

APRIL 2023 SENIOR CALENDAR

CONTACT EACH OF THESE LOCATIONS TO GET CURRENT EVENT AND ORGANIZATION INFORMATION.

55+ Club of Satellite Beach 1089 S PATRICK DR, SATELLITE BEACH 321-773-6458 55plusclubofsb.com

Bingo each Monday at SB Civic Center, doors open 9:30am, game begins 11am. Card fees apply.

Line Dancing Tuesdays and Thursdays at Schechter Community Center, 1pm-2pm. Fee paid at the door.

Game Night each Wednesday at Schechter Community Center, 6-9pm. Free!
Walking Group each Tuesday 8am-9am

and Wednesday/Thursday 8am-9:30am at Schechter Community Center Gym. Free!

Freedom 7 Senior Community Center 5000 TOM WARRINER BLVD, COCOA BEACH 321-783-9505

Monday:
11:00 am: Mahjong: Drop in and play! Bring your board if you have one! \$2 pp
1:00 pm: Bunco
Monday & Wednesday:
9:30 am: Zumba Gold: Super fun class designed for the over 50 crowd with a licensed instructor. Cost \$5 for F7 Members/\$7 for Non-Members. 1st Class is FREE so come try it out... you won't be disappointed!

Tuesday:
12:30 pm: Craft Time
Tuesday & Thursday:
9:30 am-10:30 am Strength and Balance! Get Fit, Improve Balance, and Build Muscle. All levels of fitness welcome. Chair assist is A-okay. Drop In! \$2
10:45 am-11:15 am: Indoor Power Stepping A quick 30-minute "in-place" full body workout that builds cardio and endurance.

Cost of class is \$1 for Freedom 7 members and \$2 for non-members. FIRST CLASS IS ALWAYS FREE!!
Wednesday:
11:00 am-11:45 am: Chair Yoga (No class on Wednesday, May 11th) Breathe, relax, meditate and REPEAT!... without even leaving your seat. Target common areas of weakness and tension with our nationally and multi-certified instructor. \$2 member, \$4 non-member

12:30 pm: Games with Friends
1:00 pm: Scrabble
2 pm: Book Club- Monthly Book Club Every 3rd Wed of the month at 2pm.
Thursday:
10:45-11:15 am-Mat Yoga! We provide cushy mats and beginner levels. \$1-2
1:00 pm: Bingo

REVIEW BREVARDFL.GOV/PUBLICLIBRARIES WEBSITE FOR LIBRARY EVENT UPDATES.
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Franklin DeGroot Memorial Library 6475 MINTON RD SW, PALM BAY 321-952-6317

DeGroot library is open 7 days a week and 2 nights, offering a range of services such as free resume and assistance faxing, free scanning,

distributing and collecting Brevard County mortgage/rent assistance forms via the CARES Act, Census training and voter registration.

SNAP food stamp assistance program on Friday's from 9-2pm in the small conference room.

Master Gardener's Free Clinic held on the patio Friday's from 9-11am.

Merritt Island Public Library 1195 N COURTENAY PKWY, MERRITT ISLAND 321-455-1369

Mims/Scottsmoor Public Library 3615 LIONEL RD, MIMS 321-264-5080

Book Sale and Bake Sale April 3-7
Computer Basics Class Tuesdays, 10:00-11:00AM or 11:00AM-12:00PM
Hooks and Needles

Tuesdays, 1:00PM - 2:00PM
Line Dancing Class with "Dance Lady" Mondays, 12:00PM - 2:00PM Fee: \$5 per class.
Crafternoon First Wednesday, 2:00PM-3:00PM. Materials

are provided. **"cancelled for April"**
Book Club First Thursday, 1:30PM
Painting Class First Thursday, 6:00PM Fee is \$10 and covers

all supplies. Registration is required as space is limited. **"cancelled for April"**
Cook the Book Club Third Thursday, 6:00 PM

Palm Bay Library 1520 PORT MALABAR BLVD NE, PALM BAY 321-952-4519

Satellite Beach Library 751 JAMAICA BLVD, SATELLITE BEACH 321-779-4004

South Mainland Library 7921 RON BEATTY BLVD, SEBASTIAN 772-664-4066

Suntree-Vierra Public Library 902 JORDAN BLASS DR, MELBOURNE 321-255-4404

Sit-n-Stitch 1-3pm .An embroiderer, knitting, crochet group that meets first & third Wednesdays.
TGIF Seaside Piecemakers 9am-1pm . A quilting group that meets second & fourth Fridays.
Friends Book Sale 4/20-21, 9am-5pm
Neighbors Book group, 2-4:30pm, meets 3rd Thursday

Non-Fiction book club, 3-5pm, meets fourth Tuesday
Brevard Investment Education Group 10:30am-1pm. A group that meets to talk about stock market investments. Meets second Mondays.
International Plastic Modelers 6-7:45pm. A group who meet to show and speak about plastic models. Meets second

Tuesdays.
ANA Coin Talk with Bob 6-7:45pm. Speak with Bob about old coins you have. Meets fourth Tuesdays.
Suntree Library book club. Meets fourth Wednesdays.
Seaside Quilt Show Group, 1-5pm, meets first Monday

Wednesday Art Group, 1:30-4pm. Meets second Wednesday
Multiple Myeloma support group, 10:30am-12:30pm, meets 4th Monday
Space Coast Poets, 5:30-7:30pm. Meets 3rd Tuesday
Neighbors Book group, 2-4:30pm, meets 3rd Thursdays

Eau Gallie Civic Center 1551 HIGHLAND AVE, MELBOURNE 321-608-7400

Joseph N. Davis Community Center 2547 GRANT ST, MELBOURNE 321-608-7460

Lipscomb Community Center 3316 MONROE ST, MELBOURNE 321-608-7450

Wickham Park Community Center 2815 LEISURE WAY, MELBOURNE 321-608-7490

Woody Simpson Community Center 1590 SCHOOLHOUSE ST, MERRITT ISLAND 321-455-1379

APRIL 2023 SENIOR CALENDAR (continued)

CONTACT EACH OF THESE LOCATIONS TO GET CURRENT EVENT AND ORGANIZATION INFORMATION.

Martin Andersen Senior Center 1025 S FLORIDA AVE, ROCKLEDGE, FL 32955 321-631-7549 martinandersseniorcenter.com

MONDAY

Andersen Quilters 9:00-12:00
Bone Builders 9:00-10:00
Busy Fingers Crafts 9:00-11:00
Intermediate Tap 10:30-12:00
Party Bridge 12:15-4:00
Belly Dance 12:30-1:30
Spanish Class 1:00-2:00

TUESDAY

Art & Painting 9:00-12:00
Morning Stretch & Exercise 9:00-10:30
***SHINE Counselor** 9:45-11:45

Choral Group 10:00-12:00
Grief Counseling 2nd&4th Tues 10:00-12:00
Canasta 10:00-2:00
Basic Line Dancing 10:30-11:30
Line Dancing 12:00-1:30
Gentle Yoga 2:00-3:00
Tai Chi 2:00-3:00

WEDNESDAY

Bone Builders 9:00-10:00
TOPS 9:30-11:00
Writing Workshop 9:30-11:30
Video Exercise 11:30-12:30

Spanish Conversational Class 12:30-2:30
Book Club (3rd Wed) 12:00-1:00 (bring your lunch)

THURSDAY

Water Colors (Begin/Inter) 9:00-12:00
Pinocle 10:00-3:00
Gentle Yoga 10:30-11:30
Morning Stretch & Exercise 9:00-10:30
***SHINE Counselor** 9:45-11:45
Open Game 10:00-12:00
Intermediate Tap 10:30-12:00
Sewing Circle (4th Thurs) 10:30-1:00

Karaoke 11:00-3:00
Chair Stretch & Balance (2nd&4th) 2:00-2:50

FRIDAY

Art & Painting 9:00-12:00
Bone Builders 9:00-10:00
Party Bridge 12:15-4:00
Video Exercise 11:30-12:30
Spanish Class-Beginner Plus 1:00-2:00
Ballroom Dancing Class 2:00-3:00
SATURDAY
Dance 2nd&4th Sat 7:00-10:00pm

North Brevard Senior Center 909 LANE AVENUE, TITUSVILLE, FL 32780 321-268-2333 nbssc.com

MONDAY-THURSDAY

Billiards 9AM-3PM \$2/\$3 NBSC (321)268-2333

MONDAY

No. Brevard Line Dance 10AM-12:30 PM \$3/\$4 Yvette (321) 225-4872
Gentle Yoga 11:30am-12:30pm \$5/\$6 Cindy 321-576-2782
Golden Hearts Senior Fitness- Monday 1PM-2PM \$5/\$6 Robin 321-514-5945
Mexican Train Dominoes 1PM-3PM \$2/\$3, Joanne (321)267-5923
Hand & Foot 1pm-3:30Pm \$2/\$3 Donna (407)808-5237
Poker 10AM-2PM \$2/\$3 321-591-5156
Bunco 1PM-3PM Carol 332-268-8087 Sharon (321)383-7927
Zumba 6:00PM-7:00PM \$5/\$6 Robin (321)514-5945

TUESDAY

Pinocle 10AM-2PM \$2/\$3 Rachel

(321) 537-5322
Muscle Memory Strength Balance 10:00AM-11AM Natine (321)609-0999
Tap & Jazz 11AM-12PM \$2/\$3 Marsha (321)264-2776
Connie's Card Making (2nd Tues) 11:30AM-12:30PM \$4/\$5, Connie (410) 598-3755

Mahjong 12:30 PM-3:30PM \$2/\$3 Andi (321)385-3595
Party Bridge 12:30PM-3:30PM \$2/\$3 Mary (321) 607-2200
Darling Damsels Bridge 1PM-3:30PM \$2/\$3 Kathy (321) 268 4827
Tai Chi, 1PM-2:30PM \$3/\$5 Ada (321) 848-4689
Zumba Toning 6pm-7pm \$5/\$6 Robin 321-514-5945
WEDNESDAY
Bridge Lessons by Appt \$10 Rick (863)640-5798

Zumba Gold 9:15AM-10:15AM \$5/\$6 Robin (321)514-5945
Golden Hearts Senior Fitness- Wednesday 11AM-Noon \$5/\$6 Robin 321-514-5945
Hurricane Rug Hooking (2nd&4th Wed) 10AM-2PM \$2/\$3 Fonda (321-298-2796
ACBL Duplicate Bridge 12PM-3:00PM \$2/\$3 Judy (901) 336 1306
Line Dance Class-Beginners 4:00PM-5:30PM \$3/\$4 Ferrell (321) 267-0195
Line Dance Class 5:30PM-6:30PM \$3/\$4 Ferrell (321)267-0195
Line Dance Class 6:30PM-7:30PM \$3/\$4 Barbara (321)452-1944

THURSDAY

Bingo (Play begins at 10AM) 9AM-2:30PM Varies (#of cards played) Cat (321) 231-1135
Singles Club Planning Mtg (1st Thurs) 4pm Call Jean for location (321) 352-2359
Tai-Chi - Thursday 1PM-2PM \$3/\$5 Ada

321-848-4689
Zumba 6:00PM-7:00PM \$5/\$6 Robin (321)514-5945
Zumba Gold Tone/Chair - Thursday 11AM-Noon \$5/\$6 Robin 321-514-5945
FRIDAY
Euchre - Friday 10AM-1PM \$2/\$3 Barbara 321-750-2679
Shuffleboard 10AM-12PM \$2/\$3 Bill (321)544-1430
Muscle Memory Strength Balance 10:00AM-11AM \$2/\$3 Natine (321)609-0999
Billiards 9AM-12PM \$2/\$3 NBSC (321)268-2333
No Brevard Line Dance 12PM-2PM \$3/\$4 Yvette 321-258-6534
Line Dance Social (1st and 2nd Fri) 6PM-9PM \$5 Ferrel 321-267-0195
SUNDAY
Intermed./Adv'd Line Dance Class 2PM-4PM \$3/\$4 Pat (321)268-2333

Palm Bay Senior Center 1275 CULVER DRIVE NE, PALM BAY 321-724-1338 gpbsc.org

MONDAY PROGRAMS

Billiards, Morning 8:30am-noon
Billiards, Ladies noon-3:30pm
Bocce 9-11am
Bone Builders 9:15-10:15am; 10:30-11:30am (Dr's permission req'd)
Bridge 12:15-3:30pm
Cornhole 11:30am-12:30pm
Golden Tones 10am-noon (On break until Sept)
Ping Pong 1-3:30pm
Poker: Straight 10am-2pm; Noon-3:30pm
Sensible Weight Loss with Friends 9-10am
Shuffleboard (Indoor) 1-3pm
Travel Office open 9am-2pm
Vets-to-Vets Cafe 3:30-5:00pm (4th Mondays)
Woodshop 8am-12pm

TUESDAY PROGRAMS

Billiards, Morning 8:30am-12pm
Billiards, PM 12-4pm
Hand & Foot 11:30am-3:30pm

Fitness Fun 9:15-10:15am
Mah Jongg (Asian) 12:30-3:30pm (1st & 3rd Tues)
Ping Pong 1-3:30pm
Poker, Straight 10am-2pm
Poker, Straight 6-9:30pm
Sassy Senior Cheerleaders 4-6pm (On break until Sept)
Travel Office open 9am-2pm
Wood Shop 8am-noon
Wii Bowling 10:30am-12:30pm

WEDNESDAY PROGRAMS

Bargain Thrift Corner 9am-12pm
Billiards, Open Play noon-4pm
Bingo 11:30am-3:30pm Doors open at 9am. Food available to purchase
Bone Builders 9:15-10:15am; 10:30-11:30am (Dr's permission req'd)
Bridge 9:30am-12pm
Darts 4:30-6pm (2nd & 4th Weds)
Golf (Crane Creek on 192) 9:20am

Travel Office open 9am-2pm
Woodshop 8am-12pm

THURSDAY PROGRAMS

Art Class 9:30-11:30am
Bargain Thrift Corner 9am-12pm
Billiards, Morning 8:30am-noon
Billiards, PM noon-4pm
Euchre 12:30-3:30pm
Mah Jongg (American) 12:30-3:30pm
Movie Night 6:30-9:30pm
Ping Pong 1-3:30pm
Pinocle 11-3pm
Scrabble 9:30am-noon
Travel Office open 9am-2pm
Woodshop 8am-noon
Yoga, Chair 10:30-11:30am

FRIDAY PROGRAMS

Bargain Thrift Corner 3-6pm
Billiards, Open Play 12-4:00pm
Bingo 6:00-10:00pm Doors open at 4pm.

Food available to purchase
Bocce 9-11am
Bridge 12:15-3:30pm
Crafts 9:30-11:30am
Knotty Habit 9:30-11:30am
Poker, Straight 12-3:30pm
Travel Office open 9am-2pm
Wood Shop 8am-noon
SATURDAY PROGRAMS
Saturday Night Dance 6:30-9:30pm Jan-Oct (Last Saturday of month)
Tour our facility any weekday 8:30am to 4pm. Our Center is run 100% by volunteers.
Consider becoming a member and volunteering.
The Center is available to rent for seminars, adult birthdays, baby showers, anniversaries, weddings, etc.

Wickham Park Senior Center 2785 LEISURE WAY, MELBOURNE 321-255-4494 bcscwp.org

MONDAY PROGRAMS

Billiards - 8:30 am-4:30 pm
Bones & Balance - 10:00-11:00 am
Duplicate Bridge - 12:30-4:00 pm
Jazzercise Lo - 8:30-9:30 am
Hand & Foot - 9:00 am-12:00 noon

Friendly Poker - 1:00-4:00 pm
QiGong-Tai-Chi - 8:30-9:30 am
Mah Jongg - American - 12:00-3:30pm
Pinocle - 12:15-4:00 pm
Shuffleboard League - 6:30 pm (April 12 to May 31)

TUESDAY PROGRAMS

Billiards - 8:30 am-4:30 pm
Chair Yoga - 3:00-4:00 pm
Rogue Bridge 12:15-4:00 pm
Bingo - 11:15 am - 2:00 pm - Doors open at 10:00 am

Dealers Choice Poker - 1:00-4:00 pm
Line Dancing for Fun & Exercise - 4:15-5:30 pm



One Senior Place
8085 Spyglass Hill Road,
Viera, FL 32940
321-751-6771

APRIL 2023
ONE SENIOR PLACE EVENTS

See the complete calendar of events at
www.OneSeniorPlace.com

Tower Garden 101, Sunday April 2nd, at 2pm. Presented by Tom Shepherd, with Aquatic Health & Rehab. Learn all about how to grow organically, your own vegetables and fruit. For more information and to RSVP, call 321-253-6324.

FREE Liver Scans, Monday April 3rd, and Wednesday April 19th, from 10 - 2pm. ClinCloud is offering FREE Fibroscans the FIRST Monday (unless it's a holiday) and THIRD Wednesday of each month at One Senior Place. Please call 321-751-6771 to schedule your half hour appointment.

FREE Memory Testing, Tuesdays April 4th, and 18th, from 11 - 3pm. Merritt Island Medical Research will be offering free memory screenings the FIRST and THIRD Tuesdays of each month at One Senior Place. Please call 321-305-5015 to schedule an appointment.

Benefits of Pre-Planning your Cremation Seminar, by National Cremation, Wednesday April 5th, from 11 - 1pm, REPEATS Thursday April 27th, from 2 - 4pm. Join us for a FREE informational seminar to learn more about the benefits of preplanning your cremation. Learn about affordable options and savings, Veterans Benefits, travel & relocation protection plan and more. Seating limited MUST RSVP to 321-751-6771.

Peripheral Arterial Disease, Lunch & Learn, Monday April 10th, 11 - 1pm. Please join Vascular Interventional & Physicians for an informative presentation to discuss recommended preventative and non-invasive interventions to stop or delay the progression of disease. Complimentary lunch must RSVP to 321-751-6771.

Lifestyles of a Healthy Brain, Ask the Doctor Lunch & Learn Series, Tuesday April 11th, 11:30 - 1pm. Presented by Rosemary Laird, Board-Certified Geriatrician, Head of Research Staff, ClinCloud Research. Lunch provided by ClinCloud Research for all registered attendees. RSVP required, call 321-751-6771.

BINGO!, Tuesday April 11th, 2 - 3:30pm. Brought to you by Florida Health Care Plans. Play free, win prizes, fun for all! Participation is limited, RSVP required, call 321-751-6771.

How to Minimize Taxes on Trusts or Probate Estates, Thursday April 13th, 10 - 11:30am. Presented by the Estate Planning & Elder Law Centers of Brevard. It is important to plan ahead to help your heirs avoid giving away their inheritance to the government. Learn more at our informative seminar. RSVP to 321-751-6771.

Movie Matinee with Rhodes Law, PA, Thursday April 13th, at 2pm. Hosted by Rhodes Law, PA. Join us as we watch this classic "Ticket to Paradise", and enjoy movie treats! MUST RSVP to 321-751-6771.

The Benefits of Medical Marijuana, Senior Health Friday with Nurse Lisa, Friday April 14th, from 10 - 11am. Presented by Nurse Lisa and Aliza Gammon, Ed. D, Brevard Green MD,

Cassidy Welch, Trulieve Lead Community Educator. RSVP to 321-751-6771.

Quit YOUR Way, Free Tools to Quit Program, Friday April 14th, from 12 - 1:30pm. Programs cover all forms of tobacco. FREE: Nicotine replacement patches, gum or lozenges *if medically appropriate and 18 years of age or older. Participant workbook & materials. Presented by Tobacco Free Florida, MUST register by calling 407-716-6392.

Collage Workshop Event, Monday April 17th, from 1 - 3pm. Join us for an afternoon of crafting as we team up with Debby Wyche of the Cape Canaveral Pen Women, to create a one of a kind collage. Come learn this easy fun art form. There is no wrong way to do it! Sponsored by Barbara Asinari, Realtor with Oceans Realty Florida. Limited seating must RSVP to 321-751-6771.

Special Needs Trust Seminar, Tuesday April 18th, at 10am. Elder Law Attorney William A. Johnson, PA. will present. Limited seating must RSVP to 321-751-6771.

MAC User Group Meeting, Tuesday April 18th, from 5:30 - 7pm. If you have questions about your iPad, iPhone, MacBook or Apple Watch, or you want to know how some apps work, this meeting is for you. RSVP to 321-751-6771. Presented by Jim DeLaura, RJFS and MAC Mad.

The Law Academy presents Guardianship 101, Wednesday April 19th, at 10am. The Law Academy presented by Rhodes Law, PA. Limited seating must RSVP to 321-751-6771.

Veterans Education Seminar, Wednesday April 19th, from 1 - 3pm. Disabled American Veterans (DAV) representative will discuss Dependency and Indemnity Compensation. Military Officers Association of American Cape Canaveral (MOAAC) representative will present a legislative update on Veteran Issues. Hosted by Michael Tucker, Veteran Liaison with VITAS Healthcare. Call to 321-751-6771 for more information and to RSVP.

Nutrition and Pain Management, Thursday April 20th, from 12 - 1pm. Presented by Aquatic Health & Rehab. Diet/Nutrition, Inflammation, What to Eat, What Not to Eat, Alkaline vs. Acidity. For more information and to RSVP, call 321-253-6324.

Hearing Loss (= Brain Stress), Lunch and Learn Seminar, Friday April 21st, from 11 - 1pm. This presentation brought to you by Personal Hearing Solutions and Clinical Education Specialist Dr. Susan de Bondt, AUD from Widex. During this presentation, you will learn how living with hearing loss negatively affects our ability to think and what we can do about it. Boxed lunch provided, must RSVP to 321-751-6771.

AARP Smart Driver Course, Monday April 24th, from 9 - 4pm. This driving refresher course from AARP Driver Safety will be offered at One Senior Place. This course is open to drivers of all ages and costs \$20 for AARP members and \$25 for non-members. This class is taught by certified volunteer instructor Ernie Edwards, call 719-648-1052 to secure your seat.

What You Need to Know During the Second Half of Life, Tuesday April 25th, 10 - 11:30am. Presented by the Estate Planning & Elder Law Centers of Brevard. This seminar will cover the documents that will give you assurance that you are prepared and your family knows your desires. RSVP to 321-751-6771.

Take the Stress Out of Medicare, Wednesday April 26th, from 10am - 11:30am. With multiple plan types & many coverage options available, how do you know which is right for you? Get the answers you need to make an educated

decision. Presented by Viera Insurance Professionals. RSVP to 321-751-6771.

Medicaid Planning Seminar, Thursday April 27th, at 10am. Elder Law Attorney William A. Johnson, PA. will present. Limited seating must RSVP to 321-751-6771.

Understanding Depression & Techniques for Coping, Friday April 28th, 2 - 3:30pm. Join April Boykin, MSW, LCSW with Counseling Resource Services to learn more about depression, including the difference between feeling down and depression, as well as techniques for how to cope with the symptoms. RSVP to 321-751-6771.

SUPPORT GROUPS

Loss, Grief & Bereavement Support Group, Thursdays April 13th and 27th, from 10-12pm. While the feelings and emotions associated with grief and loss are unique and individual to each person, one often can find comfort from the experiences of others. Limited seating must RSVP to 321-751-6771. Facilitated by VITAS Healthcare.

Parkinson's Support Group, Wednesday April 19th, 10 - 11am. Come and share ideas, make new friends at the Parkinson's Discussion Group. Bring your questions and let us discuss our experiences and feelings as we deal with Parkinson's disease. RSVP to 321-751-6771.

Alzheimer's & Dementia Support Group, Wednesday April 19th, from 2 - 3pm. The group encourages caregivers to maintain their own personal, physical and emotional health as well as optimal care for the person with dementia. RSVP call 321-751-6771.

Veterans Resources Q & A, Wednesday April 26th, from 11 - 12pm. This group is for Veterans and families to. Facilitated by Michael Tucker, MSW, Veterans Liaison, VITAS Healthcare. RSVP call 321-751-6771.

RETURNING EVENTS

Questions About Your Hearing? Personal Hearing Solutions, Every Monday from 9:30-3pm. Sandra Wagner will be on hand to share information & answer your questions about hearing loss and solutions to it for a safe and healthy lifestyle. For more information, stop by or call 321-253-6310.

Ask the Realtor, Oceans Realty Florida, Every Monday from 9 - 12pm, and Thursday from 1 - 3pm. Barbara Asinari, Realtor with Oceans Realty is available to answer your real estate questions, whether you're buying or selling, NO OBLIGATION. For more information or to make an appointment call 321-751-6771.

Book Club - Legacy Club, Thursday afternoons from 1 - 2pm. Join us to read thought provoking literature and participate in lively discussions. Sponsored by the Legacy Club. RSVP 321-751-6771 to reserve your seat.

THE CLUB ACTIVITIES - Membership \$1 weekly - New members are welcome!

The Club each Monday 9-1pm This active senior club meets weekly for board & card games, speakers, monthly birthday celebrations, and much more. Join the fun!

CONTACT INFORMATION:

Audrey Chow-Jones, Client Relations Manager
Audrey@oneseniorplace.com
 One Senior Place, 8085 Spyglass Hill Road
 Viera, FL 32940 (321) 751-6771

APRIL 2023 SENIOR CALENDAR (continued)

Wickham Park Senior Center 2785 LEISURE WAY, MELBOURNE 321-255-4494 bcscwp.org

WEDNESDAY PROGRAMS

- Billiards** - 8:30 am-4:30 pm
- Duplicate Bridge** - 12:30-4:00 pm
- Euchre** - 6:00-9:00 pm
- Jazzercise Lo** - 8:30-9:30 am
- Tai Chi** - 8:30-9:15 am
- Mah Jongg - Chinese** - 1:00-4:00 pm
- Rummikub** - 1:00-4:00 pm
- Water Color Instruction** - 9:45am - 12:30 pm

THURSDAY PROGRAMS

- Billiards** - 8:30 am-4:30 pm

- American Mah Jongg** - 9:00 - 12:00 noon at 10:00 am
- Strength & Flexibility** - 9:30-10:30 am
- Oil Painting Class** - 3rd Thursday
- Bunco** - 12:30 - 4:00 pm - 1st & 3rd
- Rubber Bridge** - 1:00-4:00 pm
- Shuffleboard Open Practice** - 6:30 pm

FRIDAY PROGRAMS

- Billiards** - 8:30 am-4:30 pm
- Jazzercise Lo** - 8:30-9:30 am
- Tai Chi - Wednesday** - 8:30-9:30 am
- Hand & Foot** - 8:45 am - 12:00 noon
- Bingo** - 11:15 am - 2:00 pm - Doors open

- Pinochle** - 12:15-4:00 pm
- Dealers Choice Poker** - 1:00-4:00 pm
- Senior Law** - 4th Friday 2:00-4:00 pm

SATURDAY PROGRAMS

- Billiards** - 8:30 am - 12:30 pm
- Shuffleboard Open Practice** - 9:00 am - noon
- Duplicate Bridge** - 12:30 - 4:00 pm
- Rubber Bridge** - 12:30 - 3:30 pm

Monday - April 24th
10:30am-11:30am
Helping Seniors Info Series

"Your Financial Checklist" with Expert Speaker Liz Oroz, Financial Advisor and Limited Partner with Edward Jones. Don't miss the valuable time to determine best steps to ensure you have a good plan so that things move the way you would like them to move in your financial decisions.