



Helping You Get  
Your Ducks in a Row!

## Life Planning: Your Senior Living Options Checklist.

Plus: Paying for Senior Living; Promoting Safety & Independence;  
Treasuring Our Elders & a Message from Joe.





The 2023 Dodge Challenger

The 2023 Chevrolet Camaro

2023 Dodge v Chevy Challenge.

The Final Showdown

The 7<sup>th</sup> Annual Helping Seniors Car Raffle

You choose the winning car! Dodge v Chevy - or pick a Kia Sportage, Mazda Miata, or Mitsubishi Outlander.



The 2023 Kia Sportage

The 2023 Mazda Miata

The 2023 Mitsubishi Outlander



6p-9p - Saturday - Oct 7<sup>th</sup> 2023 - Grand Drawing Celebration

1 ticket for \$25 or 5 tickets for \$100 Donation.

**HelpingSeniorsCarRaffle.com**

Tickets Online or by calling 321-473-7770

Get tickets at all **Boniface-Hiers** Dealerships.



Base model provided. Upgrade at winner's cost/discretion. Need not be present to win. See Official Rules for complete details. Helping Seniors of Brevard is a Florida 501(c)(3) Nonprofit.

Let's Go Sailing!

MSC Seaside - Oct 12<sup>th</sup> and/or Oct 15<sup>th</sup> 2023  
from Port Canaveral with your friends from Brevard County!



Travel is Better with Friends.  
HelpingSeniorsTravelClub.com



President's Message

A Word from Joe Steckler,  
Our President & Founder



I wish it were possible for me to greet each of you by name, but that would be an impossible task for many reasons. Still, I wish it could be done for without the friends we have accumulated over the years since first opening in October of 2011, we could never have accomplished the things that we have been able to do.

Conversely, during the same period I have witnessed the passing of many of these people who have given so much to help us build the care facilities that we have here in Brevard. Here I am speaking to the three Alzheimer's care centers in Micco, Melbourne, and Titusville and now the Senior Resource Center, which OMNI owner Dr. Deligdish has made possible for us in the OMNI Health Care Building on Apollo Boulevard.

In a short time, all but one office in the Center has been spoken for by healthcare organizations. The importance of senior health care is being more widely recognized as it should be. Seniors are valuable contributors to our community and have given much to the general well-being of our community. Sadly, I see more of these fellow seniors being taken advantage of by others.

One final safety note as we head into summer. The carrying of concealed weapons has become more widely accepted, and I understand most reasons for doing so. Still, I ask that each of you that carries, do so in a responsible manner. I remember early in my military career that I was told to never pull and point my weapon unless I had a valid reason for doing so. Doing so can result in many outcomes so be careful and aware of your actions. Having a permit is one thing, using a weapon quite another.



Need Help?  
321-473-7770







# Helping Seniors Of Brevard



## Help Us Keep Going!

*Kerry Fink, Executive Director  
Helping Seniors of Brevard*



## Have You Thought About This?

*Nancy Deardorff, Operations Director  
Helping Seniors of Brevard*

Welcome to June 2023! We have never been more excited about the opportunity to do greater and better things in our efforts to Help Seniors here in Brevard County and surely, we can count the ways:

Our Senior Resource Center, located in the beautiful Omni Professional Tower on the medical campus in Melbourne, is getting underway full-speed-ahead and stay tuned about a special “Welcome” event coming in July 2023 as we get all the furniture moved in and the dust settled!

Our efforts with our Senior Housing Task Force are also gaining traction - as we embark on a series of Housing Counseling workshops and special focus on assisting those who are finding themselves in the awkward situation of becoming housing “unstable”, through no fault of their own, due to the “heated-up” housing market here in Florida.

Our media education efforts are expanding as well. In addition to our daily TV broadcasts on Space Coast Government TV (4x daily Mon-Fri), our weekly radio program, and our publication efforts with our friends at Senior Scene® Magazine, we are also amping up our Senior Education series that has been taking place at Buena Vida Estates to now include a return to Zon Beachside. (Not to mention a whole slew of workshops and classes coming soon to our own Senior Resource Center!)

All that to say, we need your help to keep us going! As a non-profit, we rely on your generosity to support our work. Make a donation for a Helping Seniors Car Raffle ticket (or 5 or 10!), Come sail with us on our Helping Seniors Foundation Cruise, have your business become a “Sponsor” of Helping Seniors and/or simply make a donation to our cause - working to make life better for all Seniors who call Brevard County home!

Helping Seniors of Brevard, a local grass roots non-profit, was founded in 2011 with a mission to improve the quality of lives for seniors here in Brevard County and beyond by providing information, education, advocacy, and resources to seniors. We are a small organization but, as I often say, big things come in small packages.

We believe that knowledge is power, and our goal is to help seniors develop a personal aging plan by “getting your ducks in a row.” We provide this information and education through a variety of means, including our monthly newsletter, our Helping Seniors radio and TV programs, our live Senior Education series, and our Senior Information Line.

We are excited about our new Senior Resource Center located in the Omni Professional Tower at 1344 S. Apollo Blvd, suite 2-C; be on the lookout for the grand opening announcement. Our new Senior Resource Center will house our Helping Seniors of Brevard office, as well as other senior focused businesses.

We know that information is power, and our goal is to empower seniors to make informed decisions. Each month we explore a different topic important to seniors. Check out this month’s articles on your senior living options.

We operate on a very frugal basis, and it is our donors and sponsors that make Helping Seniors possible. Thank you to our donors and sponsors. We continue to need your support so that together we can continue Helping Seniors of Brevard.

**Helping Seniors** is here to serve you, call us anytime at **321-473-7770** or go to our website at [www.HelpingSeniorsofBrevard.org](http://www.HelpingSeniorsofBrevard.org).





## Get Your Ducks in a Row: Plan for a Long Life

*Denise Bergman, CSA, CDP  
Senior Care Authority Brevard*

Americans are living longer and, according to the U.S. Census Bureau, when the last of the baby boomers reach age 65 in 2029, they will represent more than **20%** of the population, numbering about **60 million** people. Because about two-thirds of the 65-plus population requires some form of long-term care, aging Americans will create unprecedented demand for senior living and health care options.

Planning ahead for senior living is important because it allows individuals to have more control over their own lives and to make informed decisions about their future. Waiting until a crisis occurs can often result in rushed decision-making, limited options, higher costs, and increased stress for both seniors and their loved ones.

You don't have to do this on your own though. It is highly recommended to work with a local professional when planning for senior living. Professional advisors, such as financial planners, elder law attorneys, insurance brokers specializing in long term care and Medicare plans, placement agencies, geriatric care managers and other experts have the knowledge and expertise to help seniors and their families make informed decisions about their future.

Why is it important to work with a local professional? A local professional will have you covered for the following important reasons:

- ✔ **Knowledge of the local market:** A local professional has firsthand knowledge of the senior living communities in the area, including their reputation, amenities, and costs. They can help seniors and their

families identify the communities that best fit their needs and preferences.

- ✔ **Familiarity with local resources:** A local professional is familiar with the local resources available to seniors and can help them access services and programs that can enhance their quality of life.
- ✔ **Expertise in navigating the process:** Planning for senior living options can be complex and overwhelming. A local professional has experience navigating the process and can provide guidance on the paperwork, negotiations, and coordination with healthcare providers and other professionals involved in the process.
- ✔ **Personalized guidance:** Each senior has unique needs and preferences, and a local professional can offer personalized guidance based on those needs. They can help seniors and their families make informed decisions about the type of care and living arrangements that will best suit their individual circumstances.
- ✔ **Advocacy and support:** A local professional can be an advocate for seniors and their families throughout the entire process, ensuring that their needs are met, and their voices are heard.

Working with a local professional can provide seniors and their families with the expertise, objective advice, comprehensive planning, and access to resources they need to make informed decisions about senior living. It's important to remember that there is assistance available and a variety of senior living options that may suit the needs and preferences of you or a loved one when the time comes.

By planning ahead, some common, but important questions that aging Americans often find themselves asking are, "What is senior living?" and "How do I pay for senior living?"

*(Continued on page 5)*





## Get Your Ducks in a Row: Plan for a Long Life

*Denise Bergman, CSA, CDP  
Senior Care Authority Brevard*

*(Continued from page 4)*

### Types of Senior Living

There are various senior living options, each offering different levels of care and support, as well as specific amenities and activities to meet the needs and preferences of older adults. Some of the most common types of senior living options are:

- **Aging in Place:** When an older adult lives in their own home or with family.
- **Independent living communities:** Designed for older adults who are generally healthy and active but may want to downsize their living space and have access to on-site amenities and social activities.
- **Residential Care Home:** Small facilities (usually converted single-family home) that offer personalized service to small groups. They're also known as adult family homes, board and care homes, or personal care homes.
- **Assisted living facilities:** Facilities that provide support with daily living activities, such as bathing, dressing, and medication management, for older adults who require some level of assistance with these tasks.
- **Memory care communities:** Specialized communities for seniors with dementia, providing a secure environment and specialized care for their needs.
- **Continuing care retirement communities:** Communities that offer a continuum of care, ranging from independent living to skilled nursing care, allowing residents to age in place as their needs change.
- **Skilled nursing facilities:** Facilities that provide 24-hour medical care and rehabilitation

services for seniors with more complex medical needs.

It is important to plan for senior living options before it is too late because it allows older adults and their families to have more control over the decision-making process and to choose the option that best meets their needs and preferences.

### How Do I Pay for Senior Living?

Many people residing in senior living communities use a combination of options to finance the care and services they may require as they age. Some of those options include:

- ☑ The sale of a family home and/or other investments
- ☑ Income from Social Security and other pensions
- ☑ Personal retirement savings
- ☑ Assistance from family
- ☑ Long-term care insurance
- ☑ The Veterans Aid and Attendance Program
- ☑ Medicare (does not pay for custodial care however can be used in some instances for qualified home health care costs)
- ☑ Medicaid – may be available on a limited basis to income eligible seniors – also the community must accept Medicaid

Pricing varies within senior living communities and is often based on size and location of an individual apartment or residence, types of services requested, and level of care needed.

In summary, planning ahead for senior living with a local professional allows seniors to maintain control over their lives, prioritize their health and wellness, and have peace of mind about their future. By doing so, they can avoid being caught off guard by unexpected events and make informed decisions about their future needs.

Most importantly, you don't have to do this on your own! There are great local professionals and resources available to you in Brevard that deeply care about our senior community.





## Promoting Safety & Independence

*Jital Patel, OTR/L, CFPS, DRS  
Coastal Occupational Therapy*

### Exploring Senior Living Options and Mobile Services in Brevard County, Florida

As the senior population continues to grow, it's important to explore the various options available for senior living that prioritize both safety and independence. In Brevard County, Florida, this trend is particularly evident. According to the U.S. Census Bureau, as of 2020, Brevard County has a population of approximately 603,000, with about 27% of the population aged 65 or older.

The aging population in Brevard County is expected to continue to increase significantly as the baby boomer generation enters their senior years. By 2030, it's projected that seniors will make up 31% of the county's population. This demographic shift highlights the need for comprehensive senior care options that cater to the unique needs and preferences of older adults in the area.

To address these needs, a range of senior living options are available in Brevard County. Whether seniors choose to live in their own homes or in senior living facilities, the availability of mobile services, such as mobile therapy, labs, and nurses, can play a crucial role in ensuring their well-being.

For seniors who opt to age in place in Brevard County, mobile services offer a valuable resource. Mobile therapy services bring physical, occupational, and speech therapy directly to seniors' homes, providing personalized care in familiar surroundings. Additionally, mobile lab services offer the convenience of medical testing without the need to travel to medical facilities. In-home nursing care can also be arranged, ensuring regular check-ups, medication management, and general healthcare needs are met.

For seniors choosing senior living facilities in Brevard County, incorporating mobile services is equally important. Many senior living communities have partnerships with mobile service providers, allowing residents to receive therapy, lab tests, and healthcare services within the facility itself. This integration ensures that residents can access necessary care conveniently and efficiently.

The presence of mobile services within senior living facilities in Brevard County not only enhances safety and independence but also addresses the unique needs of the aging population. Mobile services enable prompt medical attention, preventive care, and personalized attention, ultimately improving the overall well-being of seniors.

In conclusion, the aging population in Brevard County, Florida, is on the rise, and it's crucial to consider the specific needs of seniors when evaluating senior living options. Incorporating mobile services, such as in-home therapy, mobile lab services, and in-home nursing care, ensures the safety, independence, and well-being of seniors. By leveraging these services, seniors in Brevard County can make informed decisions about their living arrangements and age with dignity, security, and a high quality of life.

**Coastal Occupational Therapy:  
Providing Mobile Therapy Services and  
Specializing in Falls Prevention and Driving  
Rehabilitation for Brevard County Seniors.  
Call 321-361-8040**



**COASTAL OCCUPATIONAL THERAPY**  
KEEP LIFE MOVING





## Treasuring our Elders

*Traci Graf, RN  
AVID Home Care*

Many other cultures respect and treasure their elders and can be socially shamed if they put elderly parents into a facility. The Confucian teaching of filial piety influences the Japanese, Chinese, and Korean people. About 75% of elderly Japanese live with their adult children. They believe they raise their children to eventually take care of them. China has an “Elderly Rights Law” that mandates adult children visit their parents frequently, no matter how far away they live. In India and Nepal, it is tradition that the newlywed couple moves in with the groom’s parents.

Unfortunately, the same cannot be said about American society. In Brevard, 145,900 people are over age 65. Despite making up 24% of our county’s population, senior citizens are often overlooked, their opinions dismissed. This is ageism, a form of discrimination in which the capabilities of people are assumed to be poor due to their age.

Despite having an aging population, many Americans still have a bias against aging and a fear of getting older. American culture seems to have the belief that aging comes with a decrease in physical attractiveness, everyday tasks and learning new things, while other cultures agree that with age comes general knowledge, wisdom, and respect.

Senior citizens built our community through hard work and dedication. Suggesting things like moving them to another state is insulting. Instead, we should strive to make seniors feel more valued.

So how do we show respect for our elders without offending them? Ask an elderly person for advice or to teach you a skill. Be patient—if an older person is taking a little longer to do something or needs assistance, remember all the knowledge they have from living so long. The great thing about getting older is that you don’t lose all the other ages you’ve been!



## Who Pays for a Nursing Home?

*Kara Anderson  
Simplifying Senior Living*

When it comes to living options for seniors, failing to plan ahead can be costly – emotionally, financially, and physically. What ARE the options for paying for a nursing home?

Skilled nursing facilities are often short-term solutions to a medical incident causing the need for more care temporarily. The stay is paid for by Medicare and secondary insurance plans. Long-term stays, on the other hand, can be a very expensive living option. Current monthly rates for shared rooms in local nursing homes can range from \$250 - \$425 per day. Basic room and board are just the starting point with care levels, therapies, and other billable services added on.

Long-term care insurance often covers nursing home care at a pre-determined daily rate that can be paid indefinitely or for a period defined at the time of purchase. Long-term care policies are priced according to the length of time and per day benefit you choose. If you have a parent going into a nursing home, be sure to ask if they have a policy. These are often forgotten even though premiums have been paid for a very long time!

The last option to help pay for a long-term nursing home stay is Medicaid. Medicaid Managed Care offers services to Florida’s most vulnerable citizens through the cooperation of several state agencies including the Agency for Health Care Administration, the Department of Children and Families, and the Department of Elder Affairs.

For any senior staying in a nursing home, the anxiety regarding costs can be overwhelming. Be sure to make long-term care planning a part of your overall family plan, including how to pay for the services you expect while in their care. Knowledge is power! Consultation with an elder law attorney and the creation of a financial plan can go a long way in providing peace of mind when a crisis occurs.





## Paying for Senior Living

*Katie Jackson Stolz*  
Attorney, Probate & Public Benefits  
Law Office of Amy B. Van Fossen, P.A.

Two benefits seniors may be eligible for are VA Pension with Aid & Attendance or Florida Medicaid.

VA Pension is a tax-free benefit that can be direct deposited to eligible veterans or the surviving spouses of eligible veterans. It is a non service connected benefit.

When analyzing if one qualifies for this benefit, we look at the dates the veteran served, medical need and expenses, assets, and income. If the veteran or surviving spouse is eligible, then they could be entitled to up to \$2,642 per month (\$31,074 per year) depending on whether they are married, single, or the surviving spouse. Two married veterans qualify for even more.

There are many different types of Medicaid. One of those is available to seniors who reside in a nursing home. The price of nursing homes in the area ranges from approximately \$9,000 to \$13,000 per month. However, if the senior obtains Medicaid, then the amount they pay is a significantly lower amount and is based on income.

One of the most common misconceptions is that a family needs to “spend down” all of their assets to qualify for Medicaid. This simply is not true. In Florida, there are many strategies that can be utilized to protect assets and still obtain Medicaid in a nursing home.



*“Striving to protect the people you love, the assets you own,  
and the dreams you hold dear”*

321-345-5945

[www.AmyBVanFossen.com](http://www.AmyBVanFossen.com)

211 E. New Haven Avenue, Melbourne, FL 32901



## Osteoporosis Drug Associated Infections

*Lee Sheldon, DMD*  
Sheldon and Furtado, PLLC

You’ll see the problem listed on the label of the drugs used for osteoporosis. It’s called osteonecrosis of the jaw (ONJ), the death of bone tissue. We find this rarely, but it is worth knowing if you are on bisphosphonates or monoclonal antibody medications for osteoporosis.

Here’s what’s written on the label of one of these drugs:

*“Osteonecrosis of the jaw (ONJ), which can occur spontaneously, is generally associated with tooth extraction and/or local infection with delayed healing, and has been reported in patients taking bisphosphonates, including BONIVA. Known risk factors for osteonecrosis of the jaw include invasive dental procedures (e.g., tooth extraction, dental implants, boney surgery), diagnosis of cancer, concomitant therapies (e.g., chemotherapy, corticosteroids), poor oral hygiene, and comorbid disorders (e.g., periodontal and/or other pre-existing dental disease, anemia, coagulopathy, infection, ill-fitting dentures). The risk of ONJ may increase with duration of exposure to bisphosphonates.”*

We often work with the patient’s physician to “take a drug holiday” prior to a dental surgical procedure. In addition, we will order a C-Telopeptide (CTx) blood test from Quest laboratory to indicate the patient’s ability to heal after surgery. If a drug holiday is indicated as a result of the test, we will wait at least four months before doing another CTx. A CTx of 200 or above is considered to be favorable for treatment.

The risk of ONJ is almost zero if you have been taking osteoporosis drugs for less than three years.

If you anticipate surgical treatment involving the bone in the mouth, let your dentist/surgeon know. He or she will then take a more detailed history and work with your physician to minimize your risk.





# SENIOR SERVICES DIRECTORY

TRUSTED BUSINESSES SERVING BREVARD SENIORS

Online 24/7 - [HelpingSeniorsDirectory.com](http://HelpingSeniorsDirectory.com)

## ADVOCATE & SENIOR PLACEMENT

### Senior Care Authority

2412 Irwin St. #39

Melbourne, FL 32901

[www.seniorcareauthority.com/brevardfl](http://www.seniorcareauthority.com/brevardfl)

321-341-8444



## CARE MANAGEMENT

### Total Long-Term Care Consultant Services

6767 N. Wickham Road #400

Melbourne, FL 32940

[www.TlcConsultantServices.com](http://www.TlcConsultantServices.com)

321-752-0995



## ATTORNEY

### Ruth Rhodes, Esq.

### Rhodes Law, P.A.

1751 Sarno Rd Ste. 2, Melbourne

[www.rhodeslawpa.com](http://www.rhodeslawpa.com)

321-610-4542



## DENTIST

### Sheldon & Furtado, PLLC

2223 Sarno Road, Melbourne

[www.drleesheldon.com](http://www.drleesheldon.com)

321-802-2810



### Law Office of Amy B. Van Fossen, P.A.

211 E. New Haven Ave.

Melbourne, FL 32901

[www.AmyBVanFossen.com](http://www.AmyBVanFossen.com)

321-426-1848; (fax) 321-345-5417



## GENERAL CONTRACTOR/HANDYMAN

### Hansen's Handyman Services & Construction

Remodel, Windows, Doors, Flooring Installation

Family Owned & Operated Since 2007

321-302-9441 • Licensed/Insured

### Truman Scarborough Law Office

239 Harrison St., Titusville

321-267-4770

[www.trumanscarborough.com](http://www.trumanscarborough.com)

### William Johnson, P.A.

140 Interlachen Dr., Suite B

Melbourne, FL 32940

[www.floridaelderlaw.net](http://www.floridaelderlaw.net)

321-253-1667



## GRAB BARS

### Same Day Grab Bars®

3830 S. Hwy A1A 4-113, Melbourne Beach

[www.samedaygrabbars.com](http://www.samedaygrabbars.com)

800-215-7560

## HEALTH

### The Medicine Shoppe Pharmacy

2176 Sarno Rd., Melbourne

[www.melbourne.medicineshoppe.com](http://www.melbourne.medicineshoppe.com)

321-242-2440

### Visiting Nurse Association

391 Commerce Pkwy #240, Rockledge, FL

[www.vnatc.com](http://www.vnatc.com)

321-752-7550

## AUDIOLOGY

### Personal Hearing Solutions

8085 Spyglass Hill Rd., Melbourne

321-253-6310

[www.personalhearing.org](http://www.personalhearing.org)

## CARE MANAGEMENT

### Emerald Care Management LLC

Karen Wernlund, B.S. Psy.

321-622-8030 Care Consultant &

Guide to Independent Living

## HOME BUILDERS

### Monarch Homes of Brevard

Model: 1728 Tullagee Ave., Melbourne

[www.monarchhomesofbrevard.com](http://www.monarchhomesofbrevard.com)

321-806-3948







# SENIOR SERVICES DIRECTORY

TRUSTED BUSINESSES SERVING BREVARD SENIORS

Online 24/7 - [HelpingSeniorsDirectory.com](http://HelpingSeniorsDirectory.com)

## HOME REPAIR

### Coastal Claims Services

Cristin Taylor, Public Claims Adjustor  
[www.coastalclaims.net](http://www.coastalclaims.net)  
321-537-9180



## IN HOME CARE

### Avid Home Care, LLC (non-medical)

2425 N. Courtenay Pkwy Ste 10  
[traci@avidhomecareservices.com](mailto:traci@avidhomecareservices.com)  
321-392-3400



### Best Care Private Duty Nursing

7951 Ron Beatty Blvd., Micco, FL 32976  
[www.bestcaresfl.com](http://www.bestcaresfl.com)  
321-750-5303

### Seniors Helping Seniors

1103 W Hibiscus Blvd, Ste 400  
[www.seniorcarebrevard.com](http://www.seniorcarebrevard.com)  
321-722-2999



## INSURANCE & FINANCIAL SERVICES

### Care Plus Health Plans

[www.careplushealthplans.com](http://www.careplushealthplans.com)  
321-751-7645



### Health Plan Marketplace / Bruce Williams

1127 S. Patrick Dr. Ste. 1, Satellite Beach  
[www.BWilliamsInsurance.com](http://www.BWilliamsInsurance.com)  
321-543-3495

### Marisa Mitchell

Independent Insurance Broker  
[MarisaYMitchell@gmail.com](mailto:MarisaYMitchell@gmail.com)  
321-233-1535 x101



### Medicare Solutions – Jerry Hadlock

Helping you unlock the Medicare confusion  
601 E. Strawbridge Ave. Melbourne  
321-720-4526 • [jldm253@aol.com](mailto:jldm253@aol.com)



## INSURANCE

### Vicki Moore Licensed Insurance Agent

1344 S. Apollo Blvd, Ste 2-C Rm. 4, Melbourne  
321-272-0218  
[victoriam@medtig.com](mailto:victoriam@medtig.com)



## MEALS AT HOME

### Chefs for Seniors

Nutritious meals prepared in your home  
[www.ChefsforSeniors.com/Melbourne-FL](http://www.ChefsforSeniors.com/Melbourne-FL)  
321-210-6953

## MORTGAGE

### Mutual of Omaha Reverse Mortgage

Barbara McIntyre  
[BMcIntyre@mutualmortgage.com](mailto:BMcIntyre@mutualmortgage.com)  
321-698-4739



## MOVING

### A Mother's Touch Movers

321-253-6040  
Senior, Military & Veteran Discounts!  
Packing/Unpacking! Storage Available!

## OCCUPATIONAL THERAPY

### Coastal Occupational Therapy

Mobile Outpatient Therapy Service  
321-361-8040  
[www.coastaltherapyfl.com](http://www.coastaltherapyfl.com)



## PHARMACY SERVICE

### Canadian Meds of Melbourne

1344 S. Apollo Blvd, Ste 2-C Rm. A, Melbourne  
321-754-6976  
[www.canadianmeds-melbourne.com](http://www.canadianmeds-melbourne.com)



## PRINTING

### Allegra Design, Print, Mail

[www.allegrarockledge.com](http://www.allegrarockledge.com)  
321-242-1006





# SENIOR SERVICES DIRECTORY

TRUSTED BUSINESSES SERVING BREVARD SENIORS

Online 24/7 - [HelpingSeniorsDirectory.com](http://HelpingSeniorsDirectory.com)

## REAL ESTATE / DOWNSIZING

**Dr. Kimberly Turner - Seniors Real Estate Specialist / Certified Financial Planner**

321-451-4988

[info@doctorkimberlyturner.com](mailto:info@doctorkimberlyturner.com)

**James Shurte P.A.**

Downsizing & Estate Sales

6905 N. Wickham Rd. #110, Melbourne

321-271-1670

[jshurte@kw.com](mailto:jshurte@kw.com)

**Next Chapter Real Estate Inc.**

Debbie Beard, Broker 321-298-5562

55+ Real Estate & Downsizing Expert

[www.NextChapterFlorida.com](http://www.NextChapterFlorida.com)

**Team Taranto Keller Williams Realty**

Downsizing Experts

2020 Highway A1A Unit 107, IHB

321-961-2871

[team@teamtaranto.com](mailto:team@teamtaranto.com)



## SENIOR LIVING / MEMORY CARE

**Hibiscus Court Assisted Living and Memory Care Community**

540 E. Hibiscus Blvd, Melbourne

[www.slm.net](http://www.slm.net)

321-345-9830



**Zon Beachside**

1894 S. Patrick Drive

Indian Harbour Beach, FL 32937

[www.zonbeachside.com](http://www.zonbeachside.com)

321-777-8840



## TRAVEL

**Helping Seniors of Brevard Travel Club**

Merritt Island, FL 32952

[travelcenterusa@gmail.com](mailto:travelcenterusa@gmail.com)

(321) 978-5211 • Chris & Betty

We create "trips of a lifetime" for seniors



**Got a Dollar?**

**Join the Helping Seniors Services Directory and find more!**

Literally \$1 a day is all it takes to join the growing number of businesses with your listing added to our Helping Seniors/Senior Scene® Magazine monthly Senior Service Directory!

Published center-section of each monthly issue of Senior Scene® Magazine and available 24/7 at [HelpingSeniorsDirectory.com](http://HelpingSeniorsDirectory.com), our Directory ensures your listing is continuously updated and seen by more than 10,000 Seniors in Brevard County every month.



**SENIOR SCENE®**  
Magazine

**SENIOR SERVICES DIRECTORY**

\$1/day (based on annual commitment) is all it takes and gives you the following visibility:

- ✓ 4-line Business Directory Listing each month, for 12 months, in the print edition of Senior Scene® Magazine- in up to 14,000 copies distributed free-of-charge at 500+ pickup locations around Brevard County.
- ✓ Full Business Directory Listing for 12 months at [HelpingSeniorsDirectory.com](http://HelpingSeniorsDirectory.com) as well as in the digital editions of Helping Seniors News and Senior Scene® Magazine.

Let's get started! Call Helping Seniors today at (321) 473-7770 or connect via email online at [Info@HelpingSeniorsOfBrevard.org](mailto:Info@HelpingSeniorsOfBrevard.org).





# Helping Seniors Of Brevard



## Helping Seniors Platinum Sponsors



**CarePlus Health Plans**  
(321) 751-7645  
CarePlusHealthPlans.com



**Law Office of Amy B. Van Fossen**  
(321) 426-1848  
AmyBVanFossen.com



**Monarch Homes of Brevard**  
(321) 806-3948  
MonarchHomesofBrevard.com



**Sheldon & Furtado, PLLC**  
(321) 802-2810  
DrLeeSheldon.com



WILLIAM A. JOHNSON, P.A.  
FLORIDA ELLER LAW

**William A. Johnson, P.A.**  
(321) 253-1667  
FloridaElderLaw.net



**Zon Beachside Assisted Living**  
(321) 777-8840  
ZonBeachside.com



## Helping Seniors Gold Sponsors



**Hibiscus Court Assisted Living**  
(321) 345-9830  
HibiscusCourtMelbourne.net



Mutual of Omaha

**Reverse Mortgage - B. McIntyre**  
(321) 698-4739  
MutualReverse.com



Senior Living and Care Solutions

**Senior Care Authority**  
(321) 341-8444  
SeniorCareAuthority.com/brevardfl



**Wuesthoff Brevard Hospice**  
(321) 253-2222  
LHCGroup.com



## Helping Seniors Silver Sponsors

**Avid Home Care Services**  
(321) 392-3400

AvidHomeCareServices.com

**Canadian Meds of Melbourne**

(321) 574-6976

CanadianMeds-Melbourne.com

**Chefs for Seniors**

(321) 210-6953

ChefsforSeniors.com/Melbourne

**Cristin Taylor (Public Adjuster) - Coastal Claims**

(321) 537-9180

CoastalClaims.net

**Coastal Occupational Therapy**

(321) 361-8040

CoastalTherapyFL.com

**Fyzical Therapy & Balance Center**

(321) 372-3090

Fyzical.com/Indialantic

**Marisa Mitchell - Health Plan Markets**

(321) 361-1040

Facebook MyMitchellInsurance

**Medicare Solutions - Jerry Hadlock, Jr.**

(321) 720-4526

Email JLDM253@aol.com

**Ruth C. Rhodes, Esq. / Rhodes Law P.A.**

(321) 610-4542

RhodesLawPA.com

**Seniors Helping Seniors**

(321) 722-2999

SeniorCareBrevard.com

**Team Taranto - Keller-Willaims Realty**

(321) 676-0185

TeamTaranto.KW.com

**Total Long-Term Care Consultant Services**

(321) 752-0995

TLCConsultantServices.com

**Vicki Moore - Licensed Insurance Agent**

(321) 272-0218

VictoriaM@MedTig.com

**Helping Seniors Travel Club**

(321) 978-5211

HelpingSeniorsTravelClub.com

## Grow Your Business.

Become a Helping Seniors Business Partner.

Call Us

(321) 473-7770







*Helping*  
**SENIORS**  
**TRAVEL CLUB**

# 2023 3<sup>RD</sup> ANNUAL FOUNDATION CRUISE HELPING SENIORS OF BREVARD

Oct 12th & Oct 15th 2023 - 3- 7- or 10-Night Cruise Round Trip Port

**3 Cruises to Choose From!**



Sail with your friends and your Helping Seniors friends from Brevard County on the luxurious MSC Seaside! Choose our 3-night weekend getaway to Ocean Cay Marine Preserve, our 7-night sailing to Costa Maya, Cozumel and more, or come with us for the entire fun sailing!

Take a 3-night getaway,  
Explore the 7-night sailing  
or join us for 10-nights  
of fun and luxury!



**BACK TO SEA SPECIAL:**  
Special Pricing.  
Call for Details!



**Special Musical Guest**

Lorri "I'd Like to Teach the World to Sing" Hafer

Lorri Hafer - who was lead singer in the "Hillside Singers", who had the world-wide hit with "I'd Like to Teach the World to Sing" - is a renowned Jazz/Big Band Singer who has toured the world with the Glenn Miller Orchestra, Buddy Morrow & the Tommy Dorsey Orchestra, Les Brown & his Band of Renown, and more.



MSC Seaside rewrites the rule book of cruise ship design, combining indoor and outdoor areas to connect you with the sea like never before. MSC Seaside features a unique seafront promenade lined with places to eat, drink, shop, swim and sunbathe. And you can enjoy superb views from two glass-floor catwalks and panoramic elevators.



**3rd Annual  
Helping Seniors Foundation Cruise**

- \* Cabin \* All Port Charges \* All Taxes \* Gratuities
- \* Travel Insurance \* Drink Package \* Wifi Package
- \* All Meals \* Hafer Trio Private Entertainment
- \* Special Events \* Private Cocktail Party \* Admin Fee
- \* Fundraising Donation - Helping Seniors of Brevard
- \* Work-Out Facilities \* World Class Spa \* Great Dancing

**EARLY BOOKING INCENTIVE - Call for Special Pricing!**

- 10-nights - as low as \$1,141 pp - or choose Balcony at \$1,421 pp
  - 7-night - as low as \$823 pp - or choose Balcony at \$983 pp
  - 3-night - as low as \$376 pp - or choose Balcony at \$496 pp
- (all inclusive pricing based on double-occupancy and includes amenities as listed above!)

**Contact:**  
Helping Seniors of Brevard Travel Club  
Chris Morse 818-430-1480 Cell  
Cruising the Sea of Excellence



Helping Seniors of Brevard is a Florida 501(c)(3) Nonprofit. Helping Seniors of Brevard - P.O. Box 372936 - Satellite Beach, 32937PO. Box FL. 32937. The Helping Seniors Travel Club is operated by Senior Travel division of The Travel Center CST # 20000881-10 FST # 14672 - who is solely responsible for all travel arrangements. A portion of travel commissions from Helping Seniors Travel Club Members travel funds the Helping Seniors Endowment.