

# JUNE 2023 SENIOR CALENDAR

CONTACT EACH OF THESE LOCATIONS TO GET CURRENT EVENT AND ORGANIZATION INFORMATION.

**55+ Club of Satellite Beach** 1089 S PATRICK DR, SATELLITE BEACH 321-773-6458 55plusclubofsb.com

**Bingo each Monday at SB Civic Center, doors open 9:30am, game begins 11am.** Card fees apply.

**Line Dancing Tuesdays and Thursdays** at Schechter Community Center, 1pm-2pm. Fee paid at the door.

**Game Night each Wednesday** at Schechter Community Center, 6-9pm. Free!  
**Walking Group each Tuesday 8am-9am**

**and Wednesday/Thursday 8am-9:30am** at Schechter Community Center Gym. Free!

**Martin Andersen Senior Center** 1025 S FLORIDA AVE, ROCKLEDGE, FL 32955 321-631-7549 martinanderseniorcenter.com

**MONDAY**  
**Andersen Quilters** 9:00-12:00  
**Bone Builders** 9:00-10:00  
**Busy Fingers Crafts** 9:00-11:00  
**Intermediate Tap** 10:30-12:00  
**Party Bridge** 12:15-4:00  
**Belly Dance** 12:30-1:30  
**Spanish Class** 1:00-2:00

**TUESDAY**  
**Art & Painting** 9:00-12:00  
**Morning Stretch & Exercise** 9:00-10:30  
**\*SHINE Counselor** 9:45-11:45

**Choral Group** 10:00-12:00  
**Grief Counseling** 2nd&4th Tues 10:00-12:00  
**Canasta** 10:00-2:00  
**Basic Line Dancing** 10:30-11:30  
**Line Dancing** 12:00-1:30  
**Gentle Yoga** 2:00-3:00  
**Tai Chi** 2:00-3:00

**WEDNESDAY**  
**Bone Builders** 9:00-10:00  
**TOPS** 9:30-11:00  
**Writing Workshop** 9:30-11:30  
**Video Exercise** 11:30-12:30

**Spanish Conversational Class** 12:30-2:30  
**Book Club** (3rd Wed) 12:00-1:00 (bring your lunch)

**THURSDAY**  
**Water Colors (Begin/Inter)** 9:00-12:00  
**Pinocle** 10:00-3:00  
**Gentle Yoga** 10:30-11:30  
**Morning Stretch & Exercise** 9:00-10:30  
**\*SHINE Counselor** 9:45-11:45  
**Open Game** 10:00-12:00  
**Intermediate Tap** 10:30-12:00  
**Sewing Circle (4th Thurs)** 10:30-1:00

**Karaoke** 11:00-3:00  
**Chair Stretch & Balance** (2nd&4th) 2:00-2:50

**FRIDAY**  
**Art & Painting** 9:00-12:00  
**Bone Builders** 9:00-10:00  
**Party Bridge** 12:15-4:00  
**Video Exercise** 11:30-12:30  
**Spanish Class-Beginner Plus** 1:00-2:00  
**Ballroom Dancing Class** 2:00-3:00  
**SATURDAY**  
**Dance** 2nd&4th Sat 7:00-10:00pm

REVIEW BREVARDFL.GOV/PUBLICLIBRARIES WEBSITE FOR LIBRARY EVENT UPDATES.  
CONTACT EACH OF THESE LOCATIONS TO GET CURRENT EVENT AND ORGANIZATION INFORMATION.

**Mims/Scottsmoor Public Library** 3615 LIONEL RD, MIMS 321-264-5080

**Book Sale and Bake Sale**  
April 3-7  
**Computer Basics Class**  
Tuesdays, 10:00-11:00AM or 11:00AM-12:00PM  
**Hooks and Needles**

Tuesdays, 1:00PM - 2:00PM  
**Line Dancing Class with "Dance Lady"**  
Mondays, 12:00PM - 2:00PM Fee: \$5 per class.  
**Crafternoon**  
First Wednesday, 2:00PM-3:00PM. Materials

are provided. **"cancelled for April"**  
**Book Club**  
First Thursday, 1:30PM  
**Painting Class**  
First Thursday, 6:00PM Fee is \$10 and covers

all supplies. Registration is required as space is limited. **"cancelled for April"**  
**Cook the Book Club**  
Third Thursday, 6:00 PM

**Palm Bay Library** 1520 PORT MALABAR BLVD NE, PALM BAY 321-952-4519

**Satellite Beach Library** 751 JAMAICA BLVD, SATELLITE BEACH 321-779-4004

**South Mainland Library** 7921 RON BEATTY BLVD, SEBASTIAN 772-664-4066

**Suntree-Vierra Public Library** 902 JORDAN BLASS DR, MELBOURNE 321-255-4404

**AARP Driver's Course**  
June 3, 9am-4pm. To register for this class call AARP at (904)501-2311.  
**Sit-n-Stitch** 1-3pm. An embroiderer, knitting, crochet group that meets first & third Wednesdays.  
**TGIF Seaside Piecemakers** 9am-1pm. A quilting group that meets second & fourth Fridays.  
**Neighbors Book group**, 2-4:30pm, meets 3rd Thursday

**Non-Fiction book club**, 3-5pm, meets fourth Tuesday  
**Brevard Investment Education Group** 10:30am-1pm. A group that meets to talk about stock market investments. Meets second Mondays.  
**International Plastic Modelers** 6-7:45pm. A group who meet to show and speak about plastic models. Meets second Tuesdays.  
**ANA Coin Talk with Bob** 6-7:45pm.

Speak with Bob about old coins you have. Meets fourth Tuesdays.  
**Suntree Library book club**. Meets fourth Wednesdays.  
**Seaside Quilt Show Group**, 1-5pm, meets first Monday  
**Wednesday Art Group**, 1:30-4pm. Meets second Wednesday  
**Multiple Myeloma support group**, 10:30am-12:30pm, meets 4th Monday  
**Space Coast Poets**, 5:30-7:30pm. Meets

3rd Tuesday  
**Seams Unique Fiber Artists (SUFA)** 10am-3pm, meets 3rd Monday  
**Books are ALWAYS Better Book Club** 6:30pm-7:45pm, 3rd Friday  
**Space Coast Modern Quilting Guild (SCMQG)** 9am-12pm, 3rd Wednesday  
**American Numismatic Association (ANA) Coin Talk with Bob** 6-7:45 PM, 4th Tuesday

**Eau Gallie Civic Center** 1551 HIGHLAND AVE, MELBOURNE 321-608-7400

**Joseph N. Davis Community Center** 2547 GRANT ST, MELBOURNE 321-608-7460

**Lipscomb Community Center** 3316 MONROE ST, MELBOURNE 321-608-7450

**Wickham Park Community Center** 2815 LEISURE WAY, MELBOURNE 321-608-7490

**Woody Simpson Community Center** 1590 SCHOOLHOUSE ST, MERRITT ISLAND 321-455-1379



# JUNE 2023 SENIOR CALENDAR (continued)

Freedom 7 Senior Community Center 5000 TOM WARRINER BLVD, COCOA BEACH 321-783-9505

**Monday:**  
**11:00 am: Mahjong:** Drop in and play! Bring your board if you have one! \$2 pp  
**1:00 pm: Bunco**  
**Monday & Wednesday:**  
**9:30 am: Zumba Gold:** Super fun class designed for the over 50 crowd with a licensed instructor. Cost \$5 for F7 Members/\$7 for Non-Members. 1st Class is FREE so come try it out... you won't be disappointed!

**Tuesday:**  
**12:30 pm: Craft Time**  
**Tuesday & Thursday:**  
**9:30 am-10:30 am Strength and Balance!** Get Fit, Improve Balance, and Build Muscle. All levels of fitness welcome. Chair assist is A-okay. Drop In! \$2  
**10:45 am-11:15 am: Indoor Power Stepping** A quick 30-minute "in-place" full body workout that builds cardio and endurance.

Cost of class is \$1 for Freedom 7 members and \$2 for non-members. FIRST CLASS IS ALWAYS FREE!!  
**Wednesday:**  
**11:00 am-11:45 am: Chair Yoga** (No class on Wednesday, May 11th) Breathe, relax, meditate and REPEAT!... without even leaving your seat. Target common areas of weakness and tension with our nationally and multi-certified instructor. \$2 member, \$4 non-member

**12:30 pm: Games with Friends**  
**1:00 pm: Scrabble**  
**2 pm: Book Club-** Monthly Book Club Every 3rd Wed of the month at 2pm.  
**Thursday:**  
**10:45-11:15 am-Mat Yoga!** We provide cushy mats and beginner levels. \$1-2  
**1:00 pm: Bingo**

North Brevard Senior Center 909 LANE AVENUE, TITUSVILLE, FL 32780 321-268-2333 nbsc.com

**MONDAY-THURSDAY**  
**Billiards** 9AM-3PM \$2/\$3 NBSC (321)268-2333  
**MONDAY**  
**No. Brevard Line Dance** 10AM-12:30 PM \$3/\$4 Yvette (321) 225-4872  
**Gentle Yoga** 11:30am-12:30pm \$5/\$6 Cindy 321-576-2782  
**Golden Hearts Senior Fitness-** Monday 1PM-2PM \$5/\$6 Robin 321-514-5945  
**Mexican Train Dominoes** 1PM-3PM \$2/\$3, Joanne (321)267-5923  
**Hand & Foot** 1pm-3:30PM \$2/\$3 Donna (407) 808-5237  
**Poker** 10AM-2PM \$2/\$3 321-591-5156  
**Bunco** 1PM-3PM Carol 332-268-8087 Sharon (321)383-7927  
**Zumba** 6:00PM-7:00PM \$5/\$6 Robin (321)514-5945  
**TUESDAY**  
**Pinochle** 10AM-2PM \$2/\$3 Rachel

(321)537-5322  
**Muscle Memory Strength Balance** 10:00AM-11AM Natine (321)609-0999  
**Tap & Jazz** 11AM-12PM \$2/\$3 Marsha (321)264-2776  
**Connie's Card Making** (2nd Tues) 11:30AM-12:30PM \$4/\$5, Connie (410) 598-3755  
**Mahjong** 12:30 PM-3:30PM \$2/\$3 Andi (321)385-3595  
**Party Bridge-** 12:30PM-3:30PM \$2/\$3 Mary (321) 607-2200  
**Darling Damsels Bridge-**1PM-3:30PM \$2/\$3 Kathy (321) 268 4827  
**Tai Chi**, 1PM-2:30PM \$3/\$5 Ada (321) 848-4689  
**Zumba Toning** 6pm-7pm \$5/\$6 Robin 321-514-5945  
**WEDNESDAY**  
**Bridge Lessons** by Appt \$10 Rick (863)640-5798

**Zumba Gold** 9:15AM-10:15AM \$5/\$6 Robin (321)514-5945  
**Golden Hearts Senior Fitness-** Wednesday 11AM-Noon \$5/\$6 Robin 321-514-5945  
**Hurricane Rug Hooking** (2nd& 4th Wed) 10AM-2PM \$2/\$3 Fonda (321-298-2796  
**ACBL Duplicate Bridge** 12PM-3:00PM \$2/\$3 Judy (901) 336 1306  
**Line Dance Class-Beginners** 4:00PM-5:30PM \$3/\$4 Ferrell (321)267-0195  
**Line Dance Class** 5:30PM-6:30PM \$3/\$4 Ferrell (321)267-0195  
**Line Dance Class** 6:30PM-7:30PM \$3/\$4 Barbara (321)452-1944  
**THURSDAY**  
**Bingo** (Play begins at 10AM) 9AM-2:30PM Varies (#of cards played) Cat (321) 231-1135  
**Singles Club Planning Mtg** (1st Thurs)4pm Call Jean for location (321) 352-2359  
**Tai-Chi** -Thursday 1PM-2PM \$3/\$5 Ada

321-848-4689  
**Zumba** 6:00PM-7:00PM \$5/\$6 Robin (321)514-5945  
**Zumba Gold Tone/Chair-** Thursday 11AM-Noon \$5/\$6 Robin 321-514-5945  
**FRIDAY**  
**Euchre** -Friday 10AM-1PM \$2/\$3 Barbara 321-750-2679  
**Shuffleboard** 10AM-12PM \$2/\$3 Bill (321)544-1430  
**Muscle Memory Strength Balance** 10:00AM-11AM \$2/\$3 Natine (321)609-0999  
**Billiards** 9AM-12PM \$2/\$3 NBSC (321)268-2333  
**No Brevard Line Dance** 12PM-2PM \$3/\$4 Yvette 321-258-6534  
**Line Dance Social** (1st and 2nd Fri) 6PM-9PM \$5 Ferrel 321-267-0195  
**SUNDAY**  
**Intermed./Adv'd Line Dance Class** 2PM-4PM \$3/\$4 Pat (321)268-2333

Palm Bay Senior Center 1275 CULVER DRIVE NE, PALM BAY 321-724-1338 gpbsc.org

**MONDAY PROGRAMS**  
**Billiards, Morning** 8:30am-noon  
**Billiards, Ladies** noon-3:30pm  
**Bocce** 9-11am  
**Bone Builders** 9:15-10:15am; 10:30-11:30am (Dr's permission req'd)  
**Bridge** 12:15-3:30pm  
**Cornhole** 11:30am-12:30pm  
**Golden Tones** 10am-noon (On break until Sept)  
**Ping Pong** 1-3:30pm  
**Poker:** Straight 10am-2pm; Noon-3:30pm  
**Sensible Weight Loss with Friends** 9-10am  
**Shuffleboard (Indoor)** 1-3pm  
**Travel Office** open 9am-2pm  
**Vets-to-Vets Cafe** 3:30-5:00pm (4th Mondays)  
**Woodshop** 8am-12pm  
**TUESDAY PROGRAMS**  
**Billiards, Morning** 8:30am-12pm  
**Billiards, PM** 12-4pm

**Hand & Foot** 11:30am-3:30pm  
**Fitness Fun** 9:15-10:15am  
**Mah Jongg (Asian)** 12:30-3:30pm (1st & 3rd Tues)  
**Ping Pong** 1-3:30pm  
**Poker, Straight** 10am-2pm  
**Poker, Straight** 6-9:30pm  
**Sassy Senior Cheerleaders** 4-6pm (On break until Sept)  
**Travel Office** open 9am-2pm  
**Wood Shop** 8am-noon  
**Wii Bowling** 10:30am-12:30pm  
**WEDNESDAY PROGRAMS**  
**Bargain Thrift Corner** 9am-12pm  
**Billiards, Open Play** noon-4pm  
**Bingo** 11:30am-3:30pm Doors open at 9am. Food available to purchase  
**Bone Builders** 9:15-10:15am; 10:30-11:30am (Dr's permission req'd)  
**Bridge** 9:30am-12pm  
**Darts** 4:30-6pm (2nd & 4th Weds)

**Golf** (Crane Creek on 192) 9:20am  
**Travel Office** open 9am-2pm  
**Woodshop** 8am-12pm  
**THURSDAY PROGRAMS**  
**Art Class** 9:30-11:30am  
**Bargain Thrift Corner** 9am-12pm  
**Billiards, Morning** 8:30am-noon  
**Billiards, PM** noon-4pm  
**Euchre** 12:30-3:30pm  
**Mah Jongg (American)** 12-3:30pm  
**Movie Night** 6:30-9:30pm  
**Ping Pong** 1-3:30pm  
**Pinochle** 11-3pm  
**Scrabble** 9:30am-noon  
**Travel Office** open 9am-2pm  
**Woodshop** 8am-noon  
**Yoga, Chair** 10:30-11:30am  
**FRIDAY PROGRAMS**  
**Bargain Thrift Corner** 3-6pm  
**Billiards, Open Play** 12-4:00pm

**Bingo** 6:00-10:00pm Doors open at 4pm. Food available to purchase  
**Bocce** 9-11am  
**Bridge** 12:15-3:30pm  
**Crafts** 9:30-11:30am  
**Knotty Habit** 9:30-11:30am  
**Poker, Straight** 12-3:30pm  
**Travel Office** open 9am-2pm  
**Wood Shop** 8am-noon  
**SATURDAY PROGRAMS**  
**Saturday Night Dance** 6:30-9:30pm Jan-Oct (Last Saturday of month)  
**Tour our facility** any weekday 8:30am to 4pm. Our Center is run 100% by volunteers. Consider becoming a member and volunteering.  
**The Center is available to rent** for seminars, adult birthdays, baby showers, anniversaries, weddings, etc.

Wickham Park Senior Center 2785 LEISURE WAY, MELBOURNE 321-255-4494 bcscwp.org

**MONDAY PROGRAMS**  
**Billiards** 8:30 am-4:30 pm  
**Bones & Balance** - 10:00-11:00 am  
**Duplicate Bridge** - 12:30-4:00 pm  
**Jazzercise Lo** - 8:30-9:30 am  
**Hand & Foot** - 9:00 am-12:00 noon  
**Friendly Poker** - 1:00-4:00 pm  
**QiGong-Tai-Chi** - 8:30-9:30 am  
**Mah Jongg - American** - 12:00-3:30pm  
**Pinochle - 12:15-4:00 pm**  
**Shuffleboard League** - 6:30 pm (April 12 to May 31)  
**TUESDAY PROGRAMS**  
**Billiards**- 8:30 am-4:30 pm

**Chair Yoga - 3:00-4:00 pm**  
**Rogue Bridge 12:15-4:00 pm**  
**Bingo** - 11:15 am - 2:00 pm - Doors open at 10:00 am  
**Dealers Choice Poker**- 1:00- 4:00 pm  
**Line Dancing for Fun & Exercise** - 4:15-5:30 pm  
**WEDNESDAY PROGRAMS**  
**Billiards**- 8:30 am-4:30 pm  
**Duplicate Bridge** - 12:30-4:00 pm  
**Euchre** - 6:00-9:00 pm  
**Jazzercise Lo** - 8:30-9:30 am  
**Tai Chi**- 8:30-9:15 am  
**Mah Jongg - Chinese** - 1:00-4:00 pm

**Rummikub** - 1:00-4:00 pm  
**Water Color Instruction** - 9:45am - 12:30pm  
**THURSDAY PROGRAMS**  
**Billiards** - 8:30 am-4:30 pm  
**American Mah Jongg** - 9:00 - 12:00 noon  
**Strength & Flexibility** - 9:30-10:30 am  
**Oil Painting Class** - 3rd Thursday  
**Bunco** - 12:30 - 4:00 pm - 1st & 3rd  
**Rubber Bridge** - 1:00-4:00 pm  
**Shuffleboard Open Practice** - 6:30 pm  
**FRIDAY PROGRAMS**  
**Billiards** - 8:30 am-4:30 pm

**Jazzercise Lo** - 8:30-9:30 am  
**Tai Chi- Wednesday** - 8:30-9:30 am  
**Hand & Foot** - 8:45 am - 12:00 noon  
**Bingo** - 11:15 am - 2:00 pm - Doors open at 10:00 am  
**Pinochle** - 12:15-4:00 pm  
**Dealers Choice Poker**- 1:00- 4:00 pm  
**Senior Law** - 4th Friday 2:00-4:00 pm  
**SATURDAY PROGRAMS**  
**Billiards** - 8:30 am - 12:30 pm  
**Shuffleboard Open Practice** - 9:00 am - noon  
**Duplicate Bridge** - 12:30 - 4:00 pm  
**Rubber Bridge** - 12:30 - 3:30 pm





**One Senior Place**  
8085 Spyglass Hill Road,  
Viera, FL 32940  
321-751-6771

## JUNE 2023 ONE SENIOR PLACE EVENTS

See the complete calendar of events at  
[www.OneSeniorPlace.com](http://www.OneSeniorPlace.com)

**FREE Liver Scans**, Monday June 5th, and Wednesday June 21st, from 10 - 2pm. ClinCloud is offering FREE Fibroscans the FIRST Monday (unless it's a holiday) and THIRD Wednesday of each month at One Senior Place. Please call 321-751-6771 to schedule your half hour appointment.

**FREE Memory Testing**, Tuesdays June 6th, and 20th, from 11 - 3pm. Merritt Island Medical Research will be offering free memory screenings the FIRST and THIRD Tuesdays of each month at One Senior Place. Please call 321-305-5015 to schedule an appointment.

**Benefits of Pre-Planning your Cremation Seminar**, by National Cremation, Wednesday June 7th, from 11 - 1pm, REPEATS Thursday June 22nd, from 2 - 4pm. Join us for a FREE informational seminar to learn more about the benefits of preplanning your cremation. Learn about affordable options and savings, Veterans Benefits, travel & relocation protection plan and more. Seating limited MUST RSVP to 321-751-6771.

**Top 10 Estate Planning Mistakes That Can Cost Your Heirs Money**, Thursday June 8th, 10 - 11:30am. Presented by the Estate Planning & Elder Law Centers of Brevard. It is important to plan for incapacity beforehand so that your medical and financial needs can be met. Paying for long-term care is another topic that we will discuss. RSVP to 321-751-6771.

**Movie Matinee with Rhodes Law, PA**, Thursday June 8th, at 2pm. Hosted by Rhodes Law, P.A. Join us as we watch this classic "Play the Game", and enjoy movie treats! MUST RSVP to 321-751-6771.

**Learn Basic Life Saving Techniques**, Senior Health Friday with Nurse Lisa, Friday June 9th, from 10 - 11am. Presented by Nurse Lisa and Bonnie McClelland, CCEP, Steward Cardiac, Pulmonary and Vascular Rehabilitation. RSVP to 321-751-6771.

**Understanding Acid Reflux**, Ask the Doctor Lunch & Learn Series, Tuesday June 13th, 11:30 - 1pm. Presented by Emanuela Biban, MD, Medical Science Liaison with ClinCloud Research. Lunch provided by ClinCloud Research for all registered attendees. RSVP required, call 321-751-6771.

**BINGO!**, Tuesday June 13th, 2 - 3:30pm. Brought to you by Florida Health Care Plans. Play free, win prizes, fun for all! Participation is limited, RSVP required, call 321-751-6771.

**Alternative Techniques for PAIN**, Thursday June 15th, from 12 - 1pm. Presented by Aquatic Health & Rehab. Aquatics, Laser, MPS, Graston Technique, Strain/Counterstrain, Massage/Manual Therapy. For more information and to RSVP, call 321-253-6324.

**Quit YOUR Way, Free Tools to Quit Program**, Friday June 16th, from 12 - 1:30pm. Programs cover all forms of tobacco. FREE: Nicotine replacement patches, gum or lozenges \*if medically appropriate and 18 years of age or older. Participant workbook & materials. Presented by Tobacco Free Florida, MUST register by calling 407-716-6392.

**Estate Planning Seminar**, Tuesday June 20th, at 10am. Elder Law Attorney William A. Johnson, P.A. will present. Limited seating must RSVP to 321-751-6771.

**Help Group, MAC User Group Meeting**, Tuesday June 20th, from 5:30 - 7pm. If you have questions about your iPad, iPhone, MacBook or Apple Watch, or you want to know how some apps work, this meeting is for you. RSVP to 321-751-6771. Presented by Jim DeLaura, RJFS and MAC Mad.

**The Law Academy presents Graduation and Q & A Panel**, Wednesday June 21st, at 10am. The Law Academy presented by Rhodes Law, PA. Limited seating must RSVP to 321-751-6771.

**The Longest Day**, Wednesday June 21st, from 12 - 4pm. Please join us as we shine a light on Alzheimer's Disease and related Dementias by gaining support, awareness and resources needed to help fight and stand up to the darkness! Dementia LIVE Training, memory testing, chair massages, and meet the One Senior Place Resident Businesses. Pre-registration is required. RSVP to 321-751-6771.

**Sex & Aging**, Friday June 23rd, from 2 - 3:30pm. Join April Boykin, MSW, LCSW with Counseling Resource Services, as we explore in this workshop how sexual behavior and desire change throughout the lifespan. Sexual behavior and desire are influenced by biological, psychological, social, and cultural factors. RSVP to 321-751-6771.

**AARP Smart Driver Course**, Monday June 26th, from 9 - 4pm. This driving refresher course from AARP Driver Safety will be offered at One Senior Place. This course is open to drivers of all ages and costs \$20 for AARP members and \$25 for non-members. This class is taught by certified volunteer instructor Ernie Edwards, call 719-648-1052 to secure your seat.

**Planning for Incapacity in Order to Avoid Guardianship Proceedings**, Tuesday June 27th, 10 - 11:30am. Presented by the Estate Planning & Elder Law Centers of Brevard. This seminar will discuss what documents help avoid a guardianship and what the process is if a guardianship is necessary. RSVP to 321-751-6771.

**Legislative Affairs Update and Chapter Overview**, Wednesday June 28th, from 1 - 2:30pm. Legislative Update from MOAA's Advocacy in Action event in Washington D.C. Led by COL. Steve Bond, USA Ret. Vice President of MOAA's Florida Council of Chapters. Followed by an overview of the Cape Canaveral Chapter and its charitable foundations. Call to 321-751-6771 for more information and to RSVP.

**Medicaid Planning Seminar**, Thursday June 29th, at 10am. Elder Law Attorney William A. Johnson, P.A. will present. Limited seating must RSVP to 321-751-6771.

**Hearing Loss [= Brain Stress]**, Lunch and Learn Seminar, Friday June 30th, from 11 - 1pm. This presentation brought to you by Personal Hearing Solutions and Clinical Education Specialist from Widex. During this presentation, you will learn how living with hearing loss negatively affects our ability to think and what we can do about it. Boxed lunch provided, must RSVP to 321-751-6771.

### SUPPORT GROUPS

**Loss, Grief & Bereavement Support Group**, Thursdays June 8th and 22nd, from 10-12pm. While the feelings and emotions associated with grief and loss are unique and individual to each person, one often can find comfort from the experiences of others. Limited seating must RSVP to 321-751-6771. Facilitated by VITAS Healthcare.

**Parkinson's Support Group**, Wednesday June 21st, 10 - 11am. Come and share ideas, meet new friends at the Parkinson's Discussion Group. Bring your questions and let us discuss our experiences and

feelings as we deal with Parkinson's disease. RSVP to 321-751-6771.

### RECURRING EVENTS

**Questions About Your Hearing?** Personal Hearing Solutions, Every Monday from 9:30-3pm. Sandra Wagner will be on hand to share information & answer your questions about hearing loss and solutions to it for a safe and healthy lifestyle. For more information, stop by or call 321-253-6310.

**Ask the Realtor**, Oceans Realty Florida, Every Monday from 9 - 12pm, and Thursday from 1 - 3pm. Barbara Asinari, Realtor with Oceans Realty is available to answer your real estate questions, whether you're buying or selling, NO OBLIGATION. For more information or to make an appointment call 321-751-6771.

**Book Club - Legacy Club**, Thursday afternoons from 1 - 2pm. Join us to read thought provoking literature and participate in lively discussions. Sponsored by the Legacy Club. RSVP 321-751-6771 to reserve your seat.

**THE CLUB ACTIVITIES** - Membership \$1 weekly - New members are welcome!

**The Club each Monday 9-1pm** This active senior club meets weekly for board & card games, speakers, monthly birthday celebrations, and much more. Join the fun!

### CONTACT INFORMATION:

**Audrey Chow-Jones, Client Relations Manager**  
Audrey@oneseniorplace.com  
One Senior Place, 8085 Spyglass Hill Road  
Viera, FL 32940 (321) 751-6771

### Helping Seniors Info Series

#### Friday - June 2nd, 10:00am-11:00am

Join Helping Seniors beachside for the June's Community Information Series Presentation "Your Senior Living Options Checklist - Don't Try This on Your Own" with Guest Panelists Rachel McLain (Law Office of Amy B Van Fossen); Danica Scuderio-Carluccio (Advocates for the Aging, Inc.) and Ashleigh Caswell (Rolle IT).

This meeting takes place at Zon Beachside, 1894 S Patrick Drive in Indian Harbour Beach and, as always, the event is free - as are the coffee & snacks.

RSVP (321) 473-7770 or  
[HelpingSeniorsofBrevard.org/SRCB](http://HelpingSeniorsofBrevard.org/SRCB)

#### Monday - June 26th, 10:30am-11:30am

Join Helping Seniors for the Community Information Series Presentation "Your Senior Travel Checklist - Don't Try This on Your Own" with Special Needs Certified Travel Agent Chris Morse (Helping Seniors Travel Club/The Travel Center).

Our meeting takes place at Buena Vida Estates: 2129 W. New Haven Avenue in Melbourne and, as always, the event is free - as are coffee & snacks - and those with RSVP's also receive Take Home Lunch!

RSVP (321) 473-7770 or  
[HelpingSeniorsofBrevard.org/SRCB](http://HelpingSeniorsofBrevard.org/SRCB)