Admit One" to the greatest automotive evening in our area - the Grand Drawing at Mark Pieloch's American Muscle Car Museum. Saturday night, 6pm-9pm Oct 9th, Mark opens the doors and welcomes you to a night of automotive amazement.



Mark's collection encompasses 325+ cars with more than 50 Indianapolis 500 Pace Cars & Trucks and 100+ cars with less than 100 original miles. The Museum is literally a "Who's Who" of American Muscle Cars!

The Museum is not open to the public, but Mark has generously opened his doors to our Helping Seniors Car Raffle each year from his opening day and it is always a night filled with the best cars, great refreshments and such amazing fun.





(321) 473-7770
Brevard Senior Information Helpline

Stay Connected  
HelpingSeniorsofBrevard.org



Bonus Day at the Museum

2021's Helping Seniors Car Raffle gets even better - not only is your Car Raffle ticket an opportunity to be part of the festivities at the Grand Drawing on the evening of October 9th, 2021, your ticket also admits to you to a very special event - **Sunday Afternoon at the Museum** - 1pm-4pm on September 12th.



While the 2020 Helping Seniors Car Raffle most certainly did produce a winner last October - Troy Darling of Indialantic, who chose a special 2020 Chevrolet Camaro to ride home in - Covid kept us outside of the Museum and so everything ended up as a Facebook Live Broadcast event only.

To make up for that missed opportunity to tour this amazing car collection, owner Mark Pieloch generously offered up Sunday, Sept 12th 2021, as our "makegood" date, and has invited all Helping Seniors ticket holders from 2020 to come out and enjoy the museum on that afternoon.

In fact, we'll honor ANY Helping Seniors Car Raffle ticket you have as an entrance ticket on that day - 2020 or earlier. And, better still, even your fresh, new 2021 Car Raffle ticket is good for admittance on this special Helping Seniors event Sunday as well!



Be In it to Win It

As a Florida non-profit organization, Helping Seniors is only able to serve because of your generosity and kind financial support. For 10 years now, your help has made a difference here in Brevard County for close to 4,000 families that we have been fortunate to be able to successfully assist.

When you get your Car Raffle ticket today, you are not only ensuring a great time at the American Muscle Car Museum and, possibly, choosing your next brand new car (you do not have to be present to win), you are also ensuring a better future for Seniors and their families who you help and support through your giving.

Call (321) 473-7770 to get your tickets or visit online **HelpingSeniorsCarRaffle.com** today. We also want to gratefully appreciate our Key Business Sponsor for this event, the 5-Star Rate CarePlus Health Plans of Florida, as well as Hibiscus Court Assisted Living and Seniors Helping Seniors of Brevard. Thank you!





Helping Seniors Of Brevard



Why All the Controversy About Fluoride?

Lee Sheldon, DMD
Solid Bite

Fluoridation has been a part of water supplies for well over a generation. The reason for the use of fluoride is to make tooth enamel more impervious to foods and bacteria that cause tooth decay. What's the problem?

Fluoride introduced into most water supplies is a waste product of the phosphate fertilizer industry. Such fluoride is in the form of a compound, hydrofluorosilicic acid. Only 23% of the material used is hydrofluorosilicic acid. The remaining 77% includes other elements including aluminum. The explanation from the CDC is that fluoride is in such a small concentration (0.7 parts per million) that it can benefit teeth and cause no other harm to the human body.

Recent research has demonstrated otherwise, however. Pregnant mothers who used fluoridated water showed a decrease in IQ in their offspring in NIH-funded studies. This confirms the same observation in over sixty other studies. For seniors, a recent Swedish study showed an increased hip fracture rate of 50%. And there are indications that fluoride assists aluminum in the fluoridation compound in crossing the blood/brain barrier. Aluminum has been implicated in Alzheimer's Disease.

If you don't want fluoride in your water, you have a few options. One is to buy reverse osmosis equipment for your drinking water. Another is to buy purified water or some spring waters. You can check the website of each brand to find out the amount of fluoride in that brand of water.

If you are prone to tooth decay, the fluoride in toothpaste is pharmaceutical grade, meaning that at least 99% is pure. You can spit that out. However, the real culprit in tooth decay is sugar. Stop eating sugar and sugar-containing foods and you are much less likely to get cavities.



Link Between Hearing Loss and Alzheimer's Disease

John Roberts, BC-HAS
(Board certified Hearing Aid Specialist)
Palm Bay Hearing Aid Center

Seniors often forget to make hearing well a part of their aging plan. Many studies have shown that there is a link between untreated hearing loss and cognitive decline. This is just one major reason people should seriously consider treating a hearing loss early on.

Many seniors suffer this decline and are immediately sent by their primary care doctor to have a mental health assessment. This could be a mistake and results may not be accurate if this person has a hearing loss. I like to say "*How can you remember what you can't hear?*"

The symptoms for hearing loss can actually mimic the symptoms for Alzheimer's. A person with Alzheimer's/Dementia may experience depression, anxiety, and/or disorientation. A person with untreated hearing loss may experience depression, anxiety, and/or social isolation.

A person with Alzheimer's may experience reduced language comprehension. A person with untreated hearing loss may experience poor speech discrimination.

People with both Alzheimer's and untreated hearing loss have suffered from identical symptoms such as denial, defensiveness, and/or negativity.

These are just a few of the similarities in the "symptom list" for both diseases. A good friend and colleague said it best, "*No mental health assessment of an older adult is valid until a person's hearing loss has been corrected*" Dr. Max Stanley Chartrand PhD.

Make hearing well an important part of your aging plan. Untreated hearing loss has proven to be detrimental to a person's health in some cases.



Helping Seniors Of Brevard

SENIOR SERVICES DIRECTORY

TRUSTED BUSINESSES SERVING BREVARD SENIORS

APPLIANCE REPAIR

Appliance Repair Pros

Serving Our Space Coast Since 2007
Senior or Military Discounts
321-499-4956 ask for Stephanie
100 day warranty on all repairs

ATTORNEY

Ruth Rhodes, Esq. Rhodes Law, P.A.

1751 Sarno Rd Ste. 2
Melbourne, FL 32935
www.rhodeslawpa.com
321-610-4542

The Law Office of Amy B. Van Fossen, P.A.

1696 W. Hibiscus Blvd., Ste A
Melbourne, FL 32901
www.AmyBVanFossen.com
321-426-1848; (fax) 321-345-5417

William Johnson, P.A.

140 Interlachen Dr., Suite B
Melbourne, FL 32940
www.floridaelderlaw.net
321-253-1667

AUDIOLOGY SERVICES

Palm Bay Hearing Aid Center

490 Centre Lake Dr NE Ste 150
Palm Bay, FL 32907
www.palmbayhearingaids.com
321-369-9900

CARE MANAGEMENT / ADVOCACY

Total Long-Term Care Consultant Services

6767 N. Wickham Rd. Suite 401
Melbourne, FL 32940
info@tlcconsultantservices.com
321-752-0995

DENTIST

Lee Sheldon, DMD, PA

2223 Sarno Road
Melbourne, FL 32935
www.drleesheldon.com
321-802-2810

DRYER VENT CLEANING

Dryer Vent Cleaning Pros

Your Dryer Fire Prevention Specialist
Serving Brevard County Since 2007
321-499-4956 ask for Stephanie
Ask About Special Senior Pricing

FINANCIAL PLANNERS

Financial Cornerstone Group

Retirements • Investments • Insurance
Rockledge and Palm Bay Locations
www.yourfcg.com
321-735-4994

HEALTH

Concierge Medical Equipment Services

Shawn Parker, MS, President /CEO
1367 B. Cypress Ave., Melbourne, FL 32935
321-956-4000

Holistic Health Center

Dr. Kevin Kilday
Palm Bay, Melbourne, Merritt Island, and Viera
www.holistichealthcenter.us
321-549-0711

Same Day Grab Bars®

3830 S. Highway A1A 4-113
Melbourne Beach, FL 32951
www.samedaygrabbars.com
800-215-7560

Simple Health Advisors, LLC

jpough@simplehealthadvisors.com
www.simplehealthadvisors.com
321-345-7738



Helping Seniors Of Brevard

SENIOR SERVICES DIRECTORY

TRUSTED BUSINESSES SERVING BREVARD SENIORS

HOME BUILDERS

Monarch Homes of Brevard
Model address 1728 Tullagee Ave.
Melbourne, FL 32940
www.monarchhomesofbrevard.com
321-806-3948

HOME REPAIR

Hansen's Handyman Services
Quality Home Repairs
321-302-9441

IN HOME CARE

Avid Home Care, LLC (non-medical)
2425 N. Courtenay Pkwy Ste 10
www.avidhomecareservices.com
traci@avidhomecareservices.com
321-392-3400

Home Health Care Resources Corp.
Serving All of Brevard County
www.homehealthcrc.com
321-677-2577

Seniors Helping Seniors
1103 W Hibiscus Blvd, Ste 400
www.seniorcarebrevard.com
321-722-2999

INSURANCE & FINANCIAL SERVICES

Allstate: Niki Jones Agency
www.allstate/nikijones
660 E. Eau Gallie Blvd, Suite 104
Indian Harbour Beach, FL 32937
321-773-3394

INSURANCE & FINANCIAL SERVICES

Care Plus Health Plans
www.careplushealthplans.com
321-751-7645

Great Florida Insurance
palmbay1.greatflorida.com
Rey.Campbell@greatflorida.com
321-241-4881

Medicare Made Easy~Jill Whittamore
Helping you find the best plan for your needs
Make the switch to a 5 Star Plan today!
321-458-3702 • jillwhittamore@yahoo.com

Medi-Health Insurance
Medicare/Medicaid/Medical
Debbie Fischer
321-258-1213

UnitedHealthcare
339 Jack Drive, Cocoa Beach
Darene Geddes, Licensed Insurance Agent
www.myuhcagent.com
321-431-9276

LABORATORY / DIAGNOSTICS

Paradise Mobile Labs, LLC
"We Come to You"
www.paradisemobilelabs.com
321-522-7466
Fax 321-989-0226

MOBILITY SCOOTERS

Dynamite Travel Scooters
PO Box 360064, Melbourne, FL 32936
<https://www.dtscooters.com>
1-800-697-6765 Ext. 3

MORTGAGE

Reverse Mortgage Funding
977 Long Meadow Road, Melbourne
www.reversefunding.com/Barbara-Mcintyre
321-698-4739



Helping Seniors Of Brevard

SENIOR SERVICES DIRECTORY

TRUSTED BUSINESSES SERVING BREVARD SENIORS

MOVING

A Mother's Touch Movers

www.motouchmovers.com

321-253-6040

OPTICAL

Eye Clinic and Laser Institute

Offices in Merritt Island, Melbourne, Port St.

John and Suntree

www.youreyeclinic.com

321-453-3937

PEST & TERMITE CONTROL

Beachside Termite and Pest Control

Serving all of Brevard County

www.getbeachside.com

321-750-4100

PHYSICAL THERAPY

Fyzical Balance and Therapy Centers

150 5th Ave., Ste C, Indialantic

321-372-3090

Rock Steady Boxing for Parkinson's Disease
(Balance and Fall Prevention)

PRINTING

Allegra Design, Print, Mail

2040 Murrell Road, Rockledge

www.allegrarockledge.com

321-242-1006

REAL ESTATE

Barbara Wall, Broker Associate

Berkshire Hathaway Home Services FL Realty

2000 Highway A1A, Indian Harbour Beach

barbara@barbarawall.com

321-749-2444

REAL ESTATE

Debbie Beard, Broker, SRES

Next Chapter Real Estate

Specializing in 55+ Buyers and Sellers

474 N. Harbor City Blvd., Melbourne

FREE CONSULTATION CALL 321-298-5562

NextChapterFlorida@gmail.com

Enhanced Property Investments

P.O. Box 236724, Cocoa Beach

www.enhancedpropertyinvestments.com

321-351-3222

Veterans Realty of Brevard

1675 N. Atlantic Ave., Cocoa Beach, FL 32931

321-868-1833 www.veteransrealtyofbrevard.com

SENIOR LIVING / MEMORY CARE

Addington Place of Titusville – Assisted Living and Memory Care

497 N Washington Ave, Titusville, FL 32796

www.AddingtonPlaceofTitusville.com

321-383-2112

Brookview Manor Assisted Living Facility

882 Brookview Lane, Rockledge, FL 32955

www.brookviewmanoralf.com

321-987-9699

Hibiscus Court Assisted Living and Memory Care Community

540 E. Hibiscus Blvd, Melbourne, FL 32901

www.slm.net

321-345-9830

Zon Beachside

1894 S. Patrick Drive

Indian Harbour Beach, FL 32937

www.zonbeachside.com

321-777-8840

TRAVEL

Helping Seniors of Brevard Travel Club

Merritt Island, FL 32952

travelcenterusa@gmail.com

(321) 978-5211 • Chris & Betty

We create "trips of a lifetime" for seniors



Helping Seniors Of Brevard

SENIOR SERVICES DIRECTORY

TRUSTED BUSINESSES SERVING BREVARD SENIORS



\$1 per day = 1 year in the



\$1 won't even buy you a good cup of coffee these days ...
BUT
your \$1 can go to work for you today making you many more \$\$\$ in the
Space Coast Senior Services Directory

What does your \$1 per day get you?

- A 5-line Business Directory listing each month, for 12 months, in the print edition of the Senior Scene Magazine – up to 14,000 copies published and distributed, free-of-charge, at over 500 locations throughout Brevard County.
- A 5-line Business Directory listing each month, for 12 months, in the online edition of the Senior Scene Magazine – published atSeniorSceneMag.com.
- A 5-line Business Directory listing each month, for 12 months, in the online edition of the Helping Seniors Newsletter – published atHelpingSeniorsofBrevard.org.
- An online Business Directory listing every day, for 12 months, in the HelpingSeniorsDirectory.com online directory – receiving thousands of visits monthly – and in categories that seniors are actively searching for.
- A good feeling for supporting the work of Helping Seniors of Brevard – the Florida non-profit dedicated to operating the County's Senior Information Helpline.

(Based on annual commitment)

Call Helping Seniors today to get signed up!

321-473-7770

or email us at

Info@HelpingSeniorsofBrevard.org



(321) 473-7770

Brevard Senior Information Helpline

Stay Connected  

HelpingSeniorsofBrevard.org



TOGETHER WE CAN MAKE A DIFFERENCE.

Helping Seniors of Brevard is designed to have an immediate, positive impact on tens of thousands of seniors in our county.

Helping Seniors of Brevard is the #1 organization that helps seniors throughout the entire Brevard area. Our organization receives calls every day from seniors with various needs not medically related. We know without your help & support we cannot continue our mission.

Our Helping Seniors of Brevard Travel Club is one way that we can support the work of Helping Seniors. This travel club is open to all, and the Club works with travel vendors that will donate back part of their profits to the Helping Seniors organization. The Club guarantees lowest rates - including any internet rate that is available.

You will travel why not use an agency that gives back to the community? Be a hero to your significant other & Helping Seniors by booking your 2022-2023 vacation with the Travel Club. Take the hassle out of the planning, put smiles on your loved ones faces & return with memories that last a lifetime. All at the best rate possible.



OUR HELPING SENIORS CRUISE

Our Helping Seniors of Brevard Travel Cruise 17-24 October 2021 on the beautiful MSC Divina out of Port Carnival. We have a fantastic price with amenities.

When you purchase an ocean view room, we will upgrade you, at no extra charge, to a balcony stateroom.

We have special entertainment form Lorri Hafer who toured with the Glen Miller band and others. She is famous for her group singing the Coke Song, "I'd like to Teach the World to Sing."



When you and your friends and family join us on this amazing cruise, you will continue to help and support our work. MSC will donate a portion of their proceeds to the Helping Seniors of Brevard organization.

After our 18 month isolation, we could not think of a better way to get back out safely and enjoyably with folks from Brevard County and sailing from our own "Home Port."

Chris Morse & Betty Powers are ready to book your October 17th Helping Seniors Travel Club Cruise. Call Chris or Betty at 321-978-5211

Thank you again for your help and support. Working together in the Brevard community we WILL make a difference.



Helping Seniors Of Brevard



Elder Abuse: Recognizing the Hidden Signs

*Traci Graf, RN
AVID Home Care*

The National Center on Elder Abuse lists seven kinds of elder abuse: physical, sexual, emotional, financial, neglect, abandonment, and self neglect. Abuse can occur in the home or long term care setting. Let's look at each kind and examples of them that are not easily seen.

Physical abuse can be obvious (bruises or broken bones), but many times nurses and doctors have to identify telltale signs, such as repeat hospitalizations for similar injuries, delayed medical care for an injury, trips to different emergency rooms, or poor explanations for how an injury occurred.

Sexual abuse includes any sexual contact with a patient who has dementia, as they are unable to consent to contact. Look for blood stained underwear, pelvic pain, social withdrawal, or inappropriate sexual behavior.

Financial abuse costs seniors more than \$2.9 billion annually. Examples include misuse of banking information or credit cards by a trusted individual or taking items of value from the person. Unfortunately the worst cases of this I have ever seen as a nurse were all done by family members.

Emotional abuse can be obstructing access to resources or treatment, humiliation, name calling, and intimidation. Signs in an elderly person can be lack of eye contact, isolation, different eating/sleeping habits, or trying to hurt someone.

The most common type of abuse is neglect, which can also be self inflicted. Neglect is common in understaffed nursing homes, manifesting as poor hygiene, lack of nutrition, unclean or unsafe living arrangements, unpaid bills, wounds, dehydration, and weight loss.

Sadly there are always people who have no one to notice they are being abused. Elder abuse in Florida is a felony. If you suspect elder abuse, report it anonymously at 800-962-2873 or at www.reportabuse.dcf.state.fl.us/.



Alzheimer's Awareness

*Riki Montgomery, Office Manager
Seniors Helping Seniors*

September is Alzheimer's Awareness Month. Alzheimer's can be a scary word, especially for those of us who have had some experience with the disease. While there is currently no cure for Alzheimer's, there are treatments that can help slow the progression and ease symptoms. The first step is getting a diagnosis.

Getting a diagnosis of Alzheimer's can sometimes lead to feelings of sadness, anger, and fear, but early detection can be helpful in many ways. Early diagnosis can help you and your family plan for future care and treatment. It gives you time to get finances and legal matters in order while you are still able to make those important decisions. Early detection also gives you and your family an opportunity to receive advice, information, and guidance through new challenges.

Some of the symptoms to keep an eye out for are, forgetting recent events, trouble with problem solving or finishing complex tasks, feeling overwhelmed with balancing a check book or similar responsibilities, changes in personality, disorganized thoughts, difficulty expressing thoughts (word searching), getting lost or misplacing belongings.

Keep in mind that these symptoms are not exclusive to Alzheimer's dementia, but could be from a different, more treatable condition. That is why going to see your doctor is so important. If you or a loved one are experiencing some of these symptoms, we urge you to go see your physician. If you are caring for a loved one with Alzheimer's and need a little relief, Seniors Helping Seniors is here to help.





Helping Seniors Of Brevard



Long Covid – A Continuing Major Problem Part 2 of a series

*Kevin Kilday, PhD, D.PSc, CBHC
Holistic Health Center*

In the U.S., close to 34 million people have been diagnosed with COVID-19, and an estimated 30% of those still have symptoms lasting months or now over a year since the pandemic started. They are suffering what is now called Long Covid. Please read Part 1. Call 321-549-0711 for a copy.

THEORIES on causes of Long Covid

- 1. Over stimulated immune system.** Patients may still have remnants of the virus in their body that keep stimulating the immune system. The body doesn't know how to shut the immune system off or the virus may cause the immune system to malfunction, so antibodies that typically attack foreign entities—such as viruses—start attacking the body instead.
- 2. The gut microbiome imbalance.** The gut is the largest immunological organ in the body, and its resident microbes are known to influence immune responses. Even though the virus is primarily a respiratory illness, the evidence suggests the virus may kill off beneficial microorganisms in the gut microbiome, causing an imbalance and contributing to the long-term symptoms.
- 3. The body is simply suffering a long-term injury.** The virus may scar the lungs or damage the heart, and those injuries could lead to long-lasting symptoms. For hospital ICU patients, their lingering symptoms might be related to long stays in a hospital bed or side effects of treatments. People discharged from the ICU often experience long-running brain fog, fatigue, and muscle weakness.

There are effective holistic therapies for Long Covid with the use of supplements, changes in lifestyle, and diet. Make an appointment today!

Dr. Kevin Kilday, PhD, D.Psc, Holistic Health Center, 321-549-0711, Solutions for Cancer, Long Covid, Chronic Conditions, Supplements, Tests



Not My Family! Real Life Issues - Episode 3

*Ruth C. Rhodes Esq.
Rhodes Law, P.A.*

As we continue to explore real life situations, we hope you will see the importance of being proactive and prepared. To recap, in last month's episode, Don is in rehab and wants to come home, but Anne is unable to care for him. She hopes that Don's Designation of Health Care Surrogate ("HCS") will be sufficient for her to make the decisions needed for his care.

Currently Don is combative, demanding to go home (though it is unsafe for him to do so) and refusing to cooperate with Anne as his HCS. Due to Don's refusal to cooperate, Anne has no option but to have Don declared incapacitated and for a guardian to be appointed over him. Guardianship is expensive, but in this case it is necessary for Don's safety and wellbeing.

Don and Anne's children are concerned for both of their parents. This situation has been stressful for the entire family, but especially for Anne. Daughter Laura comes to town to help Anne and to attend a consultation with an Elder Law Attorney to discuss the steps needed to protect and care for Don. At the consultation, Anne and the family agree that Laura should be the Guardian to alleviate Anne's stress, and the Elder Law Attorney begins preparing the documents to start the Guardianship process.

Thereafter, just when Anne thought things were settling down, she received a call from the billing office at the nursing home. Don is running out of his Medicare days, and will need to private pay unless he can become eligible for Medicaid. How is Anne going to have enough money to pay the household bills **and** take care of Don? The Elder Law Attorney will need to assist Anne with Medicaid Planning ASAP because Anne cannot afford a private pay bill of \$12,000 per month!

Stay tuned next month for more real-life scenarios of "Not My Family! Real Life Issues." Today is the day for you to be proactive and get prepared. **Call Rhodes Law, P.A. at (321) 610-4542 to schedule your FREE consultation now.**



Helping Seniors Of Brevard

We are grateful to all our current underwriters!

Call 321-473-7770 for sponsorship information

Al Dia Today

www.aldiatoday.com

321-724-6077

Allegra Design Print Mail

www.allegrarockledge.com

321-632-7272

Amy B. Van Fossen, P.A.

www.amyvanfossen.com

321-426-1848

AVID Home Care

www.avidhomecareservices.com

321-392-3400

Barefoot Bay Tattler

www.barefoottattler.com

772-664-9381

Brookview Manor Assisted Living Facility

www.brookviewmanoralf.com

321-987-9699

CarePlus Health Plans, Inc.

www.careplushealthplans.com

321-751-7645

Ebony News Today

www.ebonynewstoday.com

321-220-4216

Enhanced Property Investments

www.enhancedpropertyinvestments.com

321-351-3222

Eye Clinic and Laser Institute

www.youreyeclinic.com

321-453-3937

Hibiscus Court Assisted Living and Memory Care

slm.net/Senior-living/fl/Melbourne/hibiscus-court/

321-345-9830

Holistic Health Center

www.holistichealthcenter.us

321-549-0711

Home Health Care Resources Corp.

www.homehealthcrc.com

321-677-2577

Hometown News

www.hometownnewsol.com

321-242-1013

Lee Sheldon, DMD - Solid Bite Dental Implants

www.drleesheldon.com

321-802-2810

Monarch Homes of Brevard, LLC

www.monarchhomesofbrevard.com

321-806-3948

Next Chapter Real Estate

www.nextchapterflorida.com

321-298-5562

Palm Bay Hearing Aid Center

www.palmbayhearingaids.com

321-369-9900

Reverse Mortgage Funding - Barbara McIntyre

www.reversefunding.com/barbara-mcintyre

321-698-4739

Ruth C. Rhodes, Esq.

www.rhodeslawpa.com

321-610-4542

Senior Scene Magazine

www.seniorscenemag.com

321-777-1114

Seniors Helping Seniors

www.seniorcarebrevard.com

321-722-2999

Senior Travel Club

www.thetravelcenterusa.com/Page/ChrisMorse

818-430-1480

Spotlight Magazine

www.spotlightbrevard.com

321-961-3636

Total Long-Term Care Consultant Services

info@tlcconsultantservices.com

321-752-0995

William A. Johnson, P.A.

www.floridaelderlaw.net

321-253-1667

Zon Beachside Assisted Luxury Living

www.ZonBeachside.com

321-777-8840



2021 FOUNDATION CRUISE HELPING SENIORS OF BREVARD

Oct 17th - Oct 24th 2021 - 7-Night Cruise Round Trip Port Canaveral

SPECIAL EARLY BOOKING INCENTIVE!



Sail with friends and family from Brevard County! Special Exclusive Helping Seniors Programs on board plus Special Musical Guest Lorri "I'd Like to Teach the World to Sing" Hafer, Jazz/Big Band Singer, who has toured the world with the Glenn Miller Orchestra, The Tommy Dorsey Orchestra and Les Brown's Band of Renown.

BACK TO SEA SPECIAL:

Limited Time Offer

Book an Outside Cabin & receive FREE Upgrade to BALCONY CABIN!



SPECIAL 7 NIGHT CRUISE ON MSC DIVINA

Ocean View Stateroom from	\$ 910.00 per person
Ocean View Balcony Stateroom from	\$ 990.00 per person
Junior Suite from	\$1320.00 per person
Quad & Triple Cabins Available	CALL FOR PRICING

Original Birth Certificate & Photo ID Required -or- Passport



Special MSC Divina 7-Night Cruise Price Includes...

- Cabin * All Port Charges * All Taxes * Travel Insurance * Gratuities
- * Admin Fee * Fundraising Donation – Helping Seniors of Brevard
- * Special Events * Private Cocktail Party * World Class Casino
- * Comedy Shows * All Meals * All Entertainment
- * Work-Out Facilities * World Class Spa * Great Dancing * Live Bands

Plus:

\$50 On Board Spending Credit * Free Wi-Fi OnBoard

Itinerary...

- Sun Oct 17th Leave Port Canaveral at 6:00PM • Mon Oct 18th Ocean Cay Marine Preserve
- Tues Oct 19th Ocean Cay Marine Preserve • Wed Oct 20th Fun Day at Sea
- Thurs Oct 21st Cozumel Mexico • Fri Oct 22nd Costa Maya Mexico
- Sat Oct 23rd Fun Day at Sea • Sun Oct 24th Arrive Port Canaveral

EARLY BOOKING INCENTIVE - Book outside & receive free upgrade to Balcony

Payment Information

Initial deposit \$400.00 per couple
 Final payment September 30, 2021
 Cancellation: \$35.00 Admin fee
 You will get Future Cruise Credit

Contact: Helping Seniors of Brevard Travel Club Office 321-978-5211
 or Chris Morse 818-430-1480 Cell
Cruising the Sea of Excellence



Helping Seniors of Brevard is a Florida 501(c)(3) Nonprofit. Helping Seniors of Brevard - Senior Resource Center - 1894 S Patrick Dr - Indian Harbour Beach FL 32937. The Helping Seniors Travel Club is operated by Senior Travel division of The Travel Center - CST # 2000881-10 FST # 14672 - who is solely responsible for all travel arrangements.. A portion of travel commissions from Helping Seniors Travel Club Members travel funds the Helping Seniors Endowment.