



Helping Seniors Of Brevard

News from Helping Seniors Non-Profit

January 2024



SENIOR RESOURCE
CENTER OF BREVARD

Making Your Aging Plan in 2024.

Don't Be an Ostrich!



**Inside: Making Your Aging Plan.
The Helping Seniors Health & Wellness Series.
How to Find a Good Doctor.**



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President's Message

A Word from Joe Steckler,
Our President & Founder



2023 was a very special year in many respects. The car raffle was a record for us as we raised \$155,000. This amount enabled us to establish a small operational reserve, which is a milestone event for any small nonprofit.

We also created our Helping Seniors Endowment and have \$45,000 in it. While this may not seem a huge amount, the fact that we have an endowment with money in it is significant. We are now writing the operating instrument for its use but funds most likely will not be distributed from it until we reach \$100,000. Annual disbursements from the fund will not exceed what we are able to place in it yearly since we want it to grow.

We officially opened the Senior Resource Center, and all offices are occupied. Already we have conducted several events to promote the Center occupants and highlight their abilities to assist seniors. I encourage you to visit the Center and become familiar with its capability to assist Brevard seniors and those who care for them.

On a personal note, I was nominated for Florida Today's Volunteer Senior Citizen Award and was one of three finalists. While I did not receive the award the promotional publicity really benefited Helping Seniors. My last personal comment is that on December 20, I was 90 years old.

Other than the fact that I am still in the wheelchair with my knee problems, I manage to do most of what needs to be done with the help of Terry and some great friends, especially my Poker Group buddies. One of the biggest problems we have as we age, in my opinion, is maintaining our strength. As you get older do everything you can to maintain your strength as it will serve you well.

Thank you for your help to Helping Seniors. Without it we would not have had the many successes which we did. Each of you are special to me and our organization and are mentioned in my daily prayers. Many thanks and best wishes for a successful 2024.



Need Help?
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About Joe. :-)

*Kerry Fink, Executive Director
Helping Seniors of Brevard*

Recently honored by Florida Today as one of three Citizen of the Year finalists in their Volunteer Recognition Awards, Joe Steckler himself hit a new milestone - turning 90 years old on December 20th - and he is still working hard to help seniors in Brevard! As Florida Today noted,

“Joe Steckler, founder and president of Helping Seniors of Brevard — a nonprofit that connects seniors with information and services around the county — started working with the elderly population about 33 years ago. He was a naval officer, and his last assignment was as the commanding officer of a naval retirement home. After a couple of years there, he came to Brevard, where he quickly began working with seniors, helping those with Alzheimer’s, dementia and everyday needs that come with getting older. He plans to continue his work as long as he can.”

Joe, who got Brevard Alzheimer’s Foundation rolling - they still call them “Joe’s Clubs” to this day - keeps good things happening for Seniors through the Helping Seniors nonprofit, now in our 13th year of service!

To recognize his amazing contributions (still daily!) on behalf of Seniors in Brevard, Helping Seniors honored Joe by dedicating our expansive Senior Resource Center, appropriately enough, “Joe’s Senior Resource Center,” by unanimous Board vote on December 21, 2023. Come check out the Center and its host of senior friendly businesses, located in the Apollo Professional Tower at 1344 S. Apollo Boulevard, Suite 2-C, in Melbourne.

Let’s continue side-by-side with Joe in the good work of Helping Seniors!



Food for Thought

*Nancy Deardorff, Operations Director
Helping Seniors of Brevard*

A very Happy New Year to all. This is the time of year when many decide to make new year’s resolutions, but sadly many of us won’t stick to our resolutions past January.

Perhaps it is because people make too many resolutions, or resolutions are not realistic. Some even give up making new year’s resolutions all together.

There is one resolution though, that I urge all our readers to consider and stick to, and that is the resolution to get and stay informed and educated and to develop your personal aging plan, and Helping Seniors of Brevard is here to help you do just that.

Helping Seniors of Brevard provides information, education, advocacy, and resources with a mission to improve the quality of life of seniors in Brevard, and we do this in a variety of ways from Helping Seniors Radio, Helping Seniors TV, our newsletter available every month in Senior Scene Magazine, and our many live senior education programs presented through the year.

Our large network of professionals and subject matter experts in their field can assist you with issues important to seniors, help you find the help you need, and help you as you develop your personal aging plan.

So, friends, I invite you to join me in making a resolution for 2024 to get and stay informed and educated as Helping Seniors helps guide you to “Get Your Ducks in a Row.”

Helping Seniors is here to serve you, call us anytime at **321-473-7770** or go to our website at www.helpingseniorsofbrevard.org.



Let's Get Your Ducks in a Row.

Making Your Aging Plan in 2024



Helping Seniors Founder & President Joe Steckler knows a thing or two about aging - he just celebrated his 90th Birthday! - and he has always talked about the importance of developing your OWN "Aging Plan." We in Florida understand a "Hurricane Plan" - we don't want a hurricane, but we do want to be prepared should one head our way. Similarly, an "Aging Plan" is a "roadmap" to help us avoid, if possible, and be prepared, if necessary, for the "storms" life might throw at us on our journey.

For sometime now, we have adopted a fun "barnyard" euphemism for this that we call "Getting Your Ducks in a Row" - and we, at Helping Seniors, have tasked ourselves with helping you to do that simply and effectively.

As we begin 2024, filled with our New Year's Resolutions, let's tackle our "sub-themes" and then preview our steps along the way this year so we can accomplish our Aging Plan outlines in this year!



Step One: Let's Resolve to "Get Our Ducks in a Row."

As they like to say, the longest journey begins with a single step and so let's begin the New Year with the idea in mind that we can (and will) organize along the 7 key areas we will study this year in our Helping Seniors News editions published each month center-section in Senior Scene® Magazine.

So, in February 2024, we'll begin with building block #1 - "Your Wellness" and focus on that as Chapter 1 of your "Aging Plan." From there, we'll move forward with Your Legal Plan, Your Financial Plan, Your Living Safely at Home Plan, Your

Living Beyond Your Current Home Options, as well as Your Transportation/Organization Options and, then, rounding out our 7 Steps to Your Aging Plan - our Medicare Options.

Along the way, we'll hear from experts who can best guide us in thinking through the points we are advised to consider. That brings us to corollary #1 that we learned last year:

Corollary #1: Don't Try This On Your Own!



In this day of easy access to internet, we often tempted to DIY (Do-It-Yourself) through an online search. (We all know, by the way, that EVERYTHING we read on the internet is true - right?) Often, an exhaustive world wide web search leaves us tired from the travel and likely more confused than when we began the journey.

We are also bombarded with so many commercials that we see on TV offering that "easy" solution simply by calling 1-800-Something-or-Other, all promoted by someone we loved seeing in our favorite TV shows back in the day. Here, we end up calling a well-meaning call center - perhaps located in Iowa or Omaha - who, quite likely, does their own internet web search to provide "research", same as you might do on your own computer. (Except you, at least are local, and they are not!)

In our Helping Seniors world, where we are 100% local to Brevard County and a non-profit who has no particular viewpoint to "sell", we hear from callers when these self-helps go wrong. It sure looks like Satellite Beach and Palm Bay are close together when, sitting in the midwest call center, you are finding local help via an online map - but what might look convenient on a computer screen, may not be the case when we take into account actual roads, stoplights and traffic patterns here-to-there.

Not only that, both the internet and 800# solutions may not be geared specifically for Florida laws and situations - and something you might come up with could end up being very harmful at the exact moment you need that to work flawlessly. Ask any good Elder Law Attorney - they can tell you how much it costs to get them involved after-the-fact- when a critical document fails to perform, sometimes for the simplest of reasons (a signature was missing, not notarized, etc.), at a moment where a do-over is simply not possible.



Don't Try This on Your Own!

As Nancy Deardorff, Helping Seniors Operations Director, with 33 years Registered Nurse experience likes to say - "How do you know what you don't know?" And, by definition, since Aging is pretty-much "on-the-job" training, most of us don't even understand all the right questions to ask, let alone the optimal solutions.

We have heard it put this way by one of our top local Elder Law Attorneys: "The average person deals with some of these events once or twice in a lifetime. We are working with 30-40 of these same occurrences each week."

There is so much excellent 100% local expertise available to you - we are Blessed to live in a county that is 25% 65+ - so many great local resources for Seniors do exist, but you do have to know how to find the right help at the right time and for the right situation you are working to solve.

This is exactly, by the way, why Joe Steckler formed the Helping Seniors non-profit in 2011 to assist Seniors and their families to securely navigate the vicissitudes that can often occur as the years go along. And that brings us directly to this year's corollary:

Corollary #2: Don't be an Ostrich!



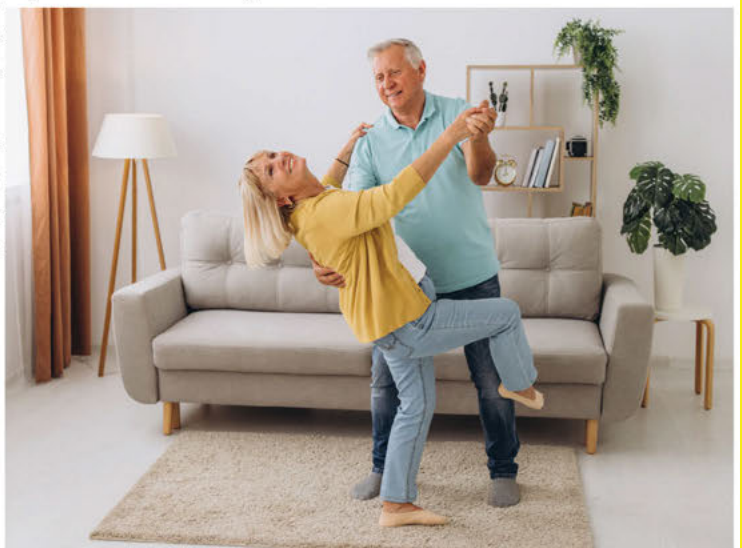
We aren't completely sure how the "Ostrich Head in the Sand" thing began, but we do understand the concept that putting something off and/or ignoring it will not make it go away, and so this becomes our Corollary for 2024. Let's agree together to Get Our Ducks in a Row and confront some of these possible challenges head-on. It's a great way to getting ahead of the Aging Curve. Let's purpose ourselves to "Be Prepared."

Navigating Aging can seem, at times like navigating Class IV rapids. ("Larger waves, narrow passages, and multiple obstacles to avoid requiring precise maneuvering to avoid upset. These rapids tend to be longer, steeper, and more "technical" which translates to turns, spins, and lateral moves across the current." - American Whitewater Association).

With that as our metaphor, we can see why (a) having an expert guide (see Corollary #1 "Don't Try This on Your Own") and (b) planning your route and scouting the rapids ahead (Corollary #2 "Don't be an Ostrich") fit our narrative so well.

Drawing on tales from expert Elder Law Attorneys, they share the sad story of families who walk in after a loved one has had a stroke and became suddenly incapacitated, all with out "paperwork" - leaving the family with the only option of the expensive and time-consuming (because of court oversight) route of "Guardianship." Each attorney has lamented the fact that a few hundred dollars of legal fees to properly plan ahead, could have easily negated the cost - many thousands of dollars - let alone the time and hassle of working through the court system after the fact.

A further advantage of joining the "Don't be an Ostrich" club is that you get the advantage of putting things on your timeline and your budget - not when a situation arises that must be dealt with here and now and when inexpensive and more optimal solutions might be available.



The Moral of the Story

Let's Do our Planning and then Go Dancing! (or whatever your favorite past-time is!) As our happy couple above demonstrates - getting our Aging Plan together leaves us free to feel happy and secure that we have thought through good steps for the best rest of our lives. Call us at (321) 473-7770 and let's get this started today - great 100% Local resources exist here in Brevard. Let's GO!



The Wait is Over!

*Janet Whisker
The Residences at Zon Beachside*

The Residences at Zon Beachside is open! We are moving our residents into their new homes in our beautiful independent living community in Indian Harbour Beach, Florida. The Residences has everything you could want in an Independent Living community, from fine dining to extensive amenities for leisure and relaxation.

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“age in place” community, is a plan for your future. Zon has a progressive campus that can provide supportive care that you may need later in life. With

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The Residences beautiful amenities and the robust activities calendar available to you. Don't forget our in-home monitoring in case of a fall or other medical emergency so you can have peace of mind while you stay in your home.

If you have considered this senior living option for your future, now is the time to visit, as the newest retirement destination in Brevard is open with luxury apartments still available. We invite you to our exclusive luxury community to join us for lunch and learn all that The Residences has to offer.



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1898 S. Patrick Drive, Indian Harbour Beach
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www.theresidencesatzonbeachside.com



Why You Should Consider a Live-In Caregiver

*Michael Folkerds
Aqua Home Care*

Seniors typically think of three options when they need help with everyday activities: nursing homes, assisted living, or hourly caregivers in the home. There is a fourth option that most don't know about, called a live-in caregiver.

A live-in caregiver is great for two main reasons, continuity of care and cost.

Continuity of Care: The biggest complaint about in-home care is having a new caregiver all the time. Many companies don't have reliable caregivers or are trying to limit overtime pay resulting in new caregivers showing up often. On a 24/7 hourly case, it's common to have 4-10 different caregivers in a week. Every case is different, but typically live-in caregivers work seven days a week and take a long weekend off every few months. When time off is requested, another live-in caregiver fills in.

Cost: The current daily cost of a live-in caregiver is \$368 per day, or \$15.33 per hour. This price is significantly lower than the hourly rate of \$30 for shift caregivers or \$720 per day.

Having a live-in caregiver requires quiet nights and an extra bedroom/bathroom for the caregiver. Typically, a caregiver waking up 1-2 times at night to help the client is doable. If the client were to require more frequent assistance during the night, it could become physically challenging for the caregiver, and two 12-hour shifts may be necessary.

Who are these caregivers that are okay living in your home? Most live-in caregivers are middle-aged, female, have homes and grown families, and have been a caregiver for 20+ years.

In conclusion, a live-in caregiver can offer a cost-effective and personalized solution to the challenge of providing continuous care for a loved one. The benefits of continuity of care and a lower daily price make this option an attractive choice for many families.



New Year's Medicare Resolutions

*Vicki Moore
Moore Insurance Solutions*

New Year's resolutions often revolve around personal goals, health, and well-being. Here are some potential resolutions related to Medicare:

Review and Understand Your Coverage:

Understand what is covered and any changes that may have occurred. You may have special election periods to make changes even if you missed annual enrollment. A licensed professional can help you.

Stay Informed about Changes:

The government often makes adjustments. Be aware of changes so you can make informed decisions.

Health and Wellness Goals:

Schedule check-ups, screenings, and vaccinations that are covered by Medicare to maintain your health. If you are new to Medicare, have changed plans, or switched doctors, make an initial screening appointment with your new primary care doctor. This allows you to get in quickly as a current patient when it may be imperative to see them.

Medication Management:

Regularly review your medications with your healthcare provider to ensure they are still necessary and explore cost-saving options.

Explore Telehealth Options:

See if your plan covers virtual appointments. This can be a convenient way to access healthcare services, especially for routine check-ups.

Budget for Healthcare Costs:

Create a budget that includes premiums, copayments, and deductibles to help you plan for medical expenses and avoid financial surprises.

Maintain a Healthy Lifestyle: Incorporate regular exercise, a balanced diet, and stress management into your resolutions.

The key is to set realistic and achievable goals. If you have concerns or questions about your Medicare coverage, please call me at 321-272-0218. I am a licensed Medicare agent/broker.



When is This Madness Going to Stop?

*Kevin Kilday, PhD, CRPS-F
Aware Recovery Care*

One in five of today's grandparents provide childcare regularly to their grandchildren. The reasons are numerous - parents' alcohol and drug addictions, physical abuse, incarceration, divorce, financial difficulties, military deployment, and death.

I am only going to focus on addictions due to the epidemic levels of this disorder. Over 40% of children being cared for by a grandparent are there because of at least one parent's addiction.

Family challenges: At a time in life when grandparents are looking forward to enjoying more leisure time, they find themselves feeding babies or planning afternoons around soccer practice.

Financial challenges: Raising a second family also involves unanticipated costs. Grandparents are tapping into retirement savings, going back to work, or staying in the workforce longer just to make ends meet.

Emotional challenges: It can be emotionally difficult to go from being a grandparent who spoils the kids to becoming the disciplinarian. At the same time, it can often be emotionally difficult to help with the relationship with the children's birth parents.

Legal challenges: Attaining legal custody is complex, lengthy, and costly. Without a proper legal arrangement, routine tasks such as enrolling kids in school or obtaining medical care can be difficult.

Health challenges: The full-time caregiver role challenges the physical, mental, and emotional health of grandparents resulting in higher rates of diabetes, heart disease, and depression.

When grandparents are asked if they regret taking on the caregiver role, the answer is "No." They know that they are making a difference. They are providing love, stability, and a home to their pride and joy "their grandchildren, their family."

www.awarerecoverycare.com



How to Find a Good Doctor

*Lee Sheldon, DMD
Sheldon and Furtado, PLLC*

You've just moved to this area. Or maybe you're not happy with the doctor or dentist that you have. Here are my tips for finding a new doctor.

1. Get referrals from people that you know and trust. However, only a dental professional knows the work's quality.
2. Check with someone in a parallel industry for a referral. For example, an anesthesiologist knows a good surgeon.
3. Check online reviews. However, be aware that there are online review programs that screen out bad reviews.
4. Arrive at the doctor's office with a prepared list of questions and ask them. You can assess whether the doctor's values match your own.
5. See if the office staff is calm and supportive. Staff often take on the persona of the doctor. Good staff come from good doctors.
6. Is the doctor listening to you? A doctor who interrupts may be too rushed to appreciate where you are coming from or what you need. If the doctor listens without judgment, it may be a key to whether you will get along. A doctor who appreciates you and then shows why he or she disagrees is far better than one who attacks you or belittles your viewpoint.
7. Do the doctor's recommendations make sense to you? Medicine and dentistry are not so complex that you can't understand the basics. There are pros and cons to every procedure and every recommendation. A good doctor can explain the positives and negatives and give a relative recommendation rather than an absolute recommendation so that you can proceed knowing the risks and rewards.

There is no single doctor that is ideal for every person. You can use these seven tips to narrow down who may be best for you.

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ZonBeachside.com



Sheldon & Furtado, PLLC
(321) 802-2810
DrLeeSheldon.com



William A. Johnson, P.A.
(321) 253-1667
FloridaElderLaw.net



Zon Beachside Assisted Living
(321) 777-8840
ZonBeachside.com



Helping Seniors Silver Sponsors

Avid Home Care Services - (321) 392-3400
AvidHomeCareServices.com

Buena Vida Estates - (321) 351-3082
BuenaVidaEstates.org

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ChefsforSeniors.com/Melbourne

ClinCloud Research - (407) 680-0534
ClinCloudResearch.com

Cristin Taylor - Public Adjuster - Coastal Claims
(321) 537-9180 - CoastalClaims.net

Fyzical Therapy & Balance Center
(321) 372-3090 - Fyzical.com/Indialantic

Marisa Mitchell - Health Plan Markets
(321) 361-1040 - Facebook MyMitchellInsurance

Medicare Solutions - Jerry Hadlock, Jr.
(321) 720-4526 - Email JLDM253@aol.com

Rock Steady Boxing - (321) 693-9246
RockSteadyBoxingBrevard.com

Team Taranto - Keller-Williams Realty
(321) 676-0185 - TeamTaranto.KW.com

Total Long-Term Care Consultant Services
(321) 752-0995 - TLCConsultantServices.com



Helping Seniors Info Series

Helping Seniors Resource Center Events (1344 S Apollo Dr - Ste 2-C - Melbourne)

Title: Food Truck Tuesday
Date: Tuesday, December 2nd, 11:00am - 1:00pm

Call for Information – (321) 473-7770
Call your friends and make it a lunch date! This month it is “Taco Tuesday” with Comer Fuego! Food Truck Tuesday at the Senior Resource Center of Brevard! Get a great lunch - your purchase benefits the work of Helping Seniors - and visit with the great team members at the Center and at OMNI Healthcare!

Title: CarePlus/Omni - Start Strong “Health & Wellness” Series

Date: Thursday, December 25th, 11:00am - 12:30pm

Call for Information – (321) 473-7770

January is a time to “Start Strong” for the New Year and our programs reflect keeping sharp top-of-mind. A great presentation from our friends at CarePlus Health Plans - “Aging Happily” as we as a conversation with Deidra Shubert, Director of Education and Outreach at Merritt Island Medical Research, who also was part of Brevard Alzheimer’s Foundation for many years, and shares on Advances in

Memory Care. After a morning snack break, the interactive “Dementia Live!” program takes center stage with a “hands-on” simulation to help share the challenges of the Dementia journey. Programs brought to you by Care Plus Health Plans, Omni Health Care and Helping Seniors of Brevard. For more information, call 321-477-7770.

More Helping Seniors Events:

Renters of Palm Bay FL Housing Workshop
Saturday – January 20th, 9:00am-12:00nn
Memaw’s BBQ (Banquet Room) - 4916 Babcock St - Palm Bay FL

CALLING ALL SENIORS OF THE CITY OF PALM BAY!!!

Breakfast with the Attorney - Frank Scaglione, Esq., presents on the Florida Eviction Prevention Series from the Florida Bar.

If you are renting your home we have important information that you need to know. Helping Seniors of Brevard and Christian Housing Ministry, Inc have joined forces to help you protect your rights as a renter. Call about our next workshop and schedule a free one on one counseling session TODAY! There is No Charge for this Workshop for Qualified Renters. Space is very limited and open to Residents of Palm Bay FL.

Breakfast & Brain Health-Thursday – January 25th 9:00am
Dottie’s Restaurant - 5275 Babcock St - Palm Bay FL

Presented by Helping Seniors partners ClinCloud - Breakfast & Brain Health at Dottie’s Restaurant with Amanda Fletcher, MD Cognitive Behavioral Neurologist, ClinCloud Research. No cost, RSVP required 407-680-0534

CALENDAR HIGHLIGHTS



Date	Day	8:00am	8:30am	5:00pm
Jan 1	Mon	Life Enrichment	Opening/Closing a New Year	Dental Impant Always Best?
Jan 2	Tue	All About Home Care	Controlling Cost of Prescriptions	What Assisted Living Can Mean
Jan 3	Wed	The Parts of Medicare	Living Beyond Your Current Home	Your Legal Documents Checklist
Jan 4	Thu	New to Florida? Elder Law Here	Real Estate for Seniors	Helping Seniors Directory
Jan 5	Fri	Care Management	Reverse Mortgage - Now is Time?	Senior Travel Safe & Fun
Jan 8	Mon	Senior Info in Senior Scene	Senior Mental Health	3 Reasons for Reverse Mortgage
Jan 9	Tue	How Assisted Living Helps Thrive	Medicare - Questions & Answers	Stay Safe Home or Downsize?
Jan 10	Wed	A Beautiful Smile	Assisted Living & Memory Care	Opening/Closing a New Year
Jan 11	Thu	Great Employment for Seniors	Avoiding Probate	Discounted Prescriptions
Jan 12	Fri	Top 3 Public Benefits Questions	Safe & Secure at Home	Put Kids on House Title?
Jan 15	Mon	Get Your Ducks in a Row - Pt 1	Get Your Ducks in a Row - Pt 2	Care Management
Jan 16	Tue	Helping Seniors Travel Club	Technology & Home Care	Helping Seniors 12 Years Later
Jan 17	Wed	Senior Real Estate	The Vial of Life	The Dirty “D” Word - Dementia
Jan 18	Thu	Reverse Mortgage - Now is Time?	Housing Foundation of America	What Elder Law Attorney Can Do
Jan 19	Fri	Long Term Care Planning	Two Assisted Living Questions	The Parts of Medicare
Jan 22	Mon	Ordering RX at Lower Prices	Golden Providers B2B	Chefs for Seniors
Jan 23	Tue	Finding Good Help at Home	Value of Second Opinion	When is Assisted Living Right?
Jan 24	Wed	Helping Seniors 12 Years Later	Is Assisted Living Right for You?	Getting RX at Best Prices
Jan 25	Thu	Smorgasboard of Legal Matters	Probate - What it is/How it Works	The “Talk” About Assisted Living
Jan 26	Fri	5 Steps to Safely Staying Home	3 Reasons for Reverse Mortgage	Medicare - Questions & Answers
Jan 29	Mon	In Home Care Giving	How Assisted Living Benefits	Debt Relief for Seniors
Jan 30	Tue	Real Estate for Seniors	Trusts	Cosmetic Dentistry
Jan 31	Wed	Checking Out Zon Beachside	The Parts of Medicare	Durable Power of Attorney



Date	Day	Program	Special Guest
Jan 3	Wed	Helping Seniors on Elder Law	Bill Johnson, Esq.
Jan 10	Wed	Helping Seniors on Your Smile	Dr. Lee N. Sheldon
Jan 17	Wed	Helping Seniors on Legal Matters	Amy Van Fosson, Esq.
Jan 24	Wed	Helping Seniors on Help at Home	Jennifer Barton
Jan 31	Wed	Helping Seniors on Hospice/Grief	Elana Pitcher

SENIOR SCENE is on Facebook!

Get updates & info @ [facebook.com/Seniorscene](https://www.facebook.com/Seniorscene)



THE 4TH ANNUAL FOUNDATION CRUISE HELPING SENIORS OF BREVARD

June 9-16 2024 - 7-Night Cruise Round Trip Port Canaveral

Great Family Cruising!



Sail with your friends - and bring your whole family! Meet your Helping Seniors friends from Brevard County on the luxurious MSC Seashore! Make Summer 2024 special on our 7-night sailing to the Ocean Cay Marine Preserve, Costa Maya, Cozumel and more!



4th Annual Helping Seniors Foundation Cruise

- * Cabin * All Port Charges * All Taxes
- * Gratuities * Meals * Drink Package
- * Wi-Fi * Special Events
- * Private Cocktail Party * Admin Fee
- * Donation - Helping Seniors of Brevard
- * Work-Out Facilities * World Class Spa
- * Great Dancing

Balcony - As low as \$1,320 pp including Gratuities
Outside - As low as \$1213 pp including Gratuities
Inside - As low as \$963 pp including Gratuities
 (based on double-occupancy)

Contact:

Helping Seniors of Brevard Travel Club
Chris Morse 818-430-1480 Cell



Helping Seniors of Brevard is a Florida 501(c)(3) Nonprofit. Helping Seniors of Brevard - P.O. Box 372936 - Satellite Beach, 32937PO. Box FL 32937. The Helping Seniors Travel Club is operated by Senior Travel division of The Travel Center - CST # 20000881-10 FST # 14672 - who is solely responsible for all travel arrangements. A portion of travel commissions from Helping Seniors Travel Club Members travel funds the Helping Seniors Endowment.