

JANUARY 2024 SENIOR CALENDAR

CONTACT EACH OF THESE LOCATIONS TO GET CURRENT EVENT AND ORGANIZATION INFORMATION.

55+ Club of Satellite Beach 1089 S PATRICK DR, SATELLITE BEACH 321-773-6458 55plusclubofsb.com

Bingo each Monday at SB Civic Center, doors open 9:30am, game begins 11am. Card fees apply.

Line Dancing Tuesdays and Thursdays at Schechter Community Center, 1pm-2pm. Fee paid at the door.

Game Night each Wednesday at Schechter Community Center, 6-9pm. Free!

Walking Group each Tuesday 8am-9am and Wednesday/Thursday 8am-9:30am at Schechter Community Center Gym. Free!

Martin Andersen Senior Center 1025 S FLORIDA AVE, ROCKLEDGE, FL 32955 321-631-7549 martinanderseniorcenter.com

MONDAY

Andersen Quilters 9:00-12:00
Bone Builders 9:00-10:00
Busy Fingers Crafts 9:00-11:00
Intermediate Tap 10:30-12:00
Party Bridge 12:15-4:00
Belly Dance 12:30-1:30
Spanish Class 1:00-2:00

TUESDAY

Art & Painting 9:00-12:00
Morning Stretch & Exercise 9:00-10:30
***SHINE Counselor** 9:45-11:45

Grief Counseling 2nd & 4th Tues 10:00-12:00
Basic Line Dancing 10:30-11:30
Line Dancing 12:00-1:30
Gentle Yoga 2:00-3:00
Tai Chi 2:00-3:00

WEDNESDAY

Bone Builders 9:00-10:00
TOPS 9:30-11:00
Writing Workshop 9:30-11:30
Video Exercise 11:30-12:30
Spanish Conversational Class 12:30-2:30

New Horizons Concert Band 9am-11am
New Horizons Jazz Band 12pm-2pm

THURSDAY

Water Colors (Begin/Inter) 9:00-12:00
Gentle Yoga 10:30-11:30
Morning Stretch & Exercise 9:00-10:30
***SHINE Counselor** 9:45-11:45
Intermediate Tap 10:30-12:00
Sewing Circle (4th Thurs) 10:30-1:00
Karaoke 11:00-3:00
Chair Stretch & Balance (2nd & 4th) 2:00-2:50

FRIDAY

Art & Painting 9:00-12:00
Bone Builders 9:00-10:00
Party Bridge 12:15-4:00
Video Exercise 11:30-12:30
Spanish Class-Beginner Plus 1:00-2:00
Ballroom Dancing Class 2:00-3:00

SATURDAY

Dance 2nd & 4th Sat 7:00-10:00pm

500+ Pickup Points in Brevard County.

(Get Your Copy of Senior Scene Before It Gets Gone!)

SENIOR SCENE[®]
 Magazine



Let's Go Sailing!

MSC Seashore - June 9th-16th 2024
 from Port Canaveral.
 Very Special All Included Affordable Pricing
 Call Chris or Betty at 321-978-5211 for Details.

Call (321) 473-7770 for Info

HelpingSeniorsTravelClub.com



JANUARY 2024 SENIOR CALENDAR (continued)

Freedom 7 Senior Community Center 5000 TOM WARRINER BLVD, COCOA BEACH 321-783-9505

Monday:
11:00 am: Mahjong: Drop in and play!
 Bring your board if you have one! \$2 pp

Monday & Wednesday:
9:30 am: Zumba Gold: Super fun class designed for the over 50 crowd with a licensed instructor. Cost \$5 for F7 Members/\$7 for Non-Members. 1st Class is FREE so come try it out... you won't be disappointed!

Tuesday:
10:00 am: Crafty Ladies (seasonal)
11:00 am: Euchre

Tuesday & Thursday:
9:30 am-10:30 am Strength and Balance! Get Fit, Improve Balance, and Build Muscle. All levels of fitness welcome. Chair assist is A-okay. Drop In! \$2

10:40 am: Happy Feet
Wednesday:
9:30 am: Zumba Gold
10:45 am: Chair Yoga (No class on Wednesday, May 11th) Breathe, relax, meditate and REPEAT!... without even leaving your seat. Target common areas of weakness and tension with our nationally and multi-certified instructor. \$2 member, \$4 non-member

11:00 am: Pinochle
11:45 am: Posing to the Oldies (seasonal)
Thursday:
10:40 Mat Yoga! We provide cushy mats and beginner levels. \$1-2
1:00 pm: Bingo

North Brevard Senior Center 909 LANE AVENUE, TITUSVILLE, FL 32780 321-268-2333 nbsc.com

MONDAY-THURSDAY
Billiards 9AM-3PM \$2/\$3 NBSC (321)268-2333

MONDAY
No. Brevard Line Dance 10AM-12:30PM \$3/\$4 Yvette (321)225-4872
Gentle Yoga 11:30am-12:30pm \$5/\$6 Cindy 321-576-2782

Golden Hearts Senior Fitness- Monday 1PM-2PM \$5/\$6 Robin 321-514-5945
Mexican Train Dominoes 1PM-3PM \$2/\$3, Joanne (321)267-5923
Hand & Foot 1pm-3:30PM \$2/\$3 Donna (407)808-5237
Poker 10AM-2PM \$2/\$3 321-591-5156
Bunco 1PM-3PM Carol 332-268-8087 Sharon (321)383-7927
Zumba 6:00PM-7:00PM \$5/\$6 Robin (321)514-5945

TUESDAY
Pinochle 10AM-2PM \$2/\$3 Rachel

(321)537-5322
Muscle Memory Strength Balance 10:00AM-11AM Natine (321)609-0999
Tap & Jazz 11AM-12PM \$2/\$3 Marsha (321)264-2776
Connie's Card Making (2nd Tues) 11:30AM-12:30PM \$4/\$5, Connie (410)598-3755
Mahjong 12:30 PM-3:30PM \$2/\$3 Andi (321)385-3595
Party Bridge- 12:30PM-3:30PM \$2/\$3 Mary (321)607-2200
Darling Damsels Bridge-1PM-3:30PM \$2/\$3 Kathy (321)268-4827
Tai Chi, 1PM-2:30PM \$3/\$5 Ada (321)848-4689
Zumba Toning 6pm-7pm \$5/\$6 Robin 321-514-5945
WEDNESDAY
Bridge Lessons by Appt \$10 Rick (863)640-5798

Zumba Gold 9:15AM-10:15AM \$5/\$6 Robin (321)514-5945
Golden Hearts Senior Fitness- Wednesday 11AM-Noon \$5/\$6 Robin 321-514-5945
Hurricane Rug Hooking (2nd& 4th Wed) 10AM-2PM \$2/\$3 Fonda (321-298-2796
ACBL Duplicate Bridge 12PM-3:00PM \$2/\$3 Judy (901)336-1306
Line Dance Class-Beginners 4:00PM-5:30PM \$3/\$4 Ferrell (321)267-0195
Line Dance Class 5:30PM-6:30PM \$3/\$4 Ferrell (321)267-0195
Line Dance Class 6:30PM-7:30PM \$3/\$4 Barbara (321)452-1944
THURSDAY
Bingo (Play begins at 10AM) 9AM-2:30PM Varies (#of cards played) Cat (321)231-1135
Singles Club Planning Mtg (1st Thurs)4pm Call Jean for location (321)352-2359
Tai-Chi -Thursday 1PM-2PM \$3/\$5 Ada

321-848-4689
Zumba 6:00PM-7:00PM \$5/\$6 Robin (321)514-5945
Zumba Gold Tone/Chair- Thursday 11AM-Noon \$5/\$6 Robin 321-514-5945
FRIDAY
Euchre - Friday 10AM-1PM \$2/\$3 Barbara 321-750-2679
Shuffleboard 10AM-12PM \$2/\$3 Bill (321)544-1430
Muscle Memory Strength Balance 10:00AM-11AM \$2/\$3 Natine (321)609-0999
Billiards 9AM-12PM \$2/\$3 NBSC (321)268-2333
No Brevard Line Dance 12PM-2PM \$3/\$4 Yvette 321-258-6534
Line Dance Social (1st and 2nd Fri) 6PM-9PM \$5 Ferrell 321-267-0195
SUNDAY
Intermed./Adv'd Line Dance Class 2PM-4PM \$3/\$4 Pat (321)268-2333

Palm Bay Senior Center 1275 CULVER DRIVE NE, PALM BAY 321-724-1338 gpbsc.org

MONDAY PROGRAMS
Billiards, Morning 8:30am-noon
Billiards, Ladies noon-3:30pm
Bocce 9-11am
Bone Builders 9:15-10:15am;
 10:30-11:30am (Dr's permission req'd)
Bridge 12:15-3:30pm
Cornhole 11:30am-12:30pm
Golden Tones 10am-noon
 (On break until Sept)
Ping Pong 1-3:30pm
Poker: Straight 10am-2pm; Noon-3:30pm
Sensible Weight Loss with Friends 9-10am
Shuffleboard (Indoor) 1-3pm
Travel Office open 9am-2pm
Vets-to-Vets Cafe 3:30-5:00pm (4th Mondays)
Woodshop 8am-12pm
TUESDAY PROGRAMS
Billiards, Morning 8:30am-12pm
Billiards, PM 12-4pm

Hand & Foot 11:30am-3:30pm
Fitness Fun 9:15-10:15am
Mah Jongg (Asian) 12:30-3:30pm (1st & 3rd Tues)
Ping Pong 1-3:30pm
Poker, Straight 10am-2pm
Poker, Straight 6-9:30pm
Sassy Senior Cheerleaders 4-6pm (On break until Sept)
Travel Office open 9am-2pm
Wood Shop 8am-noon
Wii Bowling 10:30am-12:30pm
WEDNESDAY PROGRAMS
Bargain Thrift Corner 9am-12pm
Billiards, Open Play noon-4pm
Bingo 11:30am-3:30pm Doors open at 9am. Food available to purchase
Bone Builders 9:15-10:15am; 10:30-11:30am (Dr's permission req'd)
Bridge 9:30am-12pm

Darts 4:30-6pm (2nd & 4th Weds)
Golf (Crane Creek on 192) 9:20am
Travel Office open 9am-2pm
Woodshop 8am-12pm
THURSDAY PROGRAMS
Art Class 9:30-11:30am
Bargain Thrift Corner 9am-12pm
Billiards, Morning 8:30am-noon
Billiards, PM noon-4pm
Euchre 12:30-3:30pm
Mah Jongg (American) 12-3:30pm
Movie Night 6:30-9:30pm
Ping Pong 1-3:30pm
Pinochle 11-3pm
Scrabble 9:30am-noon
Travel Office open 9am-2pm
Woodshop 8am-noon
Yoga, Chair 10:30-11:30am
FRIDAY PROGRAMS
Bargain Thrift Corner 3-6pm

Billiards, Open Play 12-4:00pm
Bingo 6:00-10:00pm Doors open at 4pm.
Bocce 9-11am
Bridge 12:15-3:30pm
Crafts 9:30-11:30am
Knotty Habit 9:30-11:30am
Poker, Straight 12-3:30pm
Travel Office open 9am-2pm
Wood Shop 8am-noon
SATURDAY PROGRAMS
Saturday Night Dance 6:30-9:30pm Jan-Oct (Last Saturday of month)
Tour our facility any weekday 8:30am to 4pm. Our Center is run 100% by volunteers.
Consider becoming a member and volunteering.
The Center is available to rent for seminars, adult birthdays, baby showers, anniversaries, weddings, etc.

Wickham Park Senior Center 2785 LEISURE WAY, MELBOURNE 321-255-4494 bcscwp.org

MONDAY PROGRAMS
Billiards 8:30 am-4:30 pm
Bones & Balance - 10:00-11:00 am
Duplicate Bridge - 12:30-4:00 pm
Jazzercise Lo - 8:30-9:30 am
Hand & Foot - 9:00 am-12:00 noon
Friendly Poker - 1:00-4:00 pm
QiGong-Tai-Chi - 8:30-9:30 am
Mah Jongg - American - 12:00-3:30pm
Pinochle - 12:15-4:00 pm
TUESDAY PROGRAMS
Billiards- 8:30 am-4:30 pm
Chair Yoga - 3:00-4:00 pm
Rogue Bridge 12:15-4:00 pm

Bingo - 11:15 am - 2:00 pm - Doors open at 10:00 am
Dealers Choice Poker- 11:30am-4:00pm
Line Dancing for Fun & Exercise - 4:15-5:30 pm
WEDNESDAY PROGRAMS
Billiards- 8:30 am-4:30 pm
Duplicate Bridge - 12:30-4:00 pm
Euchre - 6:00-9:00 pm
Jazzercise Lo - 8:30-9:30 am
Tai Chi- 8:30-9:30 am
Mah Jongg - Chinese - 1:00-4:00 pm
Rummikub - 1:00-4:00 pm

THURSDAY PROGRAMS
Billiards - 8:30 am-4:30 pm
American Mah Jongg - 9:00- 12:00 noon
Strength & Flexibility - 9:30-10:30 am
Oil Painting Class - 3rd Thursday 1:00-5:00 pm
Bunco - 12:30- 4:00 pm - 1st & 3rd
Rubber Bridge - 1:00-4:00 pm
Shuffleboard Open Practice - 6:30 pm
FRIDAY PROGRAMS
Billiards - 8:30 am-4:30 pm
Jazzercise Lo - 8:30-9:30 am
Tai Chi - 8:30-9:30 am
Hand & Foot - 8:45 am - 12:00 noon

Bingo - 11:15 am - 2:00 pm - Doors open at 10:00 am
Pinochle - 12:15-4:00 pm
Dealers Choice Poker- 11:30 am- 4:00 pm
Hula Dance Instruction - 3:00-4:00 pm
Senior Law - 4th Friday 2:00-4:00 pm
SATURDAY PROGRAMS
Billiards- 8:30 am - 12:30 pm
Shuffleboard Open Practice - 9:00 am - noon
Duplicate Bridge - 12:30 - 4:00 pm
Rubber Bridge - 12:30 - 3:30 pm



One Senior Place
8085 Spyglass Hill Road,
Viera, FL 32940
321-751-6771

JANUARY 2024 ONE SENIOR PLACE EVENTS

See the complete calendar of events at
www.OneSeniorPlace.com

FREE Memory Testing, Tuesdays January 2nd, and 16th, from 10am – 2pm. Merritt Island Medical Research will be offering free memory screenings the FIRST and THIRD Tuesdays of each month at One Senior Place. Please call 321-305-5015 to schedule an appointment.

Benefits of Pre-Planning your Cremation Seminar, by National Cremation, Wednesday January 3rd, at 11am, REPEATS Thursday January 25th, at 2pm. Join us for a FREE informational seminar to learn more about the benefits of pre-planning your cremation. Learn about affordable options and savings, Veterans Benefits, travel & relocation protection plan and more. RSVP to 321-751-6771.

BINGO!, Tuesday January 9th, 2pm. Brought to you by Florida Health Care Plans. Play free, win prizes, fun for all! Participation is limited, RSVP required, call 321-751-6771.

Do You Need to Revisit Your Estate Planning in 2024?, Thursday January 11th, at 10am. Presented by the Estate Planning & Elder Law Centers of Brevard. Find out what estate planning documents everyone should have, what they mean, and how they can provide you some piece of mind. RSVP to 321-751-6771.

Movie Matinee with Rhodes Law, PA, Thursday January 11th, at 2pm. Hosted by Rhodes Law, P.A. Join us as we watch this classic "The Holiday", and enjoy movie treats! MUST RSVP to 321-751-6771.

Senior Health Friday with Nurse Lisa, The Mind Diet, Friday January 12th, at 10am. Presented by Karem Sapp, Clincloud, and Lisa Conway, RN, CCM with Senior Partner Care Services. Refreshments sponsored by Sonata East at Viera. RSVP to 321-751-6771.

Quit YOUR Way, Free Tools to Quit Program, Friday January 12th, at 2pm. Programs cover all forms of tobacco. FREE: Nicotine replacement patches, gum or lozenges *if medically appropriate and 18 years of age or older. Participant workbook & materials. Presented by Tobacco Free Florida, MUST register by calling 407-716-6392.

Medicaid Planning Seminar, Tuesday January 16th, at 10am. Attorney William A. Johnson will discuss new planning opportunities that are available under the new Medicaid laws. Limited seating, must RSVP to 321-751-6771.

Apple Messages app, Let's Communicate! MAC User Group, Tuesday January 16th, at 5:30pm. Messages, FaceTime, Apple devices have many ways to communicate, but what are the best uses, and what are the limitations? RSVP to 321-751-6771. Presented by Jim DeLaura, RJFS and MAC Mad.

FREE Liver Scans, Wednesday January 17th, from 10 – 2pm. ClinCloud is offering FREE Fibrosans, the FIRST Monday (unless it's a holiday) and THIRD Wednesday of each month at One Senior Place. Call 321-751-6771 to schedule your half hour appointment.

Estate & Medicaid Planning – Get Your Plan in Order!, Wednesday January 17th, at 10am. This seminar will discuss the basics of estate and Medicaid planning. Presented by Ruth C. Rhodes, Esq. and Jackie McManus. Limited seating, must RSVP to 321-751-6771.

Top 10 Tips For Aging Well, Thursday January 18th, at 12pm. Presented by Aquatic Health & Rehab. 10 tips that could change your life for the better! For more information and to RSVP, call 321-253-6324.

Tinnitus [and Hearing Loss], Lunch and Learn Seminar, Friday January 19th, at 11am. This presentation brought to you by Personal Hearing Solutions and Widex. This presentation will center on the causes of Tinnitus, "Ringing in your ears", and what can be done to improve it. Boxed lunch provided, must RSVP to 321-751-6771.

AARP Smart Driver Course, Monday January 22nd, from 9am – 4pm. This driving refresher course from AARP Driver Safety will be offered at One Senior Place. This course is open to drivers of all ages and costs \$20 for AARP members (bring card) and \$25 for non-members. This class is taught by certified volunteer instructor Nancy Westerband, call 973-607-7996 to secure your seat.

Guardianship – Start to Finish, Tuesday January 23rd, at 10am. Presented by the Estate Planning & Elder Law Centers of Brevard. This seminar will discuss what is required to have a guardian appointed, the roles of a guardian of a person, someone's property, or both, as well as when to choose a professional vs family or friends. RSVP to 321-751-6771.

Dream Interpretation, Wednesday January 24th, at 10am. Stay tuned for details. This is a seminar you shouldn't dream of missing! RSVP to 321-751-6771.

Estate Planning Seminar, Thursday January 25th, at 10am. Presented by Attorney William A. Johnson, PA. This seminar will discuss the basic principles of estate planning and the importance of having your advance directives documents in place in the event of incapacity. Limited seating, must RSVP to 321-751-6771.

Coffee & Conversation: Chat With a Memory Health Expert, Tuesday January 30th, at 10am. Join us for open conversation with Deidra Shubert, a memory health expert, from Merritt Island Medical Research. Limited seating, must RSVP to 321-751-6771.

Trust Planning for Asset Protection, Wednesday January 31st, at 10am. Attorney Stephen Lacey brings a wealth of knowledge and experience in estate planning, elder law, real estate law, and tax law. Whether you are approaching retirement or already enjoying your golden years, this seminar offers valuable insights to empower you in making informed decisions for the protection and preservation of your assets. Limited seating, must RSVP to 321-751-6771.

SUPPORT GROUPS

Loss, Grief & Bereavement Support Group, Thursdays January 11th and 25th, at 10am. While the feelings and emotions associated with grief and loss are unique and individual to each person, one often can find comfort from the experiences of others. Limited seating must RSVP to 321-751-6771. Facilitated by VITAS Healthcare.

Parkinson's Support Group, Wednesday January 17th, at 10am. Come and share ideas, make new friends at the Parkinson's Discussion Group. Bring your questions and let us discuss our experiences and feelings as we deal with Parkinson's disease. RSVP to 321-751-6771.

Alzheimer's & Dementia Support Group, Wednesday January 17th, at 2pm. The group encourages caregivers to maintain their own personal, physical and emotional health as well as optimal care for the person with dementia. RSVP call 321-751-6771.

RECURRING EVENTS

Ask the Realtor, Oceans Realty Florida, Every Monday from 9am – 12pm, and Thursday from 1 - 3pm. Barbara Asinari, Realtor with Oceans Realty is available to answer your real estate questions, whether you're buying or selling, NO OBLIGATION. For more information or to make an appointment call 321-751-6771.

Book Club – Legacy Club, Thursday afternoons at 1pm. Join us to read thought provoking literature and participate in lively discussions. Sponsored by the Legacy Club. RSVP 321-751-6771 to reserve your seat.

THE CLUB ACTIVITIES – Membership \$1 weekly – New members are welcome!

The Club each Monday 9-1pm This active senior club meets weekly for board & card games, speakers, monthly birthday celebrations, and much more. Join the fun!

CONTACT INFORMATION:

Chassity Inglis
Digital Marketing & Events Assistant
Chassity@oneseniorplace.com
One Senior Place, 8085 Spyglass Hill Road,
Viera, FL 32940 (321) 751-6771

Helping Seniors Resource Center Events
(1344 S Apollo Dr - Ste 2-C - Melbourne)

Title: Food Truck Tuesday
Date: Tuesday, December 2nd, 11:00am - 1:00pm

Call for Information – (321) 473-7770
Call your friends and make it a lunch date! This month it is "Taco Tuesday" with Comer Fuego! Food Truck Tuesday at the Senior Resource Center of Brevard! Get a great lunch - your purchase benefits the work of Helping Seniors - and visit with the great team members at the Center and at OMNI Healthcare!

Title: CarePlus/Omni - Start Strong "Health & Wellness" Series

Date: Thursday, December 25th, 11:00am - 12:30pm

Call for Information – (321) 473-7770
January is a time to "Start Strong" for the New Year and our programs reflect keeping sharp top-of-mind. A great presentation from our friends at CarePlus Health Plans - "Aging Happily" as we as a conversation with Deidra Shubert, Director of Education and Outreach at Merritt Island Medical Research, who also was part of Brevard Alzheimer's Foundation for many years, and shares on Advances in

Memory Care. After a morning snack break, the interactive "Dementia Live!" program takes center stage with a "hands-on" simulation to help share the challenges of the Dementia journey. Programs brought to you by Care Plus Health Plans, Omni Health Care and Helping Seniors of Brevard. For more information, call 321-477-7770.

More Helping Seniors Events:

Renters of Palm Bay FL Housing Workshop
Saturday – January 20th, 9:00am-12:00nn
Memaw's BBQ (Banquet Room) - 4916 Babcock St - Palm Bay FL

CALLING ALL SENIORS OF THE CITY OF PALM BAY!!!

Breakfast with the Attorney - Frank Scaglione, Esq., presents on the Florida Eviction Prevention Series from the Florida Bar.

If you are renting your home we have important information that you need to know. Helping Seniors of Brevard and Christian Housing Ministry, Inc have joined forces to help you protect your rights as a renter. Call about our next workshop and schedule a free one on one counseling session TODAY! There is No Charge for this Workshop for Qualified Renters. Space is very limited and open to Residents of Palm Bay FL.

Breakfast & Brain Health-Thursday – January 25th 9:00amDottie's Restaurant - 5275 Babcock St - Palm Bay FL

Presented by Helping Seniors partners ClinCloud - Breakfast & Brain Health at Dottie's Restaurant with Amanda Fletcher, MD Cognitive Behavioral Neurologist, ClinCloud Research. No cost, RSVP required 407-680-0534

CALENDAR HIGHLIGHTS



Date	Day	8:00am	8:30am	5:00pm
Jan 1	Mon	Life Enrichment	Opening/Closing a New Year	Dental Implant Always Best?
Jan 2	Tue	All About Home Care	Controlling Cost of Prescriptions	What Assisted Living Can Mean
Jan 3	Wed	The Parts of Medicare	Living Beyond Your Current Home	Your Legal Documents Checklist
Jan 4	Thu	New to Florida? Elder Law Here	Real Estate for Seniors	Helping Seniors Directory
Jan 5	Fri	Care Management	Reverse Mortgage - Now is Time?	Senior Travel Safe & Fun
Jan 8	Mon	Senior Info in Senior Scene	Senior Mental Health	3 Reasons for Reverse Mortgage
Jan 9	Tue	How Assisted Living Helps Thrive	Medicare - Questions & Answers	Stay Safe Home or Downsize?
Jan 10	Wed	A Beautiful Smile	Assisted Living & Memory Care	Opening/Closing a New Year
Jan 11	Thu	Great Employment for Seniors	Avoiding Probate	Discounted Prescriptions
Jan 12	Fri	Top 3 Public Benefits Questions	Safe & Secure at Home	Put Kids on House Title?
Jan 15	Mon	Get Your Ducks in a Row - Pt 1	Get Your Ducks in a Row - Pt 2	Care Management
Jan 16	Tue	Helping Seniors Travel Club	Technology & Home Care	Helping Seniors 12 Years Later
Jan 17	Wed	Senior Real Estate	The Vial of Life	The Dirty "D" Word - Dementia
Jan 18	Thu	Reverse Mortgage - Now is Time?	Housing Foundation of America	What Elder Law Attorney Can Do
Jan 19	Fri	Long Term Care Planning	Two Assisted Living Questions	The Parts of Medicare
Jan 22	Mon	Ordering RX at Lower Prices	Golden Providers B2B	Chefs for Seniors
Jan 23	Tue	Finding Good Help at Home	Value of Second Opinion	When is Assisted Living Right?
Jan 24	Wed	Helping Seniors 12 Years Later	Is Assisted Living Right for You?	Getting RX at Best Prices
Jan 25	Thu	Smorgasboard of Legal Matters	Probate - What it is/How it Works	The "Talk" About Assisted Living
Jan 26	Fri	5 Steps to Safely Staying Home	3 Reasons for Reverse Mortgage	Medicare - Questions & Answers
Jan 29	Mon	In Home Care Giving	How Assisted Living Benefits	Debt Relief for Seniors
Jan 30	Tue	Real Estate for Seniors	Trusts	Cosmetic Dentistry
Jan 31	Wed	Checking Out Zon Beachside	The Parts of Medicare	Durable Power of Attorney



Date	Day	Program	Special Guest
Jan 3	Wed	Helping Seniors on Elder Law	Bill Johnson, Esq.
Jan 10	Wed	Helping Seniors on Your Smile	Dr. Lee N. Sheldon
Jan 17	Wed	Helping Seniors on Legal Matters	Amy Van Fosson, Esq.
Jan 24	Wed	Helping Seniors on Help at Home	Jennifer Barton
Jan 31	Wed	Helping Seniors on Hospice/Grief	Elana Pitcher

SENIOR SCENE
is on
Facebook!

Get updates & info
@ [facebook.com/Seniorscene](https://www.facebook.com/Seniorscene)