

APRIL 2024 SENIOR CALENDAR

CONTACT EACH OF THESE LOCATIONS TO GET CURRENT EVENT AND ORGANIZATION INFORMATION.

55+ Club of Satellite Beach 1089 S PATRICK DR, SATELLITE BEACH 321-773-6458 55plusclubofsb.com

Bingo each Monday at SB Civic Center, doors open 9:30am, game begins 11am. Card fees apply.

Line Dancing Tuesdays and Thursdays at Schechter Community Center, 1pm-2pm. Fee paid at the door.

Game Night each Wednesday at Schechter Community Center, 6-9pm. Free!

Walking Group each Tuesday 8am-9am and Wednesday/Thursday 8am-9:30am at Schechter Community Center Gym. Free!

Martin Andersen Senior Center 1025 S FLORIDA AVE, ROCKLEDGE, FL 32955 321-631-7549 martinanderseniorcenter.com

MONDAY
Andersen Quilters 9:00-12:00
Bone Builders 9:00-10:00
Busy Fingers Crafts 9:00-11:00
Intermediate Tap 10:30-12:00
Party Bridge 12:15-4:00
Belly Dance 12:30-1:30
Spanish Class 1:00-2:00

TUESDAY
Art & Painting 9:00-12:00
Morning Stretch & Exercise 9:00-10:30
***SHINE Counselor** 9:45-11:45

Grief Counseling 2nd & 4th Tues 10:00-12:00
Basic Line Dancing 10:30-11:30
Line Dancing 12:00-1:30
Gentle Yoga 2:00-3:00
Tai Chi 2:00-3:00

WEDNESDAY
Bone Builders 9:00-10:00
TOPS 9:30-11:00
Writing Workshop 9:30-11:30
Video Exercise 11:30-12:30
Spanish Conversational Class 12:30-2:30

New Horizons Concert Band 9am-11am
New Horizons Jazz Band 12pm-2pm

THURSDAY
Water Colors (Begin/Inter) 9:00-12:00
Gentle Yoga 10:30-11:30
Morning Stretch & Exercise 9:00-10:30
***SHINE Counselor** 9:45-11:45
Intermediate Tap 10:30-12:00
Sewing Circle (4th Thurs) 10:30-1:00
Karaoke 11:00-3:00
Chair Stretch & Balance (2nd&4th) 2:00-2:50

FRIDAY
Art & Painting 9:00-12:00
Bone Builders 9:00-10:00
Party Bridge 12:15-4:00
Video Exercise 11:30-12:30
Spanish Class-Beginner Plus 1:00-2:00
Ballroom Dancing Class 2:00-3:00
SATURDAY
Dance 2nd & 4th Sat 7:00-10:00pm

500+ Pickup Points in Brevard County.

(Get Your Copy of Senior Scene Before It Gets Gone!)

SENIOR SCENE
 Magazine



The 8th Annual
 Helping Seniors Car Raffle

Choose Your
ADVENTURE

Helping SENIORS of Brevard

Winner Chooses Their Car!



For the Exploring Adventure...
 2024 Jeep Compass Sport



For the Hauling Adventure...
 2024 Chevrolet Colorado



For the Stylish Adventure...
 2024 Mitsubishi Outlander



For the Elegant Adventure...
 2024 Mazda3 Sedan



For the Racing Adventure...
 2024 Dodge Hornet



For the Upscale Adventure...
 2024 Kia Sportage



1 ticket for \$25 or 5 tickets for \$100 Donation.
HelpingSeniorsCarRaffle.com

Online | Phone 321-473-7770 | At Joe's Senior Resource Center & All Boniface-Hiers Auto Dealerships
 1pm-4pm - Sunday Oct 27th 2024 - Grand Drawing at American Muscle Car Museum



Scan Here

APRIL 2024 SENIOR CALENDAR (continued)

Freedom 7 Senior Community Center 5000 TOM WARRINER BLVD, COCOA BEACH 321-783-9505

Monday:
11:00 am: Mahjong: Drop in and play! Bring your board if you have one! \$2 pp

Monday & Wednesday:
9:30 am: Zumba Gold: Super fun class designed for the over 50 crowd with a licensed instructor. Cost \$5 for F7 Members/\$7 for Non-Members. 1st Class is FREE so come try it out... you won't be disappointed!

Tuesday:
10:00 am: Crafty Ladies (seasonal)
11:00 am: Euchre

Tuesday & Thursday:
9:30 am-10:30 am Strength and Balance! Get Fit, Improve Balance, and Build Muscle. All levels of fitness welcome. Chair assist is A-okay. Drop In! \$2

10:40 am: Happy Feet

Wednesday:
9:30 am: Zumba Gold
10:45 am: Chair Yoga (No class on Wednesday, May 11th) Breathe, relax, meditate and REPEAT!... without even leaving your seat. Target common areas of weakness and tension with our nationally and multi-certified instructor. \$2 member, \$4 non-member

11:00 am: Pinochle
11:45 am: Posing to the Oldies (seasonal)

Thursday:
10:40 Mat Yoga! We provide cushy mats and beginner levels. \$1-2
1:00 pm: Bingo

North Brevard Senior Center 909 LANE AVENUE, TITUSVILLE, FL 32780 321-268-2333 nbsc.com

MONDAY-THURSDAY
Billiards 9AM-3PM \$2/\$3 NBSC (321)268-2333

MONDAY
No. Brevard Line Dance 10AM-12:30 PM \$3/\$4 Yvette (321) 225-4872
Gentle Yoga 11:30am-12:30pm \$5/\$6 Cindy 321-576-2782

Golden Hearts Senior Fitness- Monday 1PM-2PM \$5/\$6 Robin 321-514-5945

Mexican Train Dominoes 1PM-3PM \$2/\$3, Joanne (321)267-5923

Hand & Foot 1pm-3:30pm \$2/\$3 Donna (407) 808-5237

Poker 10AM-2PM \$2/\$3 321-591-5156

Bunco 1PM-3PM Carol 332-268-8087 Sharon (321)383-7927

Zumba 6:00PM-7:00PM \$5/\$6 Robin (321)514-5945

TUESDAY
Pinochle 10AM-2PM \$2/\$3 Rachel

(321) 537-5322
Muscle Memory Strength Balance 10:00AM-11AM Natine (321)609-0999

Tap & Jazz 11AM-12PM \$2/\$3 Marsha (321)264-2776

Connie's Card Making (2nd Tues) 11:30AM-12:30PM \$4/\$5, Connie (410) 598-3755

Mahjong 12:30 PM-3:30PM \$2/\$3 Andi (321)385-3595

Party Bridge 12:30PM-3:30PM \$2/\$3 Mary (321) 607-2200

Darling Damsels Bridge 1PM-3:30PM \$2/\$3 Kathy (321) 268 4827

Tai Chi, 1PM-2:30PM \$3/\$5 Ada (321) 848-4689

Zumba Toning 6pm-7pm \$5/\$6 Robin 321-514-5945

WEDNESDAY
Bridge Lessons by Appt \$10 Rick (863)640-5798

Zumba Gold 9:15AM-10:15AM \$5/\$6 Robin (321)514-5945

Golden Hearts Senior Fitness- Wednesday 11AM-Noon \$5/\$6 Robin 321-514-5945

Hurricane Rug Hooking (2nd & 4th Wed) 10AM-2PM \$2/\$3 Fonda (321-298-2796

ACBL Duplicate Bridge 12PM-3:00PM \$2/\$3 Judy (901) 336 1306

Line Dance Class-Beginners 4:00PM-5:30PM \$3/\$4 Ferrell (321) 267-0195

Line Dance Class 5:30PM-6:30PM \$3/\$4 Ferrell (321) 267-0195

Line Dance Class 6:30PM-7:30PM \$3/\$4 Barbara (321)452-1944

THURSDAY
Bingo (Play begins at 10AM) 9AM-2:30PM Varies (#of cards played) Cat (321) 231-1135

Singles Club Planning Mtg (1st Thurs) 4pm Call Jean for location (321) 352-2359

Tai-Chi - Thursday 1PM-2PM \$3/\$5 Ada

321-848-4689
Zumba 6:00PM-7:00PM \$5/\$6 Robin (321)514-5945

Zumba Gold Tone/Chair- Thursday 11AM-Noon \$5/\$6 Robin 321-514-5945

FRIDAY
Euchre - Friday 10AM-1PM \$2/\$3 Barbara 321-750-2679

Shuffleboard 10AM-12PM \$2/\$3 Bill (321)544-1430

Muscle Memory Strength Balance 10:00AM-11AM \$2/\$3 Natine (321)609-0999

Billiards 9AM-12PM \$2/\$3 NBSC (321)268-2333

No Brevard Line Dance 12PM-2PM \$3/\$4 Yvette 321-258-6534

Line Dance Social (1st and 2nd Fri) 6PM-9PM \$5 Ferrel 321-267-0195

SUNDAY
Intermed./Adv'd Line Dance Class 2PM-4PM \$3/\$4 Pat (321)268-2333

Palm Bay Senior Center 1275 CULVER DRIVE NE, PALM BAY 321-724-1338 gpbsc.org

MONDAY PROGRAMS

Billiards, Morning 8:30am-noon

Billiards, Ladies noon-3:30pm

Bocce 9-11am

Bone Builders 9:15-10:15am;

10:30-11:30am (Dr's permission req'd)

Bridge 12:15-3:30pm

Cornhole 11:30am-12:30pm

Golden Tones 10am-noon

(On break until Sept)

Ping Pong 1-3:30pm

Poker: Straight 10am-2pm; Noon-3:30pm

Sensible Weight Loss with Friends 9-10am

Shuffleboard (Indoor) 1-3pm

Travel Office open 9am-2pm

Vets-to-Vets Café 3:30-5:00pm (4th Mondays)

Woodshop 8am-12pm

TUESDAY PROGRAMS

Billiards, Morning 8:30am-12pm

Billiards, PM 12-4pm

Hand & Foot 11:30am-3:30pm

Fitness Fun 9:15-10:15am

Mah Jongg (Asian) 12:30-3:30pm

(1st & 3rd Tues)

Ping Pong 1-3:30pm

Poker, Straight 10am-2pm

Poker, Straight 6-9:30pm

Sassy Senior Cheerleaders 4-6pm

(On break until Sept)

Travel Office open 9am-2pm

Wood Shop 8am-noon

Wii Bowling 10:30am-12:30pm

WEDNESDAY PROGRAMS

Bargain Thrift Corner 9am-12pm

Billiards, Open Play noon-4pm

Bingo 11:30am-3:30pm Doors open at 9am.

Food available to purchase

Bone Builders 9:15-10:15am;

10:30-11:30am (Dr's permission req'd)

Bridge 9:30am-12pm

Darts 4:30-6pm (2nd & 4th Weds)

Golf (Crane Creek on 192) 9:20am

Travel Office open 9am-2pm

Woodshop 8am-12pm

THURSDAY PROGRAMS

Art Class 9:30-11:30am

Bargain Thrift Corner 9am-12pm

Billiards, Morning 8:30am-noon

Billiards, PM noon-4pm

Euchre 12:30-3:30pm

Mah Jongg (American) 12-3:30pm

Movie Night 6:30-9:30pm

Ping Pong 1-3:30pm

Pinochle 11-3pm

Scrabble 9:30am-noon

Travel Office open 9am-2pm

Woodshop 8am-noon

Yoga, Chair 10:30-11:30am

FRIDAY PROGRAMS

Bargain Thrift Corner 3-6pm

Billiards, Open Play 12-4:00pm

Bingo 6:00-10:00pm Doors open at 4pm.

Bocce 9-11am

Bridge 12:15-3:30pm

Crafts 9:30-11:30am

Knotty Habit 9:30-11:30am

Poker, Straight 12-3:30pm

Travel Office open 9am-2pm

Wood Shop 8am-noon

SATURDAY PROGRAMS

Saturday Night Dance

6:30-9:30pm Jan-Oct

(Last Saturday of month)

Tour our facility any weekday 8:30am to 4pm. Our Center is run 100% by volunteers.

Consider becoming a member and volunteering.

The Center is available to rent for seminars, adult birthdays, baby showers, anniversaries, weddings, etc.

Wickham Park Senior Center 2785 LEISURE WAY, MELBOURNE 321-255-4494 bcscwp.org

MONDAY PROGRAMS

Billiards 8:30 am-4:30 pm

Bones & Balance - 10:00-11:00 am

Duplicate Bridge - 12:30-4:00 pm

Jazzercise Lo - 8:30-9:30 am

Hand & Foot - 9:00 am-12:00 noon

Friendly Poker - 1:00-4:00 pm

QiGong-Tai-Chi - 8:30-9:30 am

Mah Jongg - American - 12:00-3:30pm

Pinochle - 12:15-4:00 pm

TUESDAY PROGRAMS

Billiards 8:30 am-4:30 pm

Chair Yoga - 3:00-4:00 pm

Rogue Bridge 12:15-4:00 pm

Bingo - 11:15 am - 2:00 pm - Doors open at 10:00 am

Dealers Choice Poker - 11:30 am - 4:00 pm

Line Dancing for Fun & Exercise - 4:15-5:30 pm

WEDNESDAY PROGRAMS

Billiards - 8:30 am-4:30 pm

Duplicate Bridge - 12:30-4:00 pm

Euchre - 6:00-9:00 pm

Jazzercise Lo - 8:30-9:30 am

Tai Chi - 8:30-9:30 am

Mah Jongg - Chinese - 1:00-4:00 pm

Rummikub - 1:00-4:00 pm

THURSDAY PROGRAMS

Billiards - 8:30 am-4:30 pm

American Mah Jongg - 9:00 - 12:00 noon

Strength & Flexibility - 9:30-10:30 am

Oil Painting Class - 3rd Thursday 1:00-5:00 pm

Bunco - 12:30 - 4:00 pm - 1st & 3rd

Rubber Bridge - 1:00-4:00 pm

Shuffleboard Open Practice - 6:30 pm

FRIDAY PROGRAMS

Billiards - 8:30 am-4:30 pm

Jazzercise Lo - 8:30-9:30 am

Tai Chi - 8:30-9:30 am

Hand & Foot - 8:45 am - 12:00 noon

Bingo - 11:15 am - 2:00 pm - Doors open at 10:00 am

Pinochle - 12:15-4:00 pm

Dealers Choice Poker - 11:30 am - 4:00 pm

Hula Dance Instruction - 3:00-4:00 pm

Senior Law - 4th Friday 2:00-4:00 pm

SATURDAY PROGRAMS

Billiards - 8:30 am - 12:30 pm

Shuffleboard Open Practice - 9:00 am - noon

Duplicate Bridge - 12:30 - 4:00 pm

Rubber Bridge - 12:30 - 3:30 pm



One Senior Place
8085 Spyglass Hill Road,
Viera, FL 32940
321-751-6771

APRIL 2024 ONE SENIOR PLACE EVENTS

See the complete calendar of events at
www.OneSeniorPlace.com

FREE Liver Scans, Monday April 1st, and Wednesday April 17th, from 10am - 2pm. ClinCloud is offering FREE Fibroscans the FIRST Monday (unless it's a holiday) and THIRD Wednesday of each month at One Senior Place. Call 321-751-6771 to schedule your half hour appointment.

FREE Memory Testing, Tuesdays April 2nd and 16th, from 10am - 3pm. Merritt Island Medical Research will be offering free memory screenings the FIRST and THIRD Tuesdays of each month at One Senior Place. Please call 321-305-5015 to schedule an appointment.

Benefits of Pre-Planning your Cremation Seminar, by National Cremation, Wednesday April 3rd, from 11am. REPEATS Thursday April 25th, from 2pm. Join us for a FREE informational seminar to learn more about the benefits of preplanning your cremation. Learn about affordable options and savings, Veterans Benefits, travel & relocation protection plan and more. RSVP to 321-751-6771.

Chair Yoga, Friday April 5th, at 8:30am. A body in motion stays in motion, come move with us! Class will be led by Beth Cooper. Please bring a towel. Class size is limited, RSVP required, call 321-751-6771.

Ask The Doctor Lunch & Learn Series, Nothing Beats a Great Pair of Healthy Legs, Tuesday April 9th, at 11:30am. Join Hany Guirgis, MD with Prestige Cardiology Consultants as he discusses vein disease, leg swelling, & varicose vein issues. Lunch provided by Viera Health and Rehab. Seating is limited, RSVP required, call 321-751-6771.

BINGO!, Tuesday April 9th, at 2pm. Brought to you by Florida Health Care Plans. Play free, win prizes, fun for all! Participation is limited, RSVP required, call 321-751-6771.

Coffee & Conversation: Chat With a Memory Health Expert, Wednesday April 10th, at 10am. Join us for an open Q & A with Deidra Shubert, a memory and brain health specialist, from Merritt Island Medical Research. Limited seating, must RSVP to 321-751-6771.

My Loved One Was Just Diagnosed With Dementia... Now What?, Thursday April 11th, 10am. Presented by the Estate Planning & Elder Law Centers of Brevard. Topics discussed, how to pay for long term care (home health care, assisted living facility, or nursing home) privately, through VA assistance or Medicaid so that you can make intelligent, informed choices. One size does not fit all. RSVP to 321-751-6771.

Movie Matinee with Rhodes Law, PA, Thursday April 11th, at 2pm. Hosted by Rhodes Law, P.A. Join us as we watch this classic "Never Been Kissed", and enjoy movie treats! MUST RSVP to 321-751-6771.

Senior Health Friday with Nurse Lisa, Benefits of Medical Marijuana, Friday April 12th, at 10am.

Presented by Frank P. Filliberto, MD with Marijuana of Brevard and Lisa Conway, RN, CCM with Senior Partner Care Services. Refreshments sponsored by Senior Partner Care Services. RSVP to 321-751-6771.

Special Needs Trusts, Tuesday April 16th, at 10am. Elder law attorney William A. Johnson will discuss the proper estate planning needed to maintain eligibility for public benefits such as Medicaid, SSI, & the Affordable Care Act for persons with special needs. RSVP to 321-751-6771.

MacMad User Group, Tuesday April 16th, at 5:30pm. Messages, FaceTime, Apple devices have many ways to communicate, but what are the best uses, and what are the limitations? RSVP to 321-751-6771. Presented by Jim DeLaura, RJFS and MAC Mad.

Estate & Medicaid Planning - Get Your Plan in Order!, Wednesday April 17th, at 10am. This seminar will discuss the basics of estate and Medicaid planning. Presented by Ruth C. Rhodes, Esq. and Jackie McManus. RSVP to 321-751-6771.

Veterans Day Out, Thursday April 18th, at 9am. Join us for a FREE day trip to multiple destinations and lunch. Leave the driving to us in an air conditioned, luxury bus while you enjoy the journey, reflecting on your service with fellow veterans. Sponsored by VITAS, National Cremation Society, VFW Post 10131 Cape Canaveral, D.A.V. Seats limited. RSVP Required, MUST call 321-253-6324.

Nutrition & Pain Management, Thursday April 18th, at 12pm. Presented by Aquatic Health & Rehab. This presentation will discuss the causes, prevention, and treatment of low back pain. For more information and to RSVP, call 321-253-6324.

5 Movements to Better Mobility, Friday April 19th, at 8:30am. Class will be led by Beth Cooper. Please bring a towel. Class size is limited, RSVP required, call 321-751-6771.

AARP Smart Driver Course, Monday April 22nd, at 9am. This driving refresher course from AARP Driver Safety will be offered at One Senior Place. This course is open to drivers of all ages and costs \$20 for AARP members (bring card) and \$25 for non-members. This class is taught by certified volunteer instructor Nancy Westerband, call 973-607-7996 to secure your seat.

Elder Law Concepts: What You Need to Know During the Second Half of Life, Tuesday April 23rd, 10am. Presented by the Estate Planning & Elder Law Centers of Brevard. This seminar will cover the documents that will give you assurance that you are prepared & your family knows your desires. RSVP to 321-751-6771.

Finding Your Path, Wednesday April 24th, 10am. Whether you're just starting to explore estate planning or seeking to refine an existing plan, this presentation will offer valuable insights and practical strategies to help you make informed decisions and establish a comprehensive, tailored approach to secure your legacy. Join us on this journey to 'Finding Your Path' in estate planning. Presented by Attorney Stephen Lacey with Lacey, Lyons, Rezanka. RSVP to 321-751-6771.

Medicaid Planning Seminar, Thursday April 25th, at 10am. Elder Law Attorney William A. Johnson, P.A. will discuss new planning opportunities that are available under the new Medicaid laws,

including legal & financial strategies that can help preserve your assets from nursing home costs even after you or a loved one has entered a nursing home. Limited seating must RSVP to 321-751-6771.

Seeing Is Believing, Friday April 26th, at 10am. Presented by Staci Walters, D.O, F.A.A.O with Space Coast Ophthalmology. MUST RSVP to 321-751-6771.

Quit YOUR Way, Free Tools to Quit Program, Friday April 26th, from 12pm. Programs cover all forms of tobacco. FREE: Nicotine replacement patches, gum or lozenges *if medically appropriate and 18 years of age or older. Participant workbook & materials. Presented by Tobacco Free Florida, MUST register by calling 407-716-6392.

Protecting Your Feet, Friday April 26th, at 1pm. Join Kathleen Bauer, MD as she discusses the importance of foot health and its impact on those with diabetes. MUST RSVP to 321-751-6771.

SUPPORT GROUPS

Loss, Grief & Bereavement Support Group, Thursdays April 11th and 25th, at 10am. While the feelings and emotions associated with grief and loss are unique and individual to each person, one often can find comfort from the experiences of others. Limited seating must RSVP to 321-751-6771. Facilitated by VITAS Healthcare.

Parkinson's Support Group, Wednesday April 17th, at 10am. Come and share ideas, make new friends at the Parkinson's Discussion Group. Bring your questions and let us discuss our experiences and feelings as we deal with Parkinson's disease. RSVP to 321-751-6771.

Alzheimer's & Dementia Support Group, Wednesday April 17th, at 2pm. The group encourages caregivers to maintain their own personal, physical and emotional health as well as optimal care for the person with dementia. RSVP call 321-751-6771.

RECURRING EVENTS

Ask the Realtor, Oceans Realty Florida, Every Monday from 9am - 12pm, and Thursday from 1 - 3pm. Barbara Asinari, Realtor with Oceans Realty is available to answer your real estate questions, whether you're buying or selling. NO OBLIGATION. For more information or to make an appointment call 321-751-6771.

Book Club - Legacy Club, Thursday afternoons at 1pm. Join us to read thought provoking literature and participate in lively discussions. Sponsored by the Legacy Club. RSVP 321-751-6771 to reserve your seat.

THE CLUB ACTIVITIES - Membership \$1 weekly - New members are welcome!

The Club each Monday 9-1pm This active senior club meets weekly for board & card games, speakers, monthly birthday celebrations, and much more. Join the fun!

CONTACT INFORMATION:

Chassity Inglis
Digital Marketing & Events Assistant
Chassity@oneseniorplace.com
One Senior Place, 8085 Spyglass Hill Road,
Viera, FL 32940 (321)751-6771



Helping Seniors Info Series

Helping Seniors Resource Center Events
(1344 S Apollo Dr - Ste 2-C - Melbourne)

Food Truck Tuesday

Date: Tuesday, April 2nd, 11:00am - 1:00pm

Call for Information – (321) 473-7770

Call your friends and make it a lunch date! Food Truck Tuesday at Joe's Senior Resource Center of Brevard! Get a great lunch - your purchase benefits the work of Helping Seniors - and visit with the great team members at the Center and at OMNI Healthcare! Look for the Food Truck in the Parking Lot and then join us on the 2nd Floor at lunch!

Knowledge College for Aging - Your Aging Plan

Date: Thursday, April 18th, 10:00am - 11:00am

Call for Information – (321) 473-7770

April sees the launch of our "Get Your Ducks in a Row" Knowledge College for Aging certificate program. It is

a FREE monthly series, 10am-11am on the 2nd Tuesday of the month at Joe's Senior Resource Center, designed to help you learn the 7-key Chapters in your own aging plan. Kerry Fink, Helping Seniors Executive Director, moderates the series with the help of subject matter experts. This month - gain a 35,000 foot overview of the components that make up your Aging Plan so you are ready for the road ahead! Join us for Coffee/Snack and a complimentary take-home lunch for those who are RSVP'd.

Helping Seniors Wellness Series - Medication Therapy Management

Date: Thursday, April 25th, 11:00am - 12:30pm

Call for Information & RSVP – (321) 473-7770

Heard the word Polypharmacy - meaning the use of multiple medications at the same time? Learn how to stay safe with your Prescriptions/Medications with

special guest speaker Licensed Pharmacist Dr. Chrisita Cornish, of Faith Walk by Twon. She explains how to avoid drug interactions and invites you to bring "your bag of medicine" for an independent review to help keep you safe! Programs brought to you by Care Plus Health Plans, Omni Health Care, and Helping Seniors of Brevard.

More Helping Seniors Events:

Renters of Palm Bay FL Housing Workshop

Saturday – April 20th, 9:00am-12:00nn

Memaw's BBQ (Banquet Room) - 4916 Babcock St - Palm Bay FL

CALLING ALL SENIORS OF THE CITY OF PALM BAY!!!

Breakfast with the Attorney - Frank Scaglione, Esq., presents on the Florida Eviction Prevention Series from the Florida Bar.

If you are renting your home we have important information that you need to know. Helping Seniors of Brevard and Christian Housing Ministry, Inc. have joined forces to help you protect your rights as a renter. Call about our next workshop and schedule a free one-on-one counseling session TODAY! There is No Charge for this Workshop for Qualified Renters. Space is very limited and open to Residents of Palm Bay FL.

Helping Seniors "Choose Your Adventure" Car Raffle Appearances

The 2nd Annual All European Car Show - Sunday - April 14th 2024 10:00am-2:00pm - The All European Car Show

American Muscle Car Museum - 3500 Sarno Road - Melbourne FL 32934

Young at Heart Senior Expo - Thursday - April 25th 2024 10:00am-1:00pm - Platinum

Expos presents "The Young at Heart Expo" Viera Regional Community Center - 2300 Judge Fran Jamieson Way - Viera FL 32940

Golden Providers Network Meeting - Tuesday - April 16th 2024 11:00am-12:30pm - Golden

Providers Business-to-Business Meeting (for those who Serve Seniors with Excellence - Golden-Providers.org) Hibiscus Court - 540 E Hibiscus Blvd - Melbourne FL 32901

The Fearless Caregivers Conference - Thursday - April 25 2024 10:00am-2:00pm - The

Fearless Caregivers Conference. Complimentary Tickets for Family Caregivers Still Available.

Caregiver 911 - Find the Money, the Support & Resources You Need Now!

Ascension Catholic Community - 2950 N Harbor City Blvd - Melbourne FL 32935. Register at Caregiver.com or call 954-362-8126

CALENDAR HIGHLIGHTS



Date	Day	8:00am	8:30am	5:00pm
Apr 1	Mon	Al Dia Today Newspaper	Elder Law Services	Printing & Direct Mail Options
Apr 2	Tue	Senior Mental Health	Controlling Cost of RX	Chefs for Seniors
Apr 3	Wed	Real Estate Transactions for Seniors	Medicare - Questions & Answers	The Talk About Assisted Living
Apr 4	Thu	Senior Expos & Events	Debt Relief for Seniors	Info Resources for Seniors
Apr 5	Fri	The Dental Experience	Care Management	Senior Travel - Safe & Fun
Apr 8	Mon	Safe & Secure at Home	Hometown News	Put Your Kids on House Title?
Apr 9	Tue	Smorgasbord of Legal Matters	When Assisted Living Appropriate?	The Parts of Medicare
Apr 10	Wed	Helping Seniors Travel Club	Living Beyond Your Current Home	Discounted Prescriptions
Apr 11	Thu	Info Needs for Seniors	Why Dental Implant not the Best	The Dirty "D" Word - Dementia
Apr 12	Fri	Durable Power of Attorney	Assisted Living Options	Golden Providers - Biz to Biz
Apr 15	Mon	Life Enrichment in Assisted Living	Probate - What it is/How it Works	How to Cruise Successfully
Apr 16	Tue	Legal Documents Checklist	Reverse Mortgages - Now Time?	A Beautiful Smile
Apr 17	Wed	Great Employment for Seniors	All About Home Health Care	Staying Home Safe or Downsize?
Apr 18	Thu	Ordering RX at Lowest Prices	Senior Info in Senior Scene	Avoiding Probate
Apr 19	Fri	The Parts of Medicare	Chefs for Seniors	How Assisted Living Benefits
Apr 22	Mon	Helping Seniors 12 Years Later	The Value of Professional Printing	Getting RX at Best Prices
Apr 23	Tue	What Elder Law Attorney Can Do	5 Steps to Stay Home Securely	Technology and Home Care
Apr 24	Wed	About Golden Providers	2 Assisted Living Questions	Power of Attorney/Super Powers
Apr 25	Thu	Periodontal Disease	Top 3 Public Benefits Questions	Hometown News / AARP
Apr 26	Fri	Assisted Living - Right for You?	Helping Seniors Travel Club	Care Management
Apr 29	Mon	How Assisted Living Helps Thrive	Senior Expos & Events	Trusts
Apr 30	Tue	New to Florida? Elder Law	Senior Real Estate - Things to Know	The Parts of Medicare



Date	Day	Program	Special Guest
Apr 3	Wed	Helping Seniors on Elder Law	Bill Johnson, Esq.
Apr 10	Wed	Helping Seniors on Your Smile	Dr. Lee N. Sheldon
Apr 17	Wed	Helping Seniors on Senior Living	Terri Brant
Apr 24	Wed	Helping Seniors on Help at Home	Jennifer Barton