Helping Seniors News

INFORM
EDUCATE
CONNECT

"Getting Your Ducks in a Row!"

NOVEMBER 2026



Inside:

- Your Aging Plan: Putting it All Together
- The Great Wealth Transfer: Talking with Your Kids
- Safety in Every Season: Supporting Caregivers
- Planning to Stay Independent

Informing, Educating & Connecting Seniors in Brevard County

SENIOR RESOURCE CENTER OF BREVARD

Helping SENIORS of Brevard

Joe's Senior Resource Center
1344 S Apollo Blvd - Ste 2c
Melbourne FL 32901
(321) 473-7770
HelpingSeniorsofBrevard.org





HELPING SENIORS 4TH THURSDAY SENIOR EDUCATION SERIES

The Knowledge College For Aging



Terri Petzar
Time with Terri Podcast



10am Your Aging Plan:

Finding Good Information for Seniors

Helping Seniors Wellness Series



Angelika Keene
UF/IFAS Extension

UF IFAS UNIVERSITY of FLORIDA

11am Wellness Series:

Mental Health Awareness

Thursday Nov 12th - Learning Series
Free & Fun Morning at
Joe's Senior Resource Center
1344 S Apollo Blvd - 2nd Floor - Melbourne FL
Call to RSVP: 321-473-7770
Snacks & Door Prizes too!



Senior Resource Center of Brevard
The Apollo Professional Tower
1344 S Apollo Blvd - 2nd Floor
Melbourne FL 32901
(321) 473-7770 to RSVP



Helping Seniors in the Community
HelpingSeniorsofBrevard.org



Thank You!

Kerry Fink
Executive Director - Helping Seniors

Thank You!

We are beyond grateful for the incredible response to our annual Helping Seniors Car Raffle fundraiser this year. As we have been telling folks, this represents about half of our budget, allowing us to serve Seniors and their families throughout Brevard County as we enter our 16th year in 2027!

Our founder, Joe Steckler, often said it was never easy to raise the funding needed to keep a nonprofit going year after year. That is why I want to personally thank everyone who donated this year. We appreciate every gift—from the $25 ticket to the $200 "Friends of Joe" donations (now over 100 strong!) and those who gave even more. And to those who could only give $5 or $10, my Bible reminds us of the widow's mite. Every single gift matters!

Looking ahead to 2027, we are excited to expand our services countywide—from our popular SCAM JAM series and SENIOR TECH TALK programs to Caregiver Conferences, Knowledge College for Aging, and Wellness Series workshops.

To everyone joining us at our Senior Resource Center, attending events throughout Brevard, or contacting our Senior Information Helpline at (321) 473-7770—including more than 5,000 callers annually and thousands more reaching us online or in person—we look forward to serving you with excellence in 2027!

As Joe told us, "Keep It Going! Seniors Need Us!"

Thank you—we can't do this without you!



Caring for the Caregiver

Nancy Deardorff
Operations Director - Helping Seniors

Caregivers are often the quiet heart of a family. They manage medications, prepare meals, attend appointments, soothe fears, and keep daily life moving. Because their attention is focused on someone else, their own needs can slowly fade into the background. Caring for a caregiver begins by noticing them, not only for what they do, but for who they are.

Support does not have to be grand. Offer to run an errand, bring a nourishing meal, sit with their loved one, or handle a household task. Instead of saying, "Let me know if you need anything," suggest something specific: "I can stay for two hours on Thursday," or "May I pick up groceries this afternoon?" Clear offers make it easier to accept help without the added burden of organizing it.

Caregivers also need room to speak honestly. Remind them that exhaustion, frustration, grief, and even moments of resentment do not diminish their love.
Most of all, stay present. Caregiving can be a long road, and support is especially meaningful after the first flurry of concern has passed. A thoughtful message, a cup of tea, or a dependable weekly visit can become a lifeline.

When we care for caregivers, we strengthen the circle of compassion around everyone they serve. We tell them, gently and clearly: you matter too, and you do not have to carry this alone.



The Great Wealth Transfer: Talking to Your Kids

Cheryl A. Ward, Esq.
Law Office of Cheryl A. Ward, P.L

Over the next two decades an estimated $124 trillion will pass to heirs, in what experts are calling the greatest wealth transfer event in history. However, according to recent Kiplinger–Morning Consult survey, only two in five families have discussed inheritance. Respondents ranked it next to last among comfortable topics, ahead of only sex and dating. This reluctance is understandable.

Contemplating one's own mortality is uncomfortable, and many families were raised to regard money as a private matter. Unfortunately, the silence holds consequences. These consequences often result from lack of necessary planning. Only four in ten parents report having a Will. Without a Will or Trust, state law determines how assets are distributed.

An effective conversation does not require disclosing every dollar. Experts suggest these steps: • Begin with values. Explain what your life's work means to you and what you hope it will accomplish. • Share the essentials. Let your children know whether you have a Will or Trust, where it is kept, and who your executor is. • Make it an ongoing dialogue. Several brief conversations outperform a single announcement.

Explain your reasoning. This is particularly important if you intend to divide assets unevenly. A thoughtful conversation today can spare your family confusion later and ensure that your wishes, and the values behind them, are understood.

Law Office of Cheryl A. Ward, P.L.
321-372-8177

Free Computer?

Senior Planet Tech Talk
Senior Resource Center

Helping Seniors, with help from **AARP** and **Senior Planet**, has very special limited opportunity for those who want to enroll into our free Nov/Dec Senior Tech Talk training classes!

Thanks to Senior Planet and Human-I-T, we have received a limited number of top quality laptops. RSVP and plan to attend our November 13th 2026 Senior Tech Talk - we will share complete information on "My Own Laptop" program where a limited number of participants will earn their very one laptop by attending our 2x weekly courses at our Resource Center Nov/Dec.



Call Helping Seniors at (321) 473-7770 and secure your spot for the Nov 13th workshop. Very limited spots, so reserve your free spot with the bonus of earning your laptop in time for the Holidays!





Your Memory, Your Voice, Your Future

Jennifer Barton
Seniors Helping Seniors

November brings National Alzheimer's Disease Awareness Month and families visiting Florida for the holidays. These visits can open the door to important conversations about memory, health, and the future.

If you have noticed memory changes, speak openly with your doctor and someone you trust. Perhaps you are missing appointments, repeating questions, or finding familiar tasks more difficult. Sharing these concerns is a positive step toward getting support.

Memory changes do not always mean Alzheimer's. Medications, sleep problems, and other conditions can affect memory. An evaluation can identify the cause and guide next steps.

Your aging plan should include trusted people who understand your wishes. Talk about who can accompany you to appointments, manage important information, and support future decisions. Discuss living arrangements, care preferences, finances, and whom you want involved if your needs change.

Families can help by listening patiently, avoiding judgment, and approaching concerns with kindness. Make these conversations collaborative, with your voice at the center.

Putting your aging plan together begins with honesty and connection. Asking for help today gives you and those you love more time to prepare for tomorrow. We walk through this with families regularly.

If you'd like to talk, call 321-722-2999 to reach our Seniors Helping Seniors team.

The Importance of Advanced Care Planning

VITAS Healthcare

Vitas Healthcare

Many seniors today say they feel more active than ever before and overwhelmingly want to stay in their current home as they age instead of moving to a retirement community or assisted living facility.

Even if it might seem like the simplest option, aging in place requires planning. Some of that planning includes what to do if you get diagnosed with a serious illness and can no longer communicate your wishes.

You may think your partner, children or doctors will know the best course of action. But the only way to get the care you want is to put it in writing.

Discussing your preferences with family members and documenting your wishes are important parts of advance care planning. A written plan gives your loved ones and doctors guidance and takes the guesswork out of how you want to be cared for if you can no longer communicate your wishes for yourself.

As a pioneer and national leader in end-of-life care, VITAS encourages advance care planning no matter your age or health status.

The best time to develop an advance care plan is before you need it.

Make your wishes known. Talk it out. Write it down. Share your plan with loved ones. It's the most important conversation you need to have.

To learn more, visit VITAS.com
or call 800.723.3233.



Your Aging Plan: Putting it all Together

Laura Peery
Ramsey Trusted Laura Perry Agency

Most people plan for aging in pieces. A Medicare plan here, a retirement account there, maybe a will in a drawer. The pieces rarely talk to each other, and that is where families get hurt.

November is National Family Caregivers Month, Alzheimer's Awareness Month, and Home Care and Hospice Month. Together, they point to one truth: aging is a family event, not an individual one. A complete plan answers four questions.

Who will help? Name your caregiver and your backup before a crisis and talk with them now.

How will care be paid for? Medicare does not cover long-term custodial care, such as help with bathing, dressing, or memory support. Long-term care insurance, hybrid life policies, and annuities can fill that gap, but most require good health to qualify. Waiting narrows your options.

Will your income last? Social Security, savings, and guaranteed income should be built to outlast you, not just carry you through the first decade of retirement.

Are the legal basics done? Powers of attorney, healthcare directives, and an estate plan tell your family what you want when you cannot say it.

Put the answers on one page. Share it. Review it every year.

At Laura Peery Agency Ramsey-Trusted Pro team, we help Brevard families connect Medicare, long-term care, life insurance, and annuities into one plan. Start the conversation: call or text (321) 848-3838 or visit laurapeeryagency.com.



Planning to Stay Independent? Why Occupational Therapy Belongs in Your Aging Plan

Mica Allen OTD, OTR/L
Beyond Balance Therapy Services

Most people want to remain in their own homes, continue their routines, and stay as independent as possible as they age. But aging well often takes more than simply being careful. A good aging plan includes thinking ahead about how you will manage everyday activities if strength, balance, vision, memory, or endurance begins to change.

Occupational therapy (OT) can help identify small problems before they become bigger ones. An occupational therapist may look at how someone gets dressed, prepares meals, manages medications, moves around the home, completes household tasks, or participates in hobbies and community activities. OT can also help with things like hand function, fatigue, home setup, and finding easier ways to complete everyday tasks.

The goal is not to take over. It is to help people continue doing as much as possible for themselves.

Sometimes that means changing how a task is done. Other times it may involve adaptive equipment, energy-conservation strategies, home modifications, or caregiver education.

The best time to think about independence is before a crisis happens. Including OT in your aging plan can help you stay involved in the activities that matter the most to you while maintaining independence for as long as possible.

Mica Allen, OTD, OTR/L
Beyond Balance Therapy Services, LLC
321-338-3303
mica@beyondbalancetherapy.com



Safety in Every Season: How Time with Terri Podcast Supports Seniors & Caregivers

Terri Petzar
Time with Terri Podcast

As November arrives, many of us begin preparing for holiday gatherings, cooler evenings, and the gentle shift into the end of year routines. For seniors and their caregivers, this season also brings an important reminder: safety is not just a checklist, but a daily practice that protects independence, confidence, and peace of mind. On Time with Terri, safety is woven into every conversation, because it's at the heart of living well.

Throughout my years working as a Physical Therapist Assistant, I saw firsthand how small changes could make a big difference in someone's life. A clearer walkway, a well lit hallway, and a simple medication reminder are everyday safety choices that help seniors stay active and engaged. My podcast continues that mission by offering friendly, practical guidance that feels more like a conversation at the kitchen table than a lecture.

November is the perfect time to highlight safety because the season naturally brings new challenges. Shorter days can make walking outside or navigating steps more difficult. Holiday travel may disrupt routines, medications, or sleep. Family gatherings can be joyful, but they can also feel overwhelming for seniors who need a slower pace or quieter environment. Caregivers often take on more responsibilities this time of year, increasing the risk of burnout.

On Time with Terri, I explore these topics with clarity and compassion. We talk about fall prevention strategies, organizing medications before holiday trips, preparing the home for visiting family, and recognizing signs of caregiver fatigue. Safety isn't only physical, it's emotional, social, and practical. Seniors need to feel heard and respected. Caregivers need support, encouragement, and simple tools that make their days easier.

My goal is always to empower both groups. When seniors understand how to advocate for themselves at medical appointments, they feel more in control. When caregivers learn gentle ways to introduce safety changes at home, conversations become smoother and relationships stronger. Safety becomes a shared effort rather than a source of tension.

As we move through November, I hope Time with Terri continues to be a trusted resource, a place where seniors and their caregivers can learn, laugh, and feel supported. Safety is not just a theme for the month; it's a foundation for living with dignity, confidence, and connection.



Subscribe to the
Time with Terri Podcast

YouTube.com/@TimewithTerri

Follow Time with Terri on Facebook
"Time with Terri Podcast"



Helping Seniors: One Call Can Make a Difference!

` Growing older brings new opportunities, but it can also bring unexpected challenges. Knowing where to turn for help shouldn't be one of them. That's why Helping Seniors of Brevard exists.

Founded by retired U.S. Navy Captain Joe Steckler, Helping Seniors has spent 15 years working to ensure that older adults and their families have access to the information, education, and connections they need to navigate life's challenges.

At the heart of our mission is the Helping Seniors Information Helpline - a free call at : (321) 473-7770.

Whether someone needs assistance finding affordable housing, locating transportation, connecting with legal resources, understanding medical options or identifying in-home care services, our Helpline helps point them in the right direction.

Each year, Helping Seniors responds to thousands of requests from seniors, caregivers, and family members throughout Brevard County.

Our goal isn't simply to provide a telephone number. It's to listen, understand the situation, and help connect people with appropriate community resources.

Through our Senior Resource Center, educational programs, television and radio broadcasts, and community partnerships, we work every day to help seniors make informed decisions.

Need help? Have questions? Don't know where to start?

Call Helping Seniors at (321) 473-7770 or visit HelpingSeniorsofBrevard.org.



It's All About the Bone.

Dr. Lee Sheldon
Drs. Sheldon & Furtado | Solid Bite

Dental implants can be a wonderful way to replace missing teeth. They allow us to restore chewing without grinding down neighboring teeth for a fixed bridge. But successful implant dentistry is not simply about putting a titanium screw into the jaw.

When a natural tooth is removed, some of the surrounding bone gradually disappears. A natural tooth has a periodontal ligament that provides mechanical stimulation to the surrounding bone. An implant does not. It depends directly on the bone surrounding it.

That is why bone volume matters. When planning an implant, we want adequate bone around its entire circumference, with enough thickness to maintain healthy, well-nourished bone. If that bone is not present, bone grafting may create a better foundation.

An implant is not automatically better than a natural tooth. I always ask: What is the risk of saving the tooth? What is the risk of removing it and creating enough bone for an implant? And perhaps the alternative, grinding down neighboring teeth for a bridge.

There is one more consideration. If teeth were lost because of periodontal disease, the patient is at increased risk for peri-implantitis, a similar inflammatory disease around implants.

The goal is not to sell an implant or save every tooth. The goal is to choose the option with the best odds for you for many years to come.

Visit DrLeeSheldon.com or call 321-259-8000

SENIOR SERVICES DIRECTORY

HELPING SENIORS OF BREVARD | NOVEMBER 2026

ADVOCATE & SENIOR PLACEMENT

Senior Care Authority®
Denise Bergman - Your Local Senior Care Authority® Advisor
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CAWLawOffice.com
321-372-8177

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AmyBVanFossen.com
321-345-5945; (Fax) 321-345-5417

Ruth Rhodes, Esq. Rhodes Law, P.A.
Member: Senior Resource Center
1751 Sarno Rd - Ste. 2 - Melbourne
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321-610-4542

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239 Harrison St, Titusville
321-267-4770
TrumanScarborough.com

William A. Johnson, P.A.
Melbourne Elder Law Attorney/Estate Planning Attorney
140 Interlachen Rd, Suite B, Melbourne
321-253-1667
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321-473-7770
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StacieMartin@ArosaCare.com

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SENIOR SERVICES DIRECTORY

HELPING SENIORS OF BREVARD | NOVEMBER 2026

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SeniorCareBrevard.com

SYNERGY HomeCare SILVER SPONSOR
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SynergyHomeCare.com
321-340-3828

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321-372-3090
PeterRentz@Fyzical.com

FYZICAL Therapy & Balance Center
3830 S Hwy A1A Ste C-5, Melbourne Beach
Balance, Fall Prevention, Vertigo
321-327-7889
PeterRentz@Fyzical.com

REAL ESTATE

HomeSmart Coastal Realty
Lorine McDavitt – Realtor
Senior Real Estate Specialist
321-720-3066 RealEstateofBrevard.com

Mark Gallegos SILVER SPONSOR
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SENIOR SERVICES DIRECTORY

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ZonBeachside.com

SENIOR PODCAST

Time with Terri Podcast
SILVER SPONSOR
Member: Senior Resource Center
Brevard's very own podcast about Senior Care.
Terri Petzar –
TimewithTerriShow@gmail.com
YouTube.com/@TimewithTerri

SENIOR RESOURCE CENTER

Senior Resource Center of Brevard
Member: Senior Resource Center
1344 S Apollo Blvd, Ste 2C, Melbourne
321-473-7770
HelpingSeniorsofBrevard.org

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Helping Seniors Of Brevard

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FLamazingRealEstate@gmail.com

Moore Insurance Solutions
(321) 272-0218
VickiMooreInsurance.com

Ruth C. Rhodes, Esq. / Rhodes Law P.A.
(321) 610-4542
RhodesLawPA.com

Synergy Home Care
(321) 340-3828
SynergyHomeCare.com

Time with Terri Podcast
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DrLeeSheldon.com



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Brookdale.com

Law Office of Cheryl A. Ward - (321) 372-8177
CAWLawOffice.com

Janney Roofing
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Mark Gallegos (Real Broker, LLC)
(305) 761-8500 - ValueREMSG@gmail.com

Medicare Solutions - Jerry Hadlock, Jr.
(321) 720-4526 - Email JLDM253@aol.com

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SeniorCareAuthority.com/brevardfl

Seniors Helping Seniors - (321) 722-2999
SeniorCareBrevard.com

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THRIVE USA Home Care - (321) 407-2727
Julie@THRIVEUSAHomeCare.com

Vitas Healthcare
(321) 751-6674 - Vitas.com



(321) 473-7770
Brevard County Senior Information Helpline
Helping Seniors of Brevard

Helping SENIORS of Brevard

SENIOR RESOURCE CENTER OF BREVARD

The Senior Resource Center
1344 S Apollo Blvd - 2nd Floor
Melbourne FL 32901

RSVP at (321) 473-7770
HelpingSeniorsofBrevard.org



Helping Seniors Info Calendar

Senior Resource Center Events November 2026 - FREE EVENTS

1344 S Apollo Blvd - 2nd Floor -Melbourne
Call (321) 473-7770 to RSVP

Learn how to Digitally Navigate today's Tech World with millenial instructor Bri Prentice, Mindcare Medics and your Helping Seniors Senior Planet Team. Free & Fun.



Senior Tech Talk & Smartphone Lab
Fri - Oct 13th -2pm-4pm

Caregivers Workshop

10am-2pm - Thursday - November 19th



The 3rd Wednesday Info Series Nov 18th 2026 - FREE EVENTS

at the Senior Resource Center
Call (321) 473-7770 to RSVP

Coffee & Donuts! Thank you Dunkin' (and Rhodes Law!) with Elder Law Attorney Daniel Thillet. Let's make the Law work best for our Seniors!



Donuts with Daniel - Elder Law Conversation
Wed - Nov 18th -10am-11am

Let's follow up a great start to our monring with Wellness Wednesday - as we work to optimize our Health & Wellness with these free workshops!



Wellness Wednesday - ABCD's of Medicare
Wed - Nov 18th -11am-12pm

The Helping Seniors Info Series Nov 12th 2026 - FREE EVENTS

at the Senior Resource Center
Call (321) 473-7770 to RSVP

Knowledge College for Aging - Let's Get Our Ducks in a Row! Designed to help you develop your Aging Plan!



Knowledge College for Aging: How to Find Good Info
Wed - Nov 12th -10am-11am

Our Helping Seniors Wellness Series is all about helping you be the BEST you! Free, Fun and Informative! Let's learn!



Wellness Series: Mental Health Awareness
Thu - Nov 12th -11am-12pm

AARP & Helping Seniors Caregiver Workshop - 10am-2pm - Thursday - November 19th 2026
Free Event (lunch included/RSVP required) at the Senior Resource Center of Brevard
"Connect. Learn. Recharge." - Topics include Caring for Yourself While Caring for Others, Navigating the Caregiving Journey, and Community Resources and Building Your Caregiver Team - Call (321) 473-7770 for RSVP/Information



Scam Jam Titusville

10am-2pm - Friday -November 20th
Free and Important!

Call Helping Seniors for RSVP & Info
(321) 473-7770

Look for Helping Seniors at these events:

11/06/26 - Fri - 10a-2p - Senior Life Boomer Bash Fest - Route 7 Entertainment
11/06/26 - Fri - 11a-1p - AARP Chapter 1413 Meet - Gleason Park Rec Center
11/13/26 - Fri - 9a-10a - AARP Walk with a Doc - Merrritt Square Mall
11/16/26 - Mon - 11a-1p - AARP Chapter 2622 Meet - BCASCA Palm Bay
11/17/26 - Tue - 11a-1230p - Golden Providers B2B Meet - Glenbrooke Palm Bay

Helping SENIORS TV

Weekdays on SCGTV

Find SCG-TV:
Spectrum Channel 499
Comcast (North Brevard) Channel 51
Comcast (South Brevard) Channel 13
AT&T U-Verse Channel 99

Helping Seniors Radio

Helping SENIORS RADIO 90.3 FM WEJF
12pm - 1pm Wednesdays
Listen on 90.3 WEJF-FM Radio or online WEJF.net

Date	Day	8:00am	8:30am	5:00pm	5:30pm
Nov 2	Mon	Two Assisted Living Questions	Durable Power of Attorney	Helping Seniors & MSC Cruises	Wellness: Express Thoughts Clearly
Nov 3	Tue	Considerations in Home Care	Periodontal Disease	Senior Information in Senior Scene	Your Aging Plan: Putting it all Together
Nov 4	Wed	Finding a Good Place for Mom or Dad	Rock Steady Boxing	Guardianship: The Basics	Knowledge College: LTC Insurance
Nov 5	Thu	Buying/Selling/Investing Real Estate	Understanding Medicare Options	Concierge Home Care	Wellness: Technology & Wellness
Nov 6	Fri	Best Home Care Ideas	Medicare Supplement or Advantage?	What an Elder Law Attorney Can Do	Capital Update
Nov 9	Mon	Updating Your Estate Plan	Great Employment for Seniors	Buying/Selling/Investing Real Estate	Senior Travel Safe & Fun
Nov 10	Tue	Long Term Care Insurance	Concierge Home Care	When Assisted Living is Appropriate	Wellness: Rock Steady Boxing
Nov 11	Wed	The Business of Helping Seniors	Senior Expos & Events	Probate - What it is & How it Works	Your Aging Plan: Medicare/Medicaid
Nov 12	Thu	Chaplaincy - What it Means	Turning 65? All About Medicare	Considerations in Home Care	Aging Plan: Advances in Research
Nov 13	Fri	Probate: The Basics	Finding a Good Place for Mom or Dad	Cosmetic Dentistry	Capital Update
Nov 16	Mon	Helping Seniors - 15 Years of Service	The Parts of Medicare	VA Aid & Attendance Benefits	Knowledge College: LTC Insurance
Nov 17	Tue	Understanding Medicare Options	Considerations in Home Care	Your Aging Plan - What it Is	Wellness - How Social Workers Help
Nov 8	Wed	Importance of Comp Evaluation	Two Assisted Living Questions	Helping Seniors Services Directory	Your Aging Plan: Your Legal Plan
Nov 19	Thu	Power of Attorney & Super Powers	Helping Seniors & MSC Cruises	Finding a Good Place for Mom or Dad	Knowledge College: Decluttering
Nov 20	Fri	Senior Information in Senior Scene	Don't Go Broke Paying Nursing Home	Rock Steady Boxing	Capital Update
Nov 23	Mon	Probate - How & Why to Avoid	Buying/Selling/Investing Real Estate	Considerations in Home Care	Wellness - Footcare & Wellness
Nov 24	Tue	Finding Good Help at Home	New to Florida? Elder Law to Know.	Too Many Teeth Being Extracted?	Wellness - Healthy Cooking
Nov 25	Wed	Turning 65? All About Medicare	Long Term Care Insurance	The Helping Seniors Travel Club	Your Aging Plan: Organize Paperwork
Nov 26	Thu	Two Assisted Living Questions	Best Home Care Ideas	Things to Know About Elder Law	Your Aging Plan: Case Management
Nov 27	Fri	Concierge Home Care	Too Many Teeth Being Extracted	Medicare Supplement or Advantage?	Capital Update
Nov 30	Mon	Guardianship	Finding a Good Place for Mom or Dad	Rock Steady Boxing	Your Aging Plan: The Building Blocks

★ HELPING SENIORS FOUNDATION PRESENTS ★

7th ANNUAL HELPING SENIORS CRUISE!

Sail with Friends Aboard the Magnificent MSC GRANDIOSA



Start 2027 with the Vacation You Deserve!

Join your Helping Seniors friends aboard the beautiful MSC Grandiosa for our **7th Annual Helping Seniors Foundation Cruise!**

Bring the whole family and make January 2027 the start of a special seven night Bahamas & Mexico sailing. We look forward to welcoming you on board!

THE BEST PART?
Donations go back to Helping Seniors in Brevard County.

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- Travel is better when shared with friends.
- Seven nights of laughter, relaxation, and new adventures.

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- Wi-Fi Package
- Special Group Events
- Travel Insurance (for guests under age 80)
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We Are Proudly Special Needs Certified

Our team understands the unique needs of senior travelers and is committed to making your vacation comfortable, enjoyable, and stress-free.

★ SPECIAL GROUP RATES ★

MOST POPULAR!

BALCONY CABIN $1,402 Per Person

MSC YACHT CLUB $3,586 Per Person

Rates are based on double occupancy and subject to availability.

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